

CURRICULUM VITAE

DALMINA ARIAS, OTD, OTR/L

arias3@uic.edu

EDUCATIONAL BACKGROUND

Doctorate in Occupational Therapy

College of Applied Health Sciences

University of Illinois at Chicago, Chicago, IL

OTD Project: *A Culturally Adapted Self-Management Program for Latinos with Diabetes*

Master of Science in Occupational Therapy

College of Applied Health Sciences

University of Illinois at Chicago, Chicago, IL

Bachelor of Science in Community Health

College of Applied Health Sciences

University of Illinois at Urbana-Champaign, Champaign, IL

Concentrations: Health Education and Promotion/ Rehabilitation and Disability Studies

Minors: Interdisciplinary Studies in Aging and Spanish

EMPLOYMENT HISTORY

Clinical Assistant Professor, Full-time

July 2022 – present

- Design and teach courses in the newly established E-OTD curriculum
- Supervise and mentor E-OTD and PP-OTD student with doctoral capstone projects
- Serve on the E-OTD admissions committee to review and assist in the selection of prospective occupational therapy students using the UIC OT Holistic Admissions Process
- Coordinator of Student Enrollment and Outreach
- The full list of courses taught is listed under “Teaching and Mentoring Experience”

Clinical Instructor, Adjunct

August 2019 – July 2022

Department of Occupational Therapy, University of Illinois at Chicago, Chicago, IL

- Served on the MS & E-OTD admissions committee to review and assist in the selection of prospective occupational therapy students using the UIC OT Holistic Admissions Process
- Supervised and mentor PP-OTD students with doctoral project work
- Assessed performance, provide feedback and develop rapport with students to support learning and comprehension of class content
- Guest lecturer in numerous UIC OT classes teaching strategies to provide culturally relevant OT assessment and interventions across different practice settings
- The full list of courses taught is listed under “Teaching and Mentoring Experience”

Occupational Therapist, Full-time & PRN*

July 2019 – present

Schwab Rehabilitation Hospital, Mount Sinai Hospital and Health System, Chicago, IL

- Provide inpatient and outpatient services to adult and pediatric populations with neurological conditions
- Conducted occupation-based assessments and analyzed client factors and performance patterns to design client-centered interventions
- Collaborated with the interdisciplinary team and patients on creating safe discharge recommendations

- Train clients and families in modified/adapted ADLs, safe methods to facilitate functional mobility, and adaptive equipment use for increased safety, independence, and quality of life
- Establish the DEI Media Health Literacy Committee, which serves to create and implement culturally relevant strategies for our diverse patients

**Began working per diem January 2019 then transitioned to full-time July 2019. Transitioned to per diem July 2022.*

Occupational Therapist, Temporary June – July 2019

Niles Township District for Special Education, Molloy Education Center, Morton Grove, IL

- Developed and delivered school-based interventions targeting social participation and developmental milestones for improved performance in school-related tasks

Visiting Clinical Instructor, Full-time August 2018 – August 2019

Department of Occupational Therapy, The University of Illinois at Chicago, Chicago, IL

- Designed and taught a 3-credit hour undergraduate elective course, *OT 494: Latino Health and Chronic Conditions*, which examines strategies for addressing health disparities that lead to chronic health conditions among the Latinx community
- Lead instructor for the undergraduate course *OT 350: Introduction to Occupational Therapy*
- Assisted with teaching *OT 515: Synthesis I* and *OT 535: Synthesis II*, graduate-level problem-based learning courses within the OT program
- Collaboratively led a quality improvement plan at the UI Health Pilsen Clinic that involves evaluating and providing culturally-relevant OT interventions and self-management treatment services to African American and Latinx patients with chronic health conditions

Clinical Instructor, Adjunct January 2018 – August 2018

Department of Occupational Therapy, The University of Illinois at Chicago, Chicago, IL

- Supervised fieldwork level IA students and designed learning experiences with the fieldwork coordinator
- See above under “Clinical Instructor, Adjunct” during August 2019 – July 2022 for details on ongoing responsibilities

