

## CURRICULUM VITAE

### TAMAR HELLER

#### GENERAL INFORMATION

**Office Address:** Department of Disability and Human Development  
M/C 626, College of Applied Health Sciences  
University of Illinois at Chicago  
1640 West Roosevelt Road  
Chicago, Illinois 60608

#### EDUCATION

**B.A.:** University of Wisconsin, 1972, in History

**M.A.:** Roosevelt University, 1974, in Clinical Psychology

**Ph.D.:** University of Illinois at Chicago, 1981, in Organizational/Developmental Psychology.

#### EXPERIENCE

**Head,** Department of Disability and Human Development, College of Applied Health Sciences, University of Illinois at Chicago, 2002 to present. Chair an interdisciplinary department with about 200 staff, including 29 faculty, a masters and a doctorate graduate program, and an annual budget of over 9 million dollars (Acting and Interim Head, 2001-2002).

**Associate Head of External Affairs,** 2000-2001. **Associate Head of Academic Affairs/Director of Graduate Studies,** 1999-2000. Department of Disability and Human Development, University of Illinois at Chicago.

**Director,** Institute on Disability and Human Development, Department of Disability and Human Development, University of Illinois at Chicago, 2004-present. Directs the IDHD which is the federally chartered University Center for Excellence in Developmental Disabilities for the State of Illinois. The Institute is authorized under the Developmental Disabilities Assistance and Bill of Rights Act and is part of a network of 67 university-based centers in every state and territory of the United States. The IDHD serves as a bridge between academia and the community.

**Distinguished Professor,** 2015-present. **Professor** of Disability and Human Development, Department of Disability and Human Development, University of Illinois at Chicago, 1999-2015. **Associate Professor** of Human Development, College of Associated Health Professions, 1994-1998. Joint appointments in Community Health Sciences as Professor, 1999-2011, as **Associate Professor**, 1988-1999, and in Psychology as **Clinical Associate Professor** from 1988 to 1999. **Adjunct Assistant Professor,** Psychology Department, 1982 to 1987.

**Director of Aging Studies Program,** Department of Disability and Human Development, University of Illinois at Chicago. Started and direct the Aging Studies Program, which includes the national Rehabilitation Research and Training Center on Aging with Developmental Disabilities, and several other projects funded by the National Institute on Disability and Rehabilitation Research, Office of Special

Education and Rehabilitation Services, National Institute on Aging, Administration on Developmental Disabilities, Illinois Planning Council on Developmental Disabilities, and the Illinois Department of Human Services. The Aging Studies Program conducts research and provides training and technical assistance in life-span issues, with a strong emphasis on issues related to long-term disabilities and to family studies. 1993-present.

**Coordinator of Family Studies and Services Program.** Illinois University Affiliated Program in Developmental Disabilities. Started and directed the Family Studies and Services Program encompassing a comprehensive multi-disciplinary diagnostic clinic, family support services, staff training, technical assistance to policy makers, and research on family support. Developed and directed research and evaluation projects on the effects of public policy on persons with disabilities, their families, and human service employees. 1987-1993.

**Research Scientist/Director of Community Staff Development,** Institute for the Study of Developmental Disabilities. Directed training and consultation services to community agencies. Developed and conducted needs assessments, training workshops and program evaluations. Administered research projects on life transitions of persons with disabilities and mental illness. 1982-1987.

**National Institute of Mental Health Fellow,** University of Illinois at Chicago, Conducted research on group decision-making meetings among adults with disabilities. 1975 to 1975.

**Vocational Evaluator,** Chicago Association for Retarded Citizens, Developed and conducted job and task analyses vocational and psychological assessments, work samples, and interviews. 1974.

**Intern School Psychologist,** Chicago Association for Retarded Citizens. Conducted psychological testing and staff consultations in schools, vocational centers and residential facilities. 1973.

**Coordinator of Client Services/Psychologist,** Chicago Association for Retarded Citizens. Administered the vocational evaluation unit and the staff in-service program. Conducted intake interviews and psychological assessments of children and adults with disabilities. 1974-1975.

### **Research Interests**

Families and Disabilities  
Adjustment to Life Transitions  
Health Promotion and Disabilities  
Health and Long-Term Services and Supports

### **Courses Taught**

Families and Disability (graduate), College of Applied Health Sciences (1994-present)  
and Community Health Sciences, UIC. (1992-present).  
Behavioral Sciences in Public Health, Public Health (1997)  
Approaches to Interviewing, Psychology, UIC. (1988, 1990).  
Psychology in Community Settings, Psychology, UIC. (1981-1990, yearly).  
Organizational Psychology, Psychology, UIC. (1981, 1982).  
Psychology in Business Settings, Psychology, DePaul University. (1981).  
Techniques of Counseling Handicapped Persons, Counseling, Loyola University. (1981).  
Industrial Psychology, Psychology, Northeastern University. (1981).

### **Registered Psychologist**

State of Illinois, Department of Registration and Education, Permit Number 072-02912

**School Psychologist**

State of Illinois School Services Personnel, Type 73, Permit Number 105437

**Family Therapist**

Completed introductory externship in family therapy at University of Illinois Department of Psychiatry's Institute for Juvenile Research

**Guest Editor**

Journal of Technology and Disability, American Journal on Mental Retardation  
Family Relations

**Editorial Board Member**

Journal of Disability Policy Studies

**Consulting Editor**

American Journal on Intellectual and Developmental Disabilities, Intellectual and Developmental  
Disabilities

**Journal Reviewer**

Social Psychology Quarterly; Applied Research in Mental Retardation; American Journal of Community  
Psychology; Journal of Applied Gerontology; Research in Developmental Disabilities, Family Relations,  
Journal of Policy and Practice in Intellectual Disabilities, Journal of Applied Research in Intellectual  
Disabilities, Journal of Intellectual Disabilities Research, Intellectual and Developmental Disabilities

**HONORS**

**Vice President for the Americas**, International Association for the Scientific Study of Intellectual and Developmental Disabilities. August 2016-August 2019.

**G. Lawrence Rarick Memorial Scholar Award** in recognition of outstanding research, International Federation of Adapted Physical Activity, June 2015.

**2014 Human Service Achievement Award**, Community Alternatives Unlimited, March, 2014.

**2012 International Award**, Association of University Centers on Disability, December 2012.

**Chair**, Special Interest Group on Aging, Association of University Centers on Disability, 2012-present.

**President-elect** Association of University Centers on Disability, 2008-2009; **President**, 2009-2010, **Past President**, 2010-2011.

**Co-founder and Board Member**, Sibling Leadership Network, 2007-present. **Treasurer**: 2007-2015.

**FY 2009 Autism Ally for Public Policy Award**, The Arc/The Autism Program of Illinois, April 2009.

**2008 Lifetime Research Achievement Award**, International Association for the Scientific Study of Intellectual Disabilities, Special Interest Group on Aging and ID, August 2008.

**Innovative Program Award** (with John Kramer) Selected to receive Innovative Program Award and Seed Grant for innovative caregiving proposal by the National Alliance for Caregiving/MetLife Foundation, 2008

**Council Member** International Association for the Scientific Study of Intellectual Disabilities, 2006-2012.

**Board Member**, Association of University Centers on Disability, 2007-2012.

**Delegate**, White House Conference on Aging. Appointed to serve as Senator Barack Obama's delegate to *The White House Conference on Aging*. The WHCoA provided an opportunity for delegates to present recommendations for action to the President and Congress. December, 2005.

**Fellow**, Academic Leadership Program, Committee on Institutional Cooperation, 2003 – 2004.

**Fellow**, International Association for the Scientific Study of Intellectual Disability, 2000 – present.

**President**, Gerontology Division, American Association on Mental Retardation. 1998 - 2000.

**Board Member**, American Association on Mental Retardation, 1993-95.

**Fellow of Institute**, Institute for Counseling and Personal Development, Belfast, Northern Ireland

**DuPont Pharma Geriatric Education Centers Award**, Ninth Workshop for Geriatric Education Centers, Washington, D.C., 1994.

