



Inclusive Teaching

GAIL FISHER, OCCUPATIONAL THERAPY

How can we create more inclusive classes?

- How would we want to be treated if we weren't sure if we belonged?
 - “I appreciate your efforts”
 - “ You have a lot to contribute to our field”
 - “We all benefit from having a lot of voices weigh in on this question”
 - “Let me know how I can support your learning”
- https://www.chronicle.com/interactives/20190719_inclusive_teaching

How can we develop relationships with individual students?

- What can we do to show that we want to know and understand them?
 - Learn their names – ask for pronunciation corrections or have them submit phonetic spelling
 - Acknowledge what is going on in the world that may be stressful for them
 - Share aspects of your life that are relevant to the class, and who you are as a person
 - Offer to mentor, coach, write a letter of recommendation to those who need more support
- <https://www.insidehighered.com/advice/2020/07/01/list-practical-ways-non-black-faculty-members-can-help-dismantle-educational>

How can we create a comfortable environment with peers?

- How can we help our students get to know each other?
 - Putting them in randomized small groups with a focused question or task
 - Post a question in the chat box for the group to discuss
 - Zoom icebreakers – just search for Icebreakers using Zoom for college students
- <https://www.uwb.edu/it/instructional-continuity/remote-instruction/icebreaker-ideas>
- <https://dl.sps.northwestern.edu/blog/2015/07/the-importance-of-icebreakers-in-online-classes/>
- <https://www.summitteambuilding.com/icebreakers-10-activities-to-energize-your-zoom-meetings/>

How can we set up our class in an inclusive way?

- Providing more structure can benefit everyone
 - Blackboard site lays out what you expect them to do for each class
 - Consistent open office hours
 - Providing periodic opportunities for anonymous feedback through polls or surveys
 - Incorporate active learning activities
 - Set clear expectations and instructions
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