Home Health Occupational Therapist, Part-time January 2017 – December 2017

Therapy Network Resource, Chicagoland Area, IL

- Assisted patients in locating and utilizing community level resources to promote independence with self-cares, IADLs and community level mobility
- Designed culturally and contextually relevant home health treatments to promote safety and independence in meaningful engagement of daily activities and functional mobility
- Conducted functional performance-based assessments to a diverse client population
- Managed scheduling, insurance approval and recertification of therapy visits

Graduate Research Assistant December 2014 – December 2017

Department of Occupational Therapy, The University of Illinois at Chicago, Chicago, IL

- Collaborated with the primary investigator and research team to develop and deliver a healthy lifestyle program for Spanish-speaking Latinx families and youth with intellectual and physical disabilities
- Facilitated focus groups targeting environmental barriers and challenges from the perspective of parents of adolescents with intellectual disabilities
- Made significant contributions to various IRB and grant proposals as part of the *Healthy Families: Community Coalition to Promote Healthy Lifestyles among Latino Youth with Disabilities and their Families* project

CLINICAL FIELDWORK & ADVANCED PRACTICUM EXPERIENCE

Advanced Practicum: UI Health, Outpatient Adults with Chronic Conditions	April 2017 – August 2017
Fieldwork Level IIB: Rush University Medical Center, Acute Care Adults	April 2016 – June 2016
Fieldwork Level IIA: Schwab Rehabilitation Hospital, Outpatient Pediatrics	January 2016 – March 2016
Fieldwork Level IB: UI Health, Inpatient Mental Health Adults and Pediatrics	July 2015
Fieldwork Level IA: Midwest Brain Injury Clubhouse, Group Facilitator Adults	March – April 2015

POST GRADUATE TRAINING

Scholars and Leaders in Interprofessional Geriatrics Program The University of Illinois at Chicago, Chicago, IL	June 2017 – July 2017
--	-----------------------

TEACHING AND MENTORING EXPERIENCE

Occupational Therapy Courses

University of Illinois at Chicago, Chicago IL

Lead Instructor

- OT 624: Policy, Payment, Advocacy and Access to Occupational Therapy Summer 2023, 2024
- OT 350: Introduction to Occupational Therapy Fall 2018, Spring 2019
- OT 494: Latino Health and Chronic Conditions Spring 2019

Co-Instructor

- OT 350: Introduction to Occupational Therapy: Occupation and Participation across the Lifespan Spring 2023
- OT 641: Occupational Performance and Participation: Outcomes and Intervention 4 Spring 2024
- OT 640: Occupational Therapy Process: Application 2 Spring 2024
- OT 610: Integrating Conceptual Practice Models with the Occupational Therapy Process Spring 2023, 2024
- OT 600: Introductory Occupational Therapy Knowledge and Skills Fall 2022, 2023
- OT 515: Synthesis I Spring 2019
- OT 519: Fieldwork Level IA Spring 2019
- OT 535: Synthesis II Fall 2018, 2021, 2022
- OT 538: Introduction to Advanced Occupational Therapy Practice Fall 2018, 2022
- OT 555: Synthesis III Summer 2020, 2021, 2022

Guest Lecturer

- OT 350: Introduction to Occupational Therapy Fall 2019, 2020, Spring 2018, 2021, 2022
- OT 524: Contexts of Occupational Therapy Practice Summer 2021, 2022
- OT 568: Curriculum Design Fall 2022, 2023
 - *Title: Decolonizing education and culturally sensitive and inclusive pedagogy*
- OT 605: Leadership and Management Fall 2022
 - *Title: Cultural relevance in health professions: Moving towards equity and inclusion*

Undergraduate Course

University of Illinois at Chicago, Chicago IL

Guest Lecturer

- AHS 210: Introduction to Rehabilitation Sciences Fall 2019, 2022, 2023, Spring 2023, 2024

Fieldwork Level IA Supervision

Spring 2019

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL
MS OT Students as part of the course OT 519: Fieldwork Level IA

Fieldwork Level IIA Supervision

March 2022 – June 2022

Rush University, Department of Occupational Therapy, Chicago, IL
Entry-Level OTD Student