**Midwest Regional Coordinator**, Community Psychology Division of the American Psychological Association.

**Service Award**, Community Support Services, Brookfield, Illinois, 1991.

**National Institute of Mental Health Fellow**, 1975.

## COMMITTEE PARTICIPATION

### UIC COMMITTEE PARTICIPATION

*Co-Chair*, Diversity Cluster Hire Committee, School of Public Health and College of Applied Health Science, 2013-present.

*Member*, Diversity Advisory Committee for Academic Affairs, Office of the Provost, 2011-2013.

*Member*, Community Disparities Advisory Council, Office of the Vice Chancellor for Research, 2010-2012.

*Member*, Leadership Council, College of Applied Health Sciences, 2002-2013.

*Member*, Advisory Board of the Center on Excellence in Women's Health, 2002-present.

*Chair*, Health and Human Development Sciences College Promotion and Tenure Committee, 2000 - 2001.

*Member*, Internal Review Panel for Occupational Therapy, 2001.

*Member*, Search Committee for UIC Dean of the Graduate College, 2000-2001.

*Member*, Search Committee for UIC Vice Chancellor for Research, 2001.

*Member*. Internal Review Panel for Kinesiology, 2000.

*Member*, HHDS Standardization Taskforce, 2000.

*Member*, HHDS Workload Task Force, 2000.

*Chair*, Department of Disabilities and Human Development (DHD) Curriculum Committee, 1998 - 2000.

*Chair*, DHD Institutional Review Board Committee, 1998 – 2001.

*Member*, HHDS Executive Committee, 1995-2001.

*Member*, College of Associated Health Professions Dean Search Committee, 1998-1999.

*Member*, Senate Faculty, 1996-2000.

*Member*, Community of Scholars Doctoral Program on Disabilities Committee, 1994-1995.

*Member*, Academic Advisory Board, Center on Health Interventions for Minority Elderly, 1994-1997.

*Member*, Advisory Committee of the Fifth Biennial Conference for the Society of Community Research and Action, 1993-1998.

*Member*, Allied Health Research Forum Planning Committee, 1993-1997.

*Member*, Executive Committee, Institute on Disability and Human Development, 1992-2001.

*Member*, Management Committee, Institute on Disability and Human Development, 1991-2001.

*Member*, Space Resources Committee, Institute on Disability and Human Development, 1992-2001.

*Member*, UIC, Community Psychology Interest Group, 1987-present.

## **OTHER COMMITTEES**

*Member*, Scientific Merit Review Panel for the Clinical and Translational Research Pilot Projects, New Jersey Governor's Council for Medical Research and Treatment of Autism, 2017.

*Member*, Bureau of Sages, Council for Jewish Elderly, Senior Life, 2015-present.

*Member*, Functional Assessment Standardized Items (FASI) Technical Expert Panel (TEP), 2015-present.

*Member*, Caregivers of People with Mental Illness, Advisory Committee, National Alliance for Caregiving, 2015-present.

*Member*, Center for Future Planning Advisory Council, The Arc of the United States, 2014-present.

*Member*, Expert Panel on Respite Research, ARCH National Respite Network and Resource Center, 2013-14.

*Member*, Midwest Regional Spinal Cord Injury Care System Advisory Board, Rehabilitation Institute of Chicago, Northwestern University, Chicago, 2013-present.

*Member*, National Center on Quality Assurance Stakeholder Advisory Panel, 2013-present.

*Chair*, School of Occupational Therapy and Social Work School Review Panel, Faculty of Health Sciences, Curtin University, Western Australia, 2013.

*External Advisor*, Faculty of Social Welfare and Health Sciences, University of Haifa, Israel, 2013.

*External Reviewer*, The School for Global Inclusion and Social Development, Institute for Community Inclusion, University of Massachusetts Boston, 2013.

*External Examiner*, Master's Program in Disability Studies, National Institute for Intellectual Disability, Trinity College Dublin, 2011- 2013.

*Member*, Technical Expert Panel, National Committee for Quality Assurance Integrated Case Studies Project.

*Executive Committee*, 2013-present. *Chair*, The Toronto Declaration on Bridging Knowledge, Policy, and Practice in Aging and Disability Workgroup, Growing Older with a Disability Conference, Festival of International Conferences on Caregiving, Disability, Aging and Technology (FICCFAT), June 2011-2013.

*Chair*, Awards Committee, Association of University Centers on Disability, 2012.

*Member*, Committee on Cognitive Rehabilitation Therapy for Traumatic Brain Injury, Institute of Medicine, The National Academies, 2011.

*Member*, Task Force on Systematic Review and Guidelines, National Center for the Dissemination of Disability Research, National Institute on Disability and Rehabilitation Research, U.S. Department of Education, 2009-present.

*Member*, Keshet, Board of Directors, 2010-present.

*Member*, Deinstitutionalization Project Expert Panel, National Council on Disability, 2010-present.

*Member*, 2010 Census Complete Count Committee for People with Disabilities, Mayor's Office for People with Disabilities, 2010.

*Member*, TASH Family Support Advisory Council, 2009-present.

*Member*, Committee for the Advancement of Knowledge and Understanding, The Arc of the United States, 2008-2013.

*Chair*, Task Force on Aging, Association of University Centers on Disability, 2004 to present.

*Member*, Advisory Group of the Rehabilitation Research and Training Center on Aging with a Disability, Rancho Los Amigos Medical Center, University of Southern California, 1998 to present.

*Member*, Leadership Council of the National Alliance on Self-Determination, 1997-2013.

*Member*, National Scientific Advisory Board of Easter Seal, 1997-2004.

*Member*, Advisory Group of the Rehabilitation Research and Training Center on Assistive Technology and Aging, State University of New York at Buffalo, 1998 to 2000.

*Member*, Nominating Committee for the American Association of University Affiliated Programs for Persons with Developmental Disabilities Board of Directors, 1997.

*Member*, Innovations in Communications Technology Advisory Committee, National Council on Aging and Ameritech, 1997.

*Member*, Scientific Advisory Board, European Course on Mental Retardation, 1994 to 1999.

*Co-chair*, Third International Conference on Long Term Care Case Management, 1995 to 1999.

*Member*, Committee on Public Information, American Association on Mental Retardation, 1996.

*Member*, Presidents Committee on Mental Retardation: Illinois workgroup, 1995 to 1997.

*Member*, Program Committee of Special Interest Group on Aging and Intellectual Disabilities, 1994 to present.

*Co-chair*, Alzheimer Disease and Down Syndrome Program Adaptations Task Force.

*Member*, President's Committee on Mental Retardation Task Force on Social Welfare, 1994.

*Member*, Advisory Board, Illinois Department on Aging Task Force on Aging and Disabilities, 1987-88.

*Member*, University of Kansas Beach Research and Training Center on Families and Disability National Advisory Board, 1987-1988.

*Member*, Community Support Services Family Support Projects Advisory Board, 1987-1988.

*Member*, Epilepsy Services of Chicago Advisory Board, 1986-1987.

*Member*, Illinois Department of Public Aid Aging and Disability Task Force 1987-1990.

*Member*, New York Office of Mental Retardation and Developmental Disabilities Medicaid Reform Project Task Force, 1987-1988.

*Secretary*, National Case Management Foundation, 1988-present.

*Member*, Council for Jewish Elderly Advisory Committee, 1987-1989.

*Member*, President's Committee on Mental Retardation Task Force on Parents with Mental Retardation, 1989-1990.

*Member*, Steering Committee, Illinois Bogard Training Initiative, 1993.

*Member*, Search Committee for Fellows, American Association on Mental Retardation, 1993-1995.

*Member*, Executive Committee, National Research and Training Center Consortium on Aging and Developmental Disabilities, 1990-1993.

*Member*, Coordinating Council, National Research and Training Center Consortium on Aging and Developmental Disabilities, 1988-1993.