Doctoral Committee Member

September 2022 – present

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL
Post-Professional OTD Student: Alejandro Carrillo, *Project focus: The effects of COVID-19 on older adult Latinx populations*

Doctoral Committee Member

September 2022 – December 2023

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL
Post-Professional OTD Student: Alliyah Parker, *Promoting Social Emotional Learning Through Occupation: A Resource Toolkit for School-Based Occupational Therapists*

Doctoral Committee Member

September 2021 – January 2023

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL
Post-Professional OTD Student: Yarely Velazquez, *A Resource Toolkit for Spanish Speaking Families*

Doctoral Committee Member

August 2019 – April 2020

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL
Post-Professional OTD Student: Maria Cristina Ortiz, *Latinx Community: Protective Strengths and Need for Culturally-Adapted Interventions*

PUBLISHED MANUALS

Arias, D. (2017). Living in control: A culturally adapted self-management program for Latinos with diabetes. Department of Occupational Therapy. University of Illinois at Chicago.

Suarez-Balcazar, Y., Singleton, C., Pérez, A., Early, A., **Arias, D.**, Heleine, A., & Garcia, C. in collaboration with Lilia Guevara, Matiana Ovalle, and other parents. (2017). Family Navigator: A guide to managing the environment to promote health and wellness for families of youth and young adults with and without different abilities. Department of Occupational Therapy. University of Illinois at Chicago.

Suarez-Balcazar, Y., Agudelo, A., **Arias, D.**, Garcia, A., Early, A., Zeidman, A., Bansal, S., Singleton, C., Pérez, A., Heleine, A., Bonner, B., Hoisington, M., & Smith, K. (2017). Healthy Families: Community-based Program to Promote Healthy Lifestyles Among Youth and Young Adults with Disabilities. Department of Occupational Therapy, University of Illinois at Chicago.

TEXTBOOK CHAPTER PUBLICATION

Lin, T., Fisher, G., **Arias, D.**, Pritchard, K. & Barry, M. (2023). Applying MOHO in inpatient settings: Working with adults with acute medical conditions of functional limitations. In R. R. Taylor, P. Bowyer & G. Fisher (Eds.), *Kielhofner's Model of Human Occupation (6th Edition)*. Wolters Kluwer.

ARTICLE PUBLICATIONS

Vogel, D., **Arias, D.**, Loera, R., Ramirez, R. & Zapata, D. (2023). A call to increase support for individuals with disabilities within the occupational therapy profession. *The Communicator*. ILOTA, 4, pp. 15-16.

- Loera, R., Vogel, S. & **Arias, D.** (2022). Accessing language services. *The Communique*. ILOTA, 3, pp. 13-16. <https://viewer.joomag.com/ilota-the-communique-2022-issue-4-final/0136704001676325106?short&>
- Loera, R., Vogel, S. & **Arias, D.** (2022). Accessing language services. *The Communique*. ILOTA, 3, pp. 13-16. <https://viewer.joomag.com/ilota-the-communique-2022-issue-4-final/0136704001676325106?short&>
- Arias, D.**, Sood, D., Wallenburg, S., Vogel, S. & Loera, R. (2022). The importance of JEDI within OT. *The Communique*. ILOTA, 1, pp. 20-22. <https://viewer.joomag.com/ilota-the-communique-2022-issue-1-final-040422/0659652001649100665?short&>

PEER REVIEW JOURNAL PUBLICATIONS

- Mirza, M., Fischer, H., & **Arias, D.** (2024). Promoting social participation among older adults with chronic disease: identifying modifiable targets for occupational therapy intervention. *Archives of Physical Medicine and Rehabilitation*, 105(4), e173.
- Suarez-Balcazar, Y., **Arias, D.**, & Muñoz, J. P. (2023). The Issue Is—Promoting justice, diversity, equity, and inclusion through caring communities: Why it matters to occupational therapy. *American Journal of Occupational Therapy*, 77, 7706347020. <https://doi.org/10.5014/ajot.2023.050416>
- Suarez-Balcazar, Y., Balcazar, F., **Arias, D.**, Garcia Torres, M. & Garcia, C. (2022). Goal-setting with Latinx families of children with intellectual and developmental disabilities. *Behavior and Social Issues*, <https://doi.org/10.1007/s42822-022-00094-2>.
- Early, A., Suarez-Balcazar, Y., & **Arias, D.** (2021). Latinx parent’s perceptions of neighborhood walking safety for their youth with intellectual and developmental disabilities: A Mixed Methods Study. *Family & Community Health*. DOI:10.1097/FCH.0000000000000274
- Suarez-Balcazar, Y., Early, A., Miranda, D., **Arias, D.**, Garcia, C. & Lopez, G. (2021). Immigrant families with youth with disabilities participating in civic engagement to promote social justice. *Social Justice Research Collaborative*. DOI: <https://doi.org/10.5210/sjrc.v0i0.11751>
- Suarez-Balcazar, Y., Early, A., Garcia, C., Balcazar, D., **Arias, D.** & Morales, M. (2020). Walkability safety and walkability participation: A health concern. *The Journal of Health Education and Behavior*. <https://doi.org/10.1177/1090198120903256>
- Suarez-Balcazar, Y., Early, A., Maldonado, A., Garcia, C., **Arias, D.**, Zeidman, A., Agudelo-Orozco, A. (2018). Community-based participatory research to promote healthy lifestyles among Latino immigrant families with youth with disabilities. *Scandinavian Journal of Occupational Therapy*, 25, 1-11. 10.1080/11038128.2018.1502348.
- Suarez-Balcazar, Y., Agudelo, A., Garcia, C., **Arias, D.**, Smith, K., & Bonner, B. (2016). Benefits of a culturally-tailored healthy lifestyles intervention for Latino youth with disabilities and their families. *American Journal of Occupational Therapy*, 70(5). 10.5014/ajot.2016.021949.

PRESENTATIONS AND WORKSHOPS

- Arias, D.**, Loera, R. & Perrin, J. (2022). *Spooky sensory fun: Strategies for engaging your child during fall-time play*. The DiversOTy Chicago Collective; October 18; Virtual.

- Arias, D.**, Zander, J., Vogel, S., Carrillo, A., Perrin, J. (2022). *Creating strong applications for OT school*. The DiversOTy Chicago Collective; September 23; Virtual.
- Arias, D.**, Zander, J., Vogel, S., Carrillo, A., Loera, R. & Lee, K. (2022). *Creating your best application for OT or OTA school*. The DiversOTy Chicago Collective; July 27; Virtual.
- Arias, D.**, Francis, R. & Terman, A. (2022). *Application of The Intentional Relationship Model (IRM) within an Inpatient Rehabilitation Facility*. Schwab Rehabilitation Hospital; May 4; Live.
- Arias, D.** (2022). OT Journal Club: *Multimodal repetitive task practice versus repetitive task practice only to treat chronic stroke: A randomized controlled pilot study*. Schwab Rehabilitation Hospital; February 25; Live.
- Arias, D.**, Carlos, L., Perrin, J. & Rodenas, M. (2020). *Diversity, equity, and inclusion media literacy club*. Schwab Rehabilitation Hospital; October 5; Live.