**Federal Grants Reviewer**

Health and Human Services, Office of Human Developmental Services, Administration on Developmental Disabilities, Center on Health Interventions with Minority Elderly, National Institute on Disability and Rehabilitation Research



**I. PUBLICATIONS HISTORY**  
(\* Asterisks denote refereed publications)

**Publications Summary**

<u>Format</u>	<u>Number</u>
Articles Published/In Press	116
Books	5
Chapters	34
Monographs & Technical Reports	78
Total:	233

**Refereed Articles**

\*Owen, R., Bowers, A., Heller, T., Hsieh, K., & Gould, R. (2016). The impact of support services teams: Community-based behavioral health support interventions. **Journal of Policy and Practice in Intellectual Disabilities**. doi:10.1111/jppi.12186.

\*Heller, T., Owen, R., Gibbons, H., & Bowers, A. (in press). Aging with a physical disability in Medicaid Managed Care. **Research on Aging**.

\*Burke, M. & Heller, T. (2016). Individual, parent, and social-environmental correlates of caregiving experiences among parents of adults with autism spectrum disorder. **Journal of Intellectual Disability Research**, **60**, 401–411. doi:[10.1111/jir.12271](https://doi.org/10.1111/jir.12271).

\*Burke, M. & Heller, T. (2016). Disparities in unmet service needs among adults with intellectual and other developmental disabilities. **Journal of Applied Research in Intellectual Disabilities**. Advance online publication. doi: 10.1111/jar.12282.

\*Bowers, A., Owen, R., & Heller, T. (2016). Care coordination experiences of people with disabilities enrolled in Medicaid managed care. **Disability and Rehabilitation**. <http://dx.doi.org/10.1080/09638288.2016.1219773>

\*Gibbons, H. M., Owen, R., & Heller, T. (2016). Perceptions of health and healthcare of people with intellectual and developmental disabilities enrolled in Medicaid Managed Care. **Intellectual and Developmental Disabilities**, **54**(2), 94-105. DOI: 10.1352/1934-9556-54.2.94

\*Owen, R., Heller, T., & Bowers, A. (2016). Health services appraisal and the transition to Medicaid Managed Care from fee for service. **Disability and Health**, **9**(2), 239-247. doi:10.1016/j.dhjo.2015.10.004.

\*Hewitt, A., Heller, T., & Butterworth, J. (2015). Introduction to the special issue: National goals 2015. **Inclusion**, **3**(4), 201-204.

\*Hewitt, A., Heller, T., & Butterworth, J. (2015). Toward 2025: Promoting valued outcomes for people with IDD through National Goals 2015. **Inclusion**, **3**(4), 282-287.

\*Heller, T., Gibbons, H., & Fisher, D. (2015). Caregiving and family support interventions: Crossing networks of aging and developmental disabilities. **Intellectual and Developmental**

**Disabilities**, 53(5), 329-345.

\*Hsieh, K., Heller, T., Bershady, J., & Taub, S. (2015). Impact of adulthood stage and social-environmental context on body mass index and physical activity of individuals with intellectual disability. **Intellectual and Developmental Disabilities**, 53(2), 100-113.

\*Heller, T., Fisher, D., Marks, B., & Hsieh, K. (2014). Interventions to promote health: Crossing networks of intellectual and developmental disabilities and aging. **Disability and Health**, 7, S24-S32

\*Hsieh, K., Rimmer, J., & Heller, T. (2013). Obesity and associated factors in adults with intellectual disability. **Journal of Intellectual Disability Research**, 58(3), doi: 10.1111/jir.12100

\*Hewitt, A., Agosta, J., Heller, T., Williams, A. C., & Reinke, J. (2013). Families of individuals with intellectual and developmental disabilities: Policy, funding, services, and experiences. **Intellectual and Developmental Disabilities**, 51(5), 349-359.

\*Kramer, J., Hall, A., & Heller, T. (2013). Reciprocity and social capital in sibling relationships of people with disabilities. **Intellectual and Developmental Disabilities**, 51(6), 482-495.

\*Chang, Y., Ailey, S. H., Heller, T., & Chen, M. (2013). Rasch analysis of the mental health recovery measure. **American Journal of Occupational Therapy**, 67(4), 469-477.

\*Heller, T., Arnold, C. K., van Heumen, L., McBride, E. L., & Factor, A. (2012). Self-directed support: Impact of hiring practices on adults with intellectual and developmental disabilities and families. **American Journal on Intellectual and Developmental Disabilities**, 117(6), 464-477.

\*Chang, Y., Heller, T., Pickett, S., & Chen, M. (2013). Recovery of people with psychiatric disabilities living in the community and associated factors. **Psychiatric Rehabilitation Journal**, 36(2), 80-85.

\*Heller, T. & Sorensen, A. (2013) Promoting healthy aging in adults with developmental disabilities. **Developmental Disabilities Research Reviews: Special Issue on Aging**, 18(1), 22-30.

\*Hsieh, K., Rimmer, J., & Heller, T. (2012). Prevalence of falls and risk factors in adults with intellectual disabilities. **American Journal on Intellectual and Developmental Disabilities**, 117(6), 442-454.

\*Arnold, C.K., Heller, T., & Kramer, J. (2012). Support needs of siblings of people with developmental disabilities. **Intellectual and Developmental Disabilities**, 50(5), 373-382.

\*Salvador-Carulla, L., Putnam, M., Bigby, C., & Heller, T., (2012). Advancing a research agenda for bridging ageing and disability, **International Journal of Integrated Care**, 12(16), 1-5, URN:NBN:NL:UI:10-1-113856.

\*Dijkers, M. P., Bushnik, T., Heinemann, A. W., Heller, T., Libin, A.V., Starks, J., Sherer, M., & Vandergoot, D. (2012). Systematic reviews for informing rehabilitation practice: An introduction. **Archives of Physical Medicine and Rehabilitation**, 93(5). 912-918.

\*Heller, T., Schindler, A., Palmer, S., Wehmeyer, M., Parent, W., Jenson, R., Abery, B., Geringer, W., Bacon, A., & O'Hara, D. (2011). Self-determination across the life span: Issues and gaps.

**Exceptionality, Special Issue: Promoting Self-Determination, 19(1), 31-45.**

\*Calkins, C., Wehmeyer, M., Bacon, A., Heller, T., & Walker, H. M. (2011). Introduction to the special issue on scaling up efforts to promote the self-determination of people with developmental disabilities. **Exceptionality, Special Issue: Promoting Self-Determination, 19(1), 2-5.**

\*Walker, H., Calkins, C., Wehmeyer, M., Walker, L., Bacon, A., Palmer, S., Jesien, G., Nygren, M., Heller, T., Gotto, G., Abery, B., & Johnson, D. R. (2011). A social-ecological approach to self-determination. **Exceptionality, Special Issue: Promoting Self-Determination, 19(1), 6-18.**

\*Wehmeyer, M. L., Abery, B. H., Zhang, D., Ward, K., Willis, D., Hossain, W. A., Balcazar, F., Ball, A., Bacon, A., Calkins, C., Heller, T., Goode, T., Dias, R., Jesien, G. S., McVeigh, T., Nygren, M.A., Palmer, S. B., & Walker, H. M. (2011). Personal self-determination and moderating variables that impact efforts to promote self-determination. **Exceptionality, Special Issue: Self-Determination, 19(1), 19-30.**

\*Heller, T., McCubbin, J., Drum, C., & Peterson, J. (2011). Physical activity and nutrition health promotion interventions: What's working for people with intellectual disabilities? **Intellectual and Developmental Disabilities, 49(1), 26-36.**

\*Gray-Stanley, J., Muramatsu, N., Heller, T., Hughes, S., Johnson, T., & Ramirez-Valles, J. (2010). Work stress and depression among direct support professionals: The role of work support and locus of control. **Journal of Intellectual Disability Research, 54(8), 749-761.**

\*Robinson, L. M., Davidson, P. W., Henderson, C. M., Janicki, M. P. Merrick, J., Morad, M., Wang, K. Y., Hsieh, K., Heller, T., Bishop, K. M., & Wexler, O. (2010). Health trends from an international sample of older adults with intellectual and developmental disabilities. **International Journal on Disability and Human Development, 9(4), 329-338.**

\*Heller, T. & Arnold, C. K. (2010). Siblings of adults with developmental disabilities: Psychosocial outcomes, relationships, and future planning. **Journal of Policy and Practice in Intellectual Disabilities, 7(1), 16-25.**

\*Haveman, M., Heller, T., Lee, L., Maaskant, M., Shooshtari, S., & Strydom, A. (2010). Major health risks in aging persons with intellectual disabilities: An overview of recent studies. **Journal of Policy and Practice in Intellectual Disabilities, 7(1), 59-69.**

\*Marks, B., Sisirak, J., Heller, T., Wagner, M. (2010). Evaluation of Community-Based Health Promotion Programs for Special Olympics Athletes. **Journal of Policy and Practice in Intellectual Disabilities, 7(2), 119-129.**

\*Hsieh, K., Heller, T., & Freels, S. (2009). Residential characteristics, social factors and mortality among adults with developmental disabilities: Transitions out of nursing homes. **Intellectual and Developmental Disabilities, 47(6), 447-465.**

\*Yamaki, K., Hsieh, K., & Heller, T. (2009). Health profile of aging family caregivers supporting adults with intellectual and developmental disabilities at home. **Intellectual and Developmental Disabilities, 47(6), 425-435.**

\*Heller, T. & Kramer, J. (2009). Involvement of adult siblings of persons with developmental

disabilities in future planning. **Intellectual and Developmental Disabilities**, **47**(3), 208-219.

\*Drum, C.E., Peterson, J., Culley, C., Krahn, G.L., Heller, T., Kimpton, T., McCubbin, J., Rimmer, J., Seekins, T., Suzuki, R., & White, G.W. (2009). Guidelines and criteria for the implementation of community-based health promotion programs for individuals with disabilities. **American Journal of Health Promotion**, **24**(2), 93-101.

\*Heller, T. (2008). Report of the state of the science in aging with developmental disabilities: Charting lifespan trajectories and supportive environments for health community living symposium. **Disability and Health Journal**, **1**(3), 127-130.

\*Heller, T. & Factor, A. (2008). Family support and intergenerational caregiving: Report from the state of the science in aging with developmental disabilities conference. **Disability and Health Journal**, **1**(3), 131-135.

\*Heller, T., Janicki, M., Marks, B., Hammel, J. & Factor, A. (2008). State of the science symposium on aging and developmental disabilities. **Journal of Policy and Practice in Intellectual Disabilities**, **5**(4), 286-288.

\*Heller, T., Caldwell, J. & Factor, A. (2007). Aging family caregivers: Policies and practices. **Mental Retardation and Developmental Disabilities Research Reviews**, **13**(2), 136-142.

\*Caldwell, J. & Heller, T. (2007). Longitudinal outcomes of a consumer-directed program supporting adults with developmental disabilities and their families. **Intellectual and Developmental Disabilities** **45**(3), 161-173.

\*Heller, T. & Caldwell, J. (2006). Supporting aging caregivers and adults with developmental disabilities in future planning. **Mental Retardation**, **44**(3), 189-202.

\*Ailey, S.H., Miller, A.M., Heller, T. & Smith, E.V. (2006). Evaluating an interpersonal model of depression among adults with Downs syndrome. **Research and Theory for Nursing Practice**, **20**(3), 229-246.

\*Wang, K.Y., Hsieh, K., Heller, T., Davidson, P.W. & Janicki, M. (2007). Carer reports of health status among adults with intellectual/developmental disabilities in Taiwan living at home and in institutions. **Journal of Intellectual Disability Research**, **51**(3), 173-183.

\*Rizzolo, M.C., Heller, T. & Braddock, D. (2005). Determinants of state utilization of public institutions for persons with intellectual disabilities in the U.S. **Journal of Policy and Practice in Intellectual Disabilities** **2**(1), 60-62.

\*Heller, T. & Caldwell, J. (2005). Impact of a consumer-directed family support program on reduced out-of-home institutional placement. **Journal of Policy and Practice in Intellectual Disabilities**, **2**(1), 63-65.

\*Hughes, S. L., Prohaska, T. R., Rimmer, J. H., & Heller, T. (2005). Promoting physical activity among older persons. **Generations**, **29**(2), 54-59.

\*Heller, T. (2004). Introduction to the special issue on aging: Family and service system supports. (Also guest editor for this issue). **American Journal on Mental Retardation**, **109**(5), 349-351.

\*Davidson, P., Heller, T., Janicki, M. & Hyer, K. (2004). Defining a national health research and practice agenda for older adults with intellectual disabilities. **Journal of Policy and Practice in Intellectual Disabilities**, **1**(1), 2-9.

\*Heller, T., Hsieh, K., & Rimmer, J. (2004). Attitudinal and psychological outcomes of a fitness and health education program on adults with Down syndrome. **American Journal on Mental Retardation**, **109**(2), 175-185.

\*Rimmer, J. Heller, T., Wang, E., & Valerio, I. (2004). Improvements in physical fitness in adults with Down syndrome. **American Journal on Mental Retardation**, **109**(2), 165-174.

\*Braunschweig, C.L., Gomez, S., Sheean, P., Tomey, K.M., Rimmer, J.H., & Heller, T. (2004). Nutritional status and risk factors for chronic disease in urban-dwelling adults with Down syndrome. **American Journal on Mental Retardation**, **109**(2), 186-193.

\*Caldwell, J. & Heller, T. (2003). Management of respite and personal assistance services in a consumer-directed family support program. **Journal of Intellectual Disability Research**, **47**(4/5), 352-366.

\*Heller, T. & Marks, B. (2003). Bridging the equity gap: Health promotion for adults with intellectual and developmental disabilities. **Nursing Clinics of North America**, **38**(2), 205-228.

Marks, B., Brown, A., Hahn, J.E., & Heller, T. (2003). Nursing care resources for individuals with intellectual and developmental disabilities across the life span. **The Nursing Clinics of North America**, **38**(2), 373-393.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Policy implications for services to older persons with dementia in Japan (II). **Japanese Journal of Public Health**, **67**, 556-559.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Policy implications for services to older persons with dementia in Japan (I). **Japanese Journal of Public Health**, **67**, 465-469.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Research in developmental disabilities services in the United States (II). **Japanese Journal of Public Health**, **67**, 390-393.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Research in developmental disabilities services in the United States (I). **Japanese Journal of Public Health**, **67**, 310-313.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Deinstitutionalization movement across states (II). **Japanese Journal of Public Health**, **67**, 233-236.

Takeda, N., Yamaki, K., Janicki, M. P., Heller, T., Suemitsu, S., & Egusa, Y. (2003). Deinstitutionalization movement across states (I). **Japanese Journal of Public Health**, **67**, 150-154.

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## II. RESEARCH AND TRAINING GRANTS AND CONTRACTS

### Funded Research, Demonstration and Training Projects

***Advanced Training in Translational and Community Engaged Scholarship to Improve Community Living and Participation for People with Disabilities.*** National Institute on Disability, Independent Living, and Rehabilitation Research: \$746,000 to establish a post-doctorate program (Co-Investigator). 10-1-2015 to 9-30-2020.

***Improving Acute, Primary and Transitional Health Care Services for Individuals with Disabilities Conference.*** Rush University Medical Center Subcontract from AHRQ: \$5,221 (Principal Investigator). 7-1-2016 to 6-30-2017.

***UIC University Centers for Excellence in Developmental Disabilities Diversity Fellowship Program.*** National Institute on Disability, Independent Living and Rehabilitation Research: \$33,983. (Principal Investigator). 9-30-2015 to 9-29-2016.

***Leadership Institute for People with Disabilities Pilot Evaluation (Phase I).*** Chicago Community Trust: \$35,000. (Principal Investigator). 7-1-2015 to 3-31-2016.