PROFESSIONAL CONFERENCE PRESENTATIONS AND WORKSHOPS

- Arias, D.**, Suarez-Balcazar, Y., Mirza, M. & Lee, J. (2024). *Creating equitable pathways- reimagining occupational therapy education through decolonized pedagogy and inclusive teaching strategies*. Short course for the AOTA Annual Conference; March 21; Orlando, Fl.
- Arias, D.** (2023). *Enhancing diabetes self-management for latinx adults: evidence-based and culturally-tailored approaches in occupational therapy practice*. Short course for the ILOTA Conference; November; Virtual.
- Robinson, M., LeFlore, A. & **Arias, D.** (2022). *Current issues affecting home and community-based practices: Identifying solutions*. Short course for the ILOTA Virtual Conference; November 3; Virtual.
- Arias, D.**, Vogel, S. & Zander, J. (2022). *Confronting oppression in occupational therapy*. Short course for the ILOTA Virtual Conference; October 6; Virtual.
- Arias, D.**, Vogel, S. & Zander, J. (2022). *Confronting oppression in occupational therapy*. Short course for the ILOTA Virtual Conference; October 3; Virtual.
- Bathje, M., Morris, H., **Arias, D.** & Sood, D. (2022). *Clinical conundrums unraveled: Addressing bias and discrimination in the classroom and clinical practice*. Invited speaker for the 2022 ILOTA Student Conclave; March 10; Virtual.
- Arias, D.**, Barker, N., Sood, D., Touchette, M-C., Wallenberg, S., Wanka, E. & Chen-Byerley, L. (2021). *JEDI, the force within the profession*. Short course for the ILOTA Virtual Conference; October 25; Virtual.
- Kirley-Alvarez, A., Webb, K., Carr, C., **Arias, D.** & Chen-Byerley, L. (2021). *OT voices: Rethinking and rewiring our thoughts about injustice*. ILOTA; August 11; Virtual.
- Stoffel, A., Fisher, G. & **Arias, D.** (2021). *Holistic admissions process and outcomes in a public urban research university*. Accepted short course speaker at the AOTA Inspire Conference; April 8; Virtual.
- Arias D.** (2021). *A deeper look into the power of occupational therapy during the age of COVID-19*. Keynote

speaker for the 2021 ILOTA Student Conclave; March 6; Virtual.

Arias, D. (2021). *Occupational therapy's distinct role in promoting health equity during the era of COVID-19*. Invited guest speaker for the UIC Scholarship of Practice Virtual Conference at the University of Illinois at Chicago; 2021; February 15; Virtual.

Suarez-Balcazar, Y., Stoffel, A., **Arias, D.**, Vazquez, E. & Estes, M. (2020). *Community outreach and interventions within the Latinx community: Implications for occupational therapy given the current state of affairs*. Oral presentation for the Scholarship of Practice Conference at The University of Illinois at Chicago; 2020; November 18; Virtual.

Fisher, G., Stoffel, A., **Arias, D.** (2020). *Holistic admissions process and outcomes in a public urban research university*. Accepted short course speaker for the 2020 AOTA Education Summit; 2020; October 14; Virtual.

Arias, D. (2020). *Occupational therapy's distinct role in serving ethnically diverse populations during a pandemic: Promoting health equity during a national crisis*. Accepted short course speaker for the ILOTA 2020 Virtual Conference; 2020; October; Virtual.

Arias, D. (2017). *A culturally adapted self-Management program for Latinos with diabetes*. Oral presentation at the Diabetes Symposium at the University of Illinois at Chicago; 2017; November 6; Chicago, IL.

Suarez-Balcazar, Y. & **Arias, D.** (2017). *An Ecological Approach to Address Health Inequities among Latino Youth with Disabilities and their Families*. Oral presentation at the Biannual Conference of the Society of Community Research and Action; 2017; June 22; Ottawa, Canada.

Suarez-Balcazar, Y., **Arias, D.**, Friesema, J. (2017). *Addressing Health Disparities through Culturally Relevant Scholarship of Practice*. Oral presentation at the 3rd Annual Scholarship of Practice Day at The University of Illinois at Chicago; 2017; March 10; Chicago, IL.

Arias, D., Sax, R., Vogel, S. (2015). *Talking sex: Physical disability and sexuality in occupational therapy*. Oral presentation presented at the ILOTA Conference; 2015; November 6; St. Charles, IL.

GUEST LECTURER FOR GRADUATE AND UNDERGRADUATE LEVEL COURSES

Arias, D. *Overview of payment, policies and healthcare trends*. Guest lecturer for AHS 210: Introduction to Rehabilitation Sciences at the University of Illinois at Chicago; 2022; November 9; Chicago, IL.

Arias, D. *Overview of payment, policies and healthcare trends*. Guest lecturer for AHS 210: Introduction to Rehabilitation Sciences at the University of Illinois at Chicago; 2022; April 9; Chicago, IL.

Arias, D. *Overview of payment, policies and healthcare trends*. Guest lecturer for AHS 210: Introduction to Rehabilitation Sciences at the University of Illinois at Chicago; 2022; November 7; Chicago, IL.

Arias, D. *A review of the social determinants of health & implications for occupational therapy practice: creating equity & justice*. Guest lecturer for OT 524: Policy and Payment at the University of Illinois at Chicago; 2022; June 6; Virtual.