***Technical Assistance “Life Like Any Other.”*** Envision: \$12,499. (Principal Investigator). 8-1-2015 to 5-31-2016.

***Rehabilitation Research and Training Center on Developmental Disabilities and Health.*** National Institute on Disability and Rehabilitation Research: \$4,374,956 to direct a research and training center on intellectual/ developmental disabilities and health. (Principal Investigator). 10-1-2013 to 9-30-2018.

***Rehabilitation Research and Training Center on Family Support.*** National Institute on Disability and Rehabilitation Research: \$4,374,975 for a research and training center on family support and intellectual/ developmental disabilities. (Co-Principal Investigator). 10-1-2014 to 9-30-2019.

***Family Support in Managed Care.*** Project of the Rehabilitation Research and Training Center on Family Support. National Institute on Disability and Rehabilitation Research. (Principal Investigator). 10-1-2014 to 9-30-2019.

***Midwest Roybal Center for Health Promotion.*** National Institute on Aging, U.S. Department of Health and Human Services: \$2,388,850 (Co-Investigator). 10-1-2014 to 9-30-2019.

***Family Clinic—FY 2015.*** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,161,332 (Principal Investigator). 7-1-2014 to 6-30-2015.

***The Autism Program.*** The Hope Institute for Children and Families, \$441,276 (Principal Investigator). 7-1-2014 to 6-30-2015.

***Evaluation of Department of Human Services Transitions Initiative to Reduce Institutionalization of Intellectual and Developmental Disabilities.*** Illinois Department of Public Health, \$210,000 (Principal Investigator). 2-14-2015 to 2-13-2016.

**University Center for Excellence in Developmental Disabilities for the State of Illinois.** Administration on Intellectual and Developmental Disabilities: \$2,770,000 to direct the Institute on Disability and Human Development. (Principal Investigator). 7-1-2013 to 6-30-2018

**Family Clinic—FY 2014.** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,161,331 (Principal Investigator). 7-1-2013 to 6-30-14.

**The Autism Program.** The Hope Institute for Children and Families, \$441,272 (Principal Investigator). 7-1-2013 to 6-30-2014.

**Medicaid Managed Care and Aging with Physical Disabilities,** U.S. Department of Education through University of Washington: \$508,294. (Principal Investigator). **Healthy Aging Rehabilitation Research and Training Center** (Investigator), 10-1-2013 to 9-30-2018.

**Comparing Care Coordination Models in Illinois:** \$272,049. (Principal Investigator). **Community Living Policy Center,** University of California, San Francisco, funded by the National Institute on Disability and Rehabilitation Research (Co-Principal Investigator), 10-1-2013 to 9-30-2017.

**Advanced Training in Translational and Transformational Research to Improve Outcomes for People with Disabilities.** National Institute on Disability and Rehabilitation Research: \$750,000 to establish a post-doctorate program in Disability Studies (Principal Investigator). 10-1-2011 to 9-30-2016.

**Rehabilitation Research and Training Center on Lifespan Health and Function and Intellectual/Developmental Disabilities--Supplement.** National Institute on Disability and Rehabilitation Research: \$199,999 to conduct an environmental scan of state and federal datasets and of empirical research on aging with I/DD. (Principal Investigator). 10-1-11 to 9-30-2012.

**Family Clinic—FY 2012.** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,161,333 (Principal Investigator). 7-1-11 to 6-30-12.

**The Autism Program.** The Hope Institute for Children and Families, \$489,611 (Principal Investigator). 7-1-11 to 6-30-2012.

**Evaluation of Support Services Teams.** Illinois Department of Human Services, \$60,000. (Principal Investigator). 7-01-2011 to 6-30-2012.

**Technical Assistance Regarding Aging and Developmental Disabilities.** Association of University Centers on Disability, \$62,396. (Principal Investigator). 1-1-11 to 9-30-2011.

**Independent Evaluation of the Illinois Integrated Care Program.** Illinois Department of Public Health, \$902,331. (Principal Investigator). 5-1-11 to 4-30-2014.

**Evaluation of Illinois State Operated Developmental Centers.** Illinois Department of Human Services, \$85,700. (Principal Investigator). 7-1-10 to 6-30-2011.

**Family Clinic—FY 2011.** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,222,500 (Principal Investigator). 7-1-10 to 6-30-11.

**The Autism Program.** The Hope Institute for Children and Families, \$505,076 (Principal Investigator). 7-1-10 to 6-30-2011.

***An Evaluation of the Somerset Place Nursing Home Closure.*** Illinois Department of Public Health, \$50,000. (Principal Investigator). 5-17-10 to 5-16-2011.

***Evaluation of Support Services Teams.*** Illinois Department of Human Services, \$100,000. (Principal Investigator). 8-16-10 to 12-31-2010.

***Family Clinic—FY 2010.*** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,222,452 (Principal Investigator). 7-1-09 to 6-30-10.

***The Autism Program.*** The Hope Institute for Children and Families, \$489,987. (Principal Investigator). 7-1-09 to 6-30-2010.

***An Analysis of Movement from State Operated Developmental Centers in Illinois.*** Illinois Department of Human Services, \$24,997 (Principal Investigator). 7-1-09 to 6-30-2010.

***Research Collaboration Center.*** Special Olympics International: \$66,286. (Principal Investigator). 7-1-09 to 6-30-2010.

***SOI—Community Based Health Promotion Program Evaluation.*** Special Olympics International: \$49,999. (Principal Investigator). 7-1-09 to 6-30-2010.

***Midwest Roybal Center for Health Promotion and Translation.*** National Institute on Aging, U.S. Department of Health and Human Services: \$1,979,776 (Co-Investigator). 9-1-09 to 8-31-14.

***Family Clinic—FY 2009.*** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,383,644 (Principal Investigator). 7-1-08 to 6-30-09.

***A National Gateway to Self Determination.*** University of Missouri Kansas City, \$549,999. (Principal Investigator). 10-1-08 to 9-30-2013.

***Research Collaboration Center.*** Special Olympics International: \$65,286. (Principal Investigator). 7-1-08 to 6-30-2009.

***Rehabilitation Research and Training Center on Lifespan Health and Function and Intellectual/Developmental Disabilities.*** National Institute on Disability and Rehabilitation Research: \$4,249,977 to direct a research and training center on aging with intellectual/developmental disabilities. (Principal Investigator). 10-1-08 to 9-30-2013.

***University Center for Excellence in Developmental Disabilities for the State of Illinois.*** Administration on Developmental Disabilities: \$2,520,100 to direct the Institute on Disability and Human Development. (Principal Investigator). 7-1-2008 to 6-30-2013.

***Family Clinic—FY 2008.*** Illinois Department of Human Services, Office of Developmental Disabilities, \$1,375,208 (Principal Investigator). 7-1-07 to 6-30-08.

***Advanced Training in Translational and Transformational Research to Improve Vocational Outcomes for Persons with Disabilities.*** National Institute on Disability and Rehabilitation Research: \$750,000 to establish a post-doctorate program in Disability Studies (Co-Principal Investigator). 8-1-2006 to 7-31-2011.

**Family Clinic—FY 2007.** Illinois Department of Human Services, Office of Developmental Disabilities \$1,349,897 (Principal Investigator). 7-1-06 to 6-30-07.

**University Center for Excellence in Developmental Disabilities for the State of Illinois.** Administration on Developmental Disabilities: \$1,989,865 to direct the Institute on Disability and Human Development. (Principal Investigator). 7-1-2003 to 6-30-2008.

**Healthy Kids/Healthy Minds Expanded Vision Program Evaluation.** Chicago Public Schools, Office of Specialized Services: \$49,373 (Principal Investigator). 4-1-06 to 6-30-06.

**Family Clinic—FY 2006.** Illinois Department of Human Services, Office of Developmental Disabilities \$1,310,579 (Principal Investigator). 7-1-05 to 6-30-06.

**Needs, Knowledge, Barriers and Uses of Technology for Persons with Cognitive Disabilities.** University of Colorado Health Sciences Center: \$162,061 (Principal Investigator). 10-1-04 to 9-30-09.