Arias, D. *The role of occupational therapy in chronic disease self-management*. Guest lecturer for OT

350: Introduction to Occupational Therapy at the University of Illinois at Chicago; 2022; March 11; Virtual.

Arias, D. *Occupational therapy's distinct role in chronic disease self-management: Promoting health equity.* Guest lecturer for OT 350: Introduction to Occupational Therapy at the University of Illinois at Chicago; 2021; March 12; Virtual.

Arias, D. *Occupational therapy's distinct role in chronic disease self-management: Promoting health equity.* Guest lecturer for OT 350: Introduction to Occupational Therapy at the University of Illinois at Chicago; 2020; October 9; Virtual.

Arias, D. *Occupational therapy and client-centered practice.* Guest lecturer for AHS 210: Introduction to Rehabilitation Sciences at The University of Illinois at Chicago; 2019; October 10; Chicago, IL.

POSTER PRESENTATIONS

Fischer, H., Mirza, M., **Arias, D.**, Duke, K., Gecht, M. & Ferlin, A. (2019). *Collaborative Interprofessional Practice for Chronic Disease Management in Primary Care.* Poster presentation at the American Occupational Therapy Association Annual Conference; 2019; April 5; New Orleans, LA.

Fischer, H., **Arias, D.**, Gecht, M. & Layden, B. (2018). *Interprofessional Practice for People with Diabetes Experiencing Health Disparities.* Poster presentation at the University of Illinois Hospital and Health Systems Interprofessional and Collaborative Education Symposium. 2018; April 27; Chicago, IL.

Arias, D., Sax, R., Vogel, S. (2016) *The reality of sexuality: A systematic review of physical disability and sexuality in occupational therapy.* Poster presentation at the American Occupational Therapy Association Annual Conference; 2016; April 8; Chicago, IL.

Sebastiao, E., Linares, D., Galvez, P., Bobitt, J., Adamson, J., **Arias, D.**, Tense, N., Chodzko-Zajko, W. (2014) *Examining physical activity levels and attitudes to physical activity in older Mexican women following six-month lifestyle intervention program.* Poster session presented at the American Public Health Association 142nd Annual Meeting & Expo; 2014; November 18; New Orleans, LA.

Aguayo, L., Linares, D. M.A., Galvez, P., **Arias, D.**, Carlos, L., Rodriguez, A., & Schwingel, A. (2014) *Abuelas en acción: Outcomes of a lifestyle intervention.* Poster session presented at the Obesity Across the Lifespan Symposium; 2014; May 8; University of Illinois, Urbana-Champaign, IL.

ACCEPTED WORKSHOPS CANCELED DUE TO THE COVID-19 PANDEMIC

Arias, D., Suarez-Balcazar, Y. & Munoz, J. (2020). *Culturally Relevant Adaptations to Promote Health and Participation Among Diverse Populations Through Scholarship of Practice.* Oral presentation at the American Occupational Therapy Association Annual Conference; 2020; March 28; Boston, MA.

Suarez-Balcazar, Y., Stoffel, A., **Arias, D.**, Early, A., Vazquez, E. & Estes, M. (2020). *Community outreach and interventions within the Latinx community: Implications for occupational therapy given the current state of affairs.* Oral presentation at the 6th Annual Scholarship of Practice Day at The University of Illinois at Chicago; 2020; March 13; Chicago, IL.

RESEARCH SUPPORT

Center for Health Equity in Cognitive Aging – Joining Population Science and Health Promotion (CHECA)
National Institutes on Aging (NIA)
Muramatsu & Bhatt (PIs), Role: RCMAR Scholar & PI
07/2024-07/2025

Blue Cross Blue Shield of Illinois Health Equity Pilot Project
Prendergast (PI), Role: Co-Investigator
08/2022-12/2023

Roybal Center for Health Promotion and Translation.
Mirza (PI), Role: Co-PI
07/2022-03/2023
IPROACTIF Intervention to Preserve Independence and Functioning

Chicago Community Trust
Suarez-Balcazar (PI), Role: Research Assistant
1/2017-12/2018
Healthy Families (*Familias Saludables*)