**Subcontract: RRTC on Health and Wellness for Persons with Long Term Disabilities.** Oregon Health Science University: \$164,995 (Principal Investigator). 10-1-04 to 9-30-09.

**Illinois Comprehensive Workforce Project.** University of Minnesota: \$300,000 (Principal Investigator). 7-1-04 to 9-30-07.

**Family Support 360 Project.** Administration on Developmental Disabilities, U.S. DHHS: \$100,000 (Principal Investigator). 10-1-04 to 9-30-05.

**Rehabilitation Research and Training Center on Aging with Intellectual and Developmental Disabilities.** National Institute on Disability and Rehabilitation Research: \$3,749,990 to direct a research and training center on aging with mental retardation. (Principal Investigator). 10-1-03 to 9-30-2008.

**Midwest Roybal Center for Health Promotion.** National Institute on Aging, U.S. Department of Health and Human Services: \$1,803,435 (Co-principal Investigator). 10-1-03 to 9-30-08.

**Evaluation of National Special Olympics Healthy Athlete Pilot Projects.** Special Olympics International: \$50,000 (Principal Investigator). 11-1-03 to 10-31-04.

**Health Promotion for Adults Aging with Intellectual and Developmental Disabilities: Train-the-Trainer Capacity Building Project.** The Retirement Research Foundation: \$102,888 (Principal Investigator). 1-1-04 to 12-31-05.

**State Implementation Project for Preventing Secondary Conditions and Promoting the Health of People with Developmental Disabilities.** Centers for Disease Control and Prevention: \$418,855 to research and implement a health promotion of adults with developmental disabilities. (Co-principal Investigator). 4-1-2002 to 3-31-2005.

**Caregiving and Gender Issue Conference.** State of Illinois Department of Human Services: \$14,350 to plan and conduct a research conference on gender and caregiving. (Principal Investigator). 4-1-2002 to 6-30-2002.

**Multi-Center Trial of Vitamin E in Aging Persons with Down Syndrome.** Research Foundation for Mental Hygiene: \$144,375 to conduct a randomized study of Vitamin E and Alzheimer's disease in

adults with Down syndrome (Principal Investigator). 11-1-2001 to 7-31-2005.

***Serving Senior Caregivers and their Adult Children with Developmental Disabilities.*** Illinois Department on Aging: \$208,748 to research and implement a future planning training program for families of adults with developmental disabilities. (Principal Investigator). 10-1-2001 to 9-30-2004.

***Family Leadership and Family Support Systems Change Project.*** Illinois Department of Human Services: \$46,327 to study the impact of family support programs for families of people with developmental disabilities. (Principal Investigator). 10-1-2001 to 9-30-2002.

***Rehabilitation Research and Training Center on Aging with Developmental Disabilities.*** National Institute on Disability and Rehabilitation Research: \$3,549,745 to direct a research and training center on aging with mental retardation. (Principal Investigator). 10-1-98 to 9-30-2003.

***University Center for Excellence in Developmental Disabilities for the State of Illinois.*** Administration on Developmental Disabilities: \$694,400 to direct the Institute on Disability and Human Development. (Co-Principal Investigator). 7-1-2001 to 6-30-2003.

***Exercise Adherence among Adults with Down Syndrome.*** National Institute on Aging: \$465,236 to direct a study of models for promoting exercise adherence among adults with Down syndrome (Principal Investigator). 9-15-98 to 6-30-2003.

***Advanced Training for Disability and Rehabilitation Scholars.*** National Institute on Disability and Rehabilitation Research: \$750,000 to establish a post-doctorate program in Disability Studies (Principal Investigator). 4-1-2000 to 4-1-2005.

***Family Leadership and Family Support Systems Change Project.*** Subcontract from Administration on Developmental Disabilities grant to the Illinois Department of Human Services : \$99,709 to direct the research and evaluation of Illinois' developmental disabilities family support programs. (Principal Investigator). 10-1-99 to 2-30-00.

***Home-Based Support Services Training.*** Illinois Department of Human Services: \$19,948 to conduct training for the Home Based Support Services Program. (Principal Investigator) 7-15-99 to 10-15-99.

***Health Status Survey of Primary Caregivers.*** University of Illinois College of Nursing Internal Research Support Program: \$5,188 to study the health impact of caregiving on parents of adults with mental retardation. (Co-investigator with Shu-Pi Chen as Principal Investigator). 6-22-98 to 6-22-99.

***Rehabilitation Research and Training Center on Aging with Mental Retardation (RRTC).*** National Institute for Disability and Rehabilitation Research: \$2,991,729 to direct a research and training center on aging with mental retardation, (Principal Investigator starting 10-1-94, previously Co-Principal Investigator/Director). 10-1-93 to 9-31-98.

***Mentor of Mentors Project.*** Office of Special Education and Rehabilitation Services: \$343,737 to conduct an outreach project on transition for students with a disability (Principal Investigator). (Additional \$20,000 from the Transition Consortium to provide consumer stipends.) 10-1-97 to 9-31-99.

**Center on Self-Determination.** Subcontract from the Administration on Developmental Disabilities subcontract to the Oregon Health Sciences University. \$86,706 to provide self-advocacy technical assistance (Principal Investigator). 10-1-97 to 9-30-2001.

**Evaluation of the Project Incorporating Independent Living Philosophy into Home Health Agencies.** Subcontract from the Robert Wood Johnson Foundation to Progress Center for Independent Living: \$17,499 to evaluate a consumer choice project integrating aging and disability networks (Principal Investigator). 7-1-97 to 6-30-99.

**Self-Advocacy Leadership Training.** Massachusetts Department of Mental Retardation: \$14,085 to conduct technical assistance and leadership training in self-advocacy. 1-1-96 to 6-30-97.

**Impact of Person-Centered Later Life Planning Training Program for Older Adults with Mental Retardation.** National Institute on Disability and Rehabilitation Research: \$106,500 (funded through RRTC) to examine the effectiveness of a later life planning intervention program for adults with mental retardation (Principal Investigator). 10-1-93 to 9-30-95.

**Effectiveness of Assistive Technology for People with Developmental Disabilities who are Aging.** Illinois Planning Council on Developmental Disabilities: \$40,000 to assess effectiveness of assistive technology for older adults with developmental disabilities (Principal Investigator). 5-13-93 to 5-12-94.

**Family Support Groups: Factors Influencing Leadership, Participation, and Member Change Among Relatives.** Subcontract from National Institute for Disability and Rehabilitation Research grant to Thresholds National Research and Training Center on Rehabilitation and Mental Illness: \$161,200 to study the impact and process of Chicago Area National Alliance for Mentally Ill support groups (Principal Investigator). 1-01-92 to 6-30-95.

**Innovative Internetwork Service Models Serving Older Adults with Developmental Disabilities and Older Family Caregivers.** Administration on Aging: \$198,000 to develop and evaluate internet work models in the aging developmental disabilities service networks (Co-Principal Investigator). 10-1-93 to 9-30-95.

**Multicultural Project: Training Families and Service Providers in Futures Planning and Advocacy.** National Institute on Disability and Rehabilitation Research: \$75,000 (funded through the RRTC) to direct a project on cultural diversity and families' long-term planning (Principal Investigator). 10-1-94 to 9-30-97.

**Transition Out of Nursing Homes for Residents with Mental Retardation, Cerebral Palsy, and Epilepsy.** National Institute on Disability and Rehabilitation Research: \$150,000 (funded through the RRTC) to study the impact of movement out of nursing homes for residents with developmental disabilities (Principal Investigator). 10-1-95 to 9-31-98.

**Pre-Workshop on Aging and Mental Retardation.** Supplemental grant to the Rehabilitation Research and Training Center on Mental Retardation, National Institute on Disability and Rehabilitation Research: \$12,000 to develop a pre-conference on aging and mental retardation at the Annual American Society on Aging Meeting (Principal Investigator). 10-1-93 to 9-30-94.

**Partners in Developing Rehabilitation Researchers.** Supplemental grant to the Rehabilitation Research and Training Center on Aging with Mental Retardation, National Institute on Disability and Rehabilitation



Research: \$350,000 to provide technical assistance to a historical black college on developing rehabilitation researchers (Principal Investigator). 10-1-93 to 9-30-98.

***Self-Advocacy Project.*** Supplemental grant to the Rehabilitation Research and Training Center on Aging with Mental Retardation, National Institute on Disability and Rehabilitation Research: \$34,999 to conduct research on involvement of self-advocates in research and co-sponsor a national self-advocacy conference (Principal Investigator). 5-1-94 to 9-30-94.

***Evaluation of Illinois Home Based Support Services Family Program.*** Illinois Department of Mental Health and Developmental Disabilities: \$120,675, \$125,086 and \$21,814 to assess the effectiveness of a family support initiative for adults with mental and developmental disabilities and to provide training (Principal Investigator). 4-15-94 to 9-30-94, 2-1-95 to 8-1-95, 5-1-96 to 9-30-96.

***Illinois Geriatric Education Center.*** Bureau of Health Professions: \$924,027 to train faculty and practitioners on health care issues for older adults. (Principal Investigator). 8-1-94 to 9-30-96.

***Multicultural Differences in Lifestyle Patterns and Later Life Plans among Older Adults with Mental Retardation and Their Families.*** Supplemental grant to the Rehabilitation Research and Training Center on Aging with Mental Retardation, National Institute on Disability and Rehabilitation Research. \$44, 730 to study lifestyle differences among older adults with mental retardation in diverse racial/ethnic groups (Principal Investigator). 10-1-94 to 9-30-95.

***Clinical and Family Initiative.*** Illinois Department of Mental Health and Developmental Disabilities: \$809,044 per year to provide diagnostic and evaluation services and family support to persons with disabilities (Project Director). Project to improve and expedite services for families. Illinois Department of Mental Health and Developmental Disabilities: \$40,648 to provide training and technical assistance to families and providers in family support programs (Principal Investigator). 7-1-92 to 11-1-93.

***Evaluation of the Home-Based Services Family Support Program.*** Illinois Department of Mental Health and Developmental Disabilities/ Illinois Planning Council on Developmental Disabilities: \$122,697 to evaluate family outcomes and implementation of family support legislation for adults with mental and developmental disabilities (Principal Investigator and Co-Principal Investigator). 6-15-93 to 9-30-93.

***Integrated Day Care Project.*** Subcontract from Illinois Planning Council on Developmental Disabilities grant: \$10,000 to provide technical assistance, needs assessment, and evaluation for integrated day care project (Principal Investigator). 4-01-91 to 4-30-93.

***Transition for Older Adults with Developmental Disabilities: Facilitating Family and Resident Adjustment.*** National Institute for Disability and Rehabilitation Research: \$237,000 to study the effects of residential transitions on older family caregivers and on residents with developmental disabilities, as a result of the OBRA 1987 legislation regarding nursing home transfers (Principal Investigator). 7-1-88 to 6-30-93.

***Domestic Cycle of Families with Mentally Retarded Offspring.*** National Institutes of Child Health and Human Development: \$850,000 to investigate family adaptation to a member with mental retardation throughout the life span (Co-Principal Investigator). 4-1-87 to 3-31-90.

***Development of a Transition Plan for Developmentally Disabled Persons Residing in the Natural Home with Elderly Parents.*** Illinois Planning Council on Developmental Disabilities: \$50,000 to develop a transition plan for adults with developmental disabilities living with elderly parents (Principal Investigator). 5-1-86 to 5-30-87.

***Special Project on the Closure or Phase down of Residential Institutions Serving HDS Target Populations.*** Office of Human Developmental Services: \$164,872 to identify and monitor closures nationally and to provide technical assistance to closing facilities (Co-Principal Investigator). 9-1-83 to 12-30-84.

***Illinois Closure Project.*** Illinois Department of Mental Health and Developmental Disabilities: \$80,000 for research and policy analysis project on the effects of facility closures on employees, families, residents, and communities (Co-Principal Investigator). 10-1-82 to 2-15-85.

***Title XX Training Project.*** Illinois Department of Public Aid: \$241,000 to develop training packages and conduct workshops state-wide in behavior analysis and in social and vocational training (Principal Investigator). 1-22-81 to 9-30-82.

***Longitudinal Research on Congregate Senior Public Housing.*** Retirement Research Foundation (MacArthur Foundation): \$100,000 for research and policy analysis project on the effectiveness of a congregate housing model for frail elderly residents of senior public housing (Co-Investigator/Project Director). 9-1-81 to 2-15-85.

### III. REPRESENTATIVE PRESENTATIONS

#### Presentation Summary

<u>Format</u>	<u>Number</u>
Conventions	
International	78
National	189
State/Regional	29
Invited Lectures at Universities	29
Media Interviews	4
Topical Conferences	<u>103</u>
Total	432

#### PRESENTATION HISTORY

Fox, S., Heller, T., Perkins, L., & Shirai, Y. *Aging: Caregiver supports/ACL/technology*. Invited panelist. 2016 Association of University Centers on Disabilities annual conference. Washington, DC, December 4, 2016.

Heller, T. *Bridging aging and intellectual and developmental disabilities in research, policy, and practice*. 2016 Gerontological Society of America annual scientific meeting. New Orleans, LA, November 19, 2016.

Heller, T., Owen, R., & Crabb, C. *Impact of family involvement on health and LTSS appraisals in managed care*. 2016 Gerontological Society of America annual scientific meeting. New Orleans, LA, November 17, 2016.

Nalder, E., Putnam, M., Heller, T., Colantonio, A., & Snedaker. *Bridging aging and disability: Implications for rehabilitation research, policy, and practice*. 2016 American Congress of Rehabilitation Medicine annual conference. Chicago, IL, November 4, 2016.

Yamaki, K., Wing, C., Mitchell, D., Owen, R., & Heller, T. *How does managed care model affect health service utilization among Medicaid beneficiaries with intellectual/developmental disabilities? Evidence from Illinois*. 2016 American Public Health Association annual meeting, Denver, CO, November 1, 2016.

Bowers, A., Crabb, C., Owen, R., & Heller, T. *Experiences of Medicaid enrollees with disabilities in the transition to managed care: Qualitative analysis of consumer survey responses*. 2016 American Public Health Association annual meeting, Denver, CO, November 1, 2016.

Crabb, C., Bowers, A., Owen, R., & Heller, T. *Appraisal of Personal Support Workers by Medicaid Managed Care Enrollees Aging with Disabilities*. 2016 American Public Health Association annual meeting, Denver, CO, October 31, 2016.

Heller, T. *Health and wellness*. Invited panelist. 16<sup>th</sup> Annual Coleman Institute Conference on Cognitive Disability and Technology. University of Colorado, Broomfield, CO, October 6, 2016.

Heller, T. *Bridging aging and intellectual and developmental disabilities in research, policy, and practice*. Invited plenary. International Association for the Study of Intellectual and Developmental Disabilities. Melbourne, Australia, August 16, 2016.

Heller, T. *Ethics in aging and intellectual disabilities*. Invited keynote. University of Sydney, Sydney, Australia, August 12, 2016.

Heller, T. & Owen, R. *The experience of people with intellectual and developmental disabilities (IDD) and their families in managed healthcare*. Fujiura, G. & Heller, T. *Health Outcomes Matter: Cutting through the Rhetoric to Examine Costs, Access and Community Based Health Promotion Cutting through the Rhetoric – to Overall Quality?* Education and Orientation to Specialty Population Webinar Series, Anthem, June 24, 2016.

Heller, T. *Health and long-term services and supports for adults with IDD*. Caregiving: The Politics, Ethics, and Realities of Long Term Care Forum, Health and Medicine Policy Research Forum Group, Chicago, IL, June 23, 2016.

Shaffert, R., Heller, T., Julian, D., & Katz, M. *Got plan? Supporting aging caregivers and adults with IDD to plan for the future*. Post Conference Workshop. American Association on Intellectual and Developmental Disabilities annual meeting, Atlanta, GA, June 9, 2016.