Occupational Therapy Doctoral Education and Research Grant at the University of Illinois at Chicago
Arias (PI), Role: Principle Investigator
3/2017-12/2017
Living in Control: A diabetes self-management program for Latinos with type-II diabetes

FEATURES ON SOCIAL MEDIA PLATFORMS

Social Media Platform: @ilota1918 via Instagram April 2023
Featured occupational therapist for April 2023 OT Month

Social Media Platform: @themasalachaiot via Instagram April 2022
Featured practitioner for OT Month and work related to CDSM

Social Media Platform: @LatinxOT via Instagram September 2020
Featured practitioner for Latinx Heritage Month and work related to culturally adapting Latinx interventions

PROFESSIONAL QUALIFICATIONS

Illinois Occupational Therapist Licensure	November 2016 – December 2025
National Board Certification in Occupational Therapy	October 2016 – March 2025
Mental Health First Aid Training	February 2022 – February 2025
BLS, CPR, First Aid, AED Certification	August 2022 – August 2024

AWARDS

AOTA's Affiliated State Association President's Award for Continuing Education March 2024

Sinai Health System Practitioner Spotlight April 2021

CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT

The Co-Op Approach Comprehensive Workshop, 15 contact hours April 2023

Niles Township District for Special Education, Morton Grove, IL

AOTA Fieldwork Educators Certificate Workshop, 15 contact hours March 2022
Spectrum Health, Virtual

Supporting Student Well-Being For Academic Success, 1 contact hour March 2022
Inclusive Classroom Initiative, The University of Illinois at Chicago, Chicago, IL

Successful Splinting: Hands on Fabrication and Troubleshooting, 8 contact hours April 2021
Kristen Davin, OTR/L, Chicago, IL

Occupational and Physical Therapy Management of Spinal Cord Injury, 11.5 contact hours April 2021
Spinal Cord Injury Seminars, Inc., Virtual

Upper Extremity Motor Recovery Following Neurological Injury, 13 contact hours January 2021
Saebo, Inc., Chicago, IL

Physical Agent Modalities Course, 16 contact hours January 2020
Shirley Ryan AbilityLab, Chicago, IL

Crisis Prevention De-Escalation Training, 8 contact hours June 2019
Molloy Education Center, Niles, IL

Stanford's Diabetes Self-Management Program, 8 contact hours April 2017
The University of Illinois at Chicago, Chicago, IL

PASS: Performance Assessment of Self-Care Skills Workshop, 4 contact hours March 2017
Dr. Margo Holm, PhD, OTR/L, FAOTA, ABDA, The University of Illinois at Chicago, Chicago, IL

Living with Dementia, 12-week course February 2017 – April 2017
Johns Hopkins University, Baltimore MD

Stanford's Chronic Disease Self-Management Program, 16 contact hours September 2016
The University of Illinois at Chicago, Chicago, IL

LEADERSHIP AND SERVICE IN PROFESSIONAL ORGANIZATIONS AND COMMITTEES

COTAD National Education Committee, Member 2022 – present
Revamping the IL Practice Act for Community-Based Settings, Committee Member 2021 – 2023
The DiversOTy Chicago Collective, Co-founder, Board Member 2020 – present
DEI Media Health Literacy Committee at Schwab Rehabilitation Hospital, Co-founder 2020 – 2022
Occupational Therapy Journal of Research, Manuscript Reviewer 2020 – present
ILOTA, Director of Finance 2014 – present
AOTA, JEDI Curriculum CoP, Admissions CoP, Proposal Reviewer 2014 – present

SERVICE TO THE COMMUNITY

The Night Ministry Fundraiser, Organizer April 2023
Finding Community: Diverse Perspectives on OT Fundraiser, Organizer, Moderator April 2022
School Supply Fundraiser for CPS OTPs, Teachers & Students, Organizer August 2021

Greater Chicago Food Depository, *Volunteer*
OT Hygiene Kit Fundraiser for Unhoused Community Members, *Organizer*
University of Illinois College Prep's Career Series, *Panelist*

April 2021
March 2021
May 2019