Williamson, H., Owen, R., Heller, T., Yamaki, K., & Crabb, C. *Medicaid Managed Care and implications for practice and policy*. American Association on Intellectual and Developmental Disabilities annual meeting, Atlanta, GA, June 7, 2016.

Van Heumen, L., Heller, T., Xiong, S., Wei, Y., & Lee, M. *Impact of the Ligas consent decree in Illinois on individuals with I/DD moving off the waiting list for community based services*. American Association on Intellectual and Developmental Disabilities annual meeting, Atlanta, GA, June 7, 2016.

Owen, R., Heller, T., & Crabb, C. *Impact of family involvement on health and long-term services and supports of people with disabilities*. NARRTC. Washington, DC, May 5, 2016.

Heller, T. & Owen, R. *The experience of people with IDD and their families in managed healthcare*. ANCOR, Chicago, IL, May 3, 2016.

Heller, T. *Impact of family involvement on health and long-term services and supports of people with disabilities*. 7<sup>th</sup> Intercontinental Convention on Psychology, Havana, Cuba, May 11, 2016.

Heller, T. & Owen, R. *The experience of people with intellectual and developmental disabilities (IDD) and their families in managed healthcare*. ANCOR Annual Meeting, Chicago, IL, May 3, 2016.

Heller, T. *Bridging aging and intellectual/developmental disabilities in a new policy, research, and practice paradigm*. American Society on Aging Roundtable, Chicago, IL, April 29, 2016.

Heller, T. *Evaluation of the closure of the Jacksonville Developmental Center*. Panelist on The Research, Politics, and Planning for Closing State Operated Developmental Centers presentation, The ARC of Illinois Annual Meeting, Lisle, IL, April 21, 2016.

Heller, T. *Family support interventions for families of individuals with intellectual disabilities*. Singapore Down Syndrome Association National Seminar, Singapore, March 19, 2016.

Heller, T. *Bridging aging and disabilities in research, policy, and practice*. Social Services Institute, Singapore, March 18, 2016

Heller, T. & Owen, R. *The experience of and outcomes for people with intellectual and developmental disabilities (IDD) and their families in managed health care: Lessons learned*. RRTCDD 2016 Health and Wellness Webinar Series, Chicago, IL, The Arc and the Rehabilitation Research and Training Center on Developmental Disabilities and Health, Department of Disability and Human Development, University of Illinois at Chicago, February 18, 2016.

Heller, T. *Bridging aging and intellectual/disabilities in research, policy, and practice*. Bridging Aging and Disability International Networks (BADIN) Meeting, University of Toronto, Toronto, Canada, January 22, 2016.

Campbell, M. & Heller, T. *Building capacity and driving change by bridging aging and disability research, policy and practice*. 2015 Annual Conference of the Association of University Centers on Disabilities, Washington, DC, November 17, 2015.

Hewitt, A., Barkoff, A., Heller, T., Imperato, A., & Ward, N. *Findings of the 2015 national goals in research, practice, and policy working meeting*. 2015 Annual Conference of the Association of University Centers on Disabilities, Washington, DC, November 17, 2015.

\*Owen, R., Crabb, C., Bowers, A., & Heller, T. *Longitudinal analysis of change in unmet medical needs: The role of Medicaid Managed Care*. 2015 Annual Meeting of the American Public Health Association. Chicago, IL, November 3, 2015.

\*Bowers, A., Owen, R., & Heller, T. *Impact of care coordination on unmet medical needs and health service appraisal on people with mental health disabilities in Medicaid Managed Care*. 2015 Annual Meeting of the American Public Health Association. Chicago, IL, November 2, 2015.

\*Eisenberg, Y., Mitchell, D., Yamaki, K., Wing, C., Heller, T., & Owen, R. *Impact of Medicaid Managed Care Program on the state cost and medical care expenditures: Evidence from a pilot program in Illinois*. 2015 Annual Meeting of the American Public Health Association. Chicago, IL, November 2, 2015.

\*Wing, C., Yamaki, K., Mitchell, D., Owen, R., & Heller, T. *Impact of Medicaid Managed Care Program on the state cost and medical care expenditures: Evidence from a pilot program in Illinois*. 2015 Annual Meeting of the American Public Health Association. Chicago, IL, November 2, 2015.

\*Owen, R., Heller, T., Mitchell, D., & Bowers, A. *Implementation of Medicaid Managed Care: Lessons learned*. 2015 Annual Meeting of the American Public Health Association. Chicago, IL, November 1, 2015.

Heller, T. *Supporting aging well: Challenges and opportunities of the longevity revolution among adults with intellectual and developmental disabilities and their families*. Invited plenary speaker, Health and Wellbeing in Developmental Disabilities: Engaging Health Care Professions, 2015 Conference, University of Toronto, Toronto, Canada, October 27, 2015.

Heller, T. *Health promotion interventions: Translating research to action*. Invited workshop. Health and Wellbeing in Developmental Disabilities: Engaging Health Care Professions, 2015 Conference,

University of Toronto, Toronto, Canada, October 27, 2015.

Nygren, M., Hewitt, A., Lulinski, A., & Heller, T. *Findings of the 2015 National Goals in Research, Practice, and Policy Working Meeting*. The 15<sup>th</sup> Annual Coleman Institute Conference on Cognitive Disability and Technology, Broomfield, CO, October 15, 2015.

Heller, T., *Future planning training for staff of The Arc*. The Arc of the US 2015 National Convention, Indianapolis, IN, October 4, 2015.

Hewitt, A., Heller, T., & Lulinski, A. *Findings of the 2015 National Goals in Research, Practice, and Policy Working Meeting*. The Arc of the US 2015 National Convention, Indianapolis, IN, October 4, 2015.

Heller, T. *National Goals in Research, Practice, and Policy: Health and Wellness*, video presentation, Rehabilitation Research and Training Center (RRTC) on Developmental Disabilities and Health, RRTC on Community Living, The Arc of the US, American Association on Intellectual and Developmental Disabilities, and Association of University Centers on Disabilities, Washington, DC, August 6 and 7, 2015.

Heller, T., Owen, R., & Crabb, C. *The impact of family involvement in healthcare decisions for people with IDD enrolled in Medicaid Managed Care*. Global Summit on Innovations in Health and IDD, 2015 American Academy of Developmental Medicine and Dentistry Conference, Los Angeles, CA, July 28, 2015.

Heller, T. Physical activity and nutrition health promotion interventions for adults with developmental disabilities: Translating research to practice in the community. Invited keynote, G. Lawrence Rarick Memorial Lecture, The 20<sup>th</sup> International Symposium on Adapted Physical Activity, Netanya, Israel, June 15, 2015.

Heller, T. Supporting adults aging with developmental disabilities and their families. The 20<sup>th</sup> International Symposium on Adapted Physical Activity, Netanya, Israel, June 15, 2015.

Heller, T., Owen, R., & Crabb, C. *How are families involved in care for people with IDD enrolled in MMC?* Poster presentation, American Association on Intellectual and Developmental Disabilities annual meeting, Louisville, KY, June 2, 2015.

Heller, T., Schmidt, A., Owen, R., & Gibbons, H. *Perceptions on health and health care of people with IDD enrolled in Medicaid Managed Care*. Poster presentation, American Association on Intellectual and Developmental Disabilities annual meeting, Louisville, KY, June 2, 2015.

Heller, T., Owen, R., & Schmidt, A. *Perceptions of adults with IDD and their families on health care of people with IDD and the transition to Medicaid Managed Care*. NARRTC Annual Conference, Alexandria, VA, April 29, 2015.

Heller, T. *Managed long-term services and supports and family caregiving*. Invited plenary to an Innovation Roundtable, American Association of Retired Persons, Washington, DC, April 28, 2015.

Heller, T. *Plenary Speaker (8 panels)*. The Conference on World Affairs at the University of Colorado Boulder, Boulder, CO, April 6-10, 2015.

Heller, T. *Beyond disability*. Interviewed on Metro, a program of KGNU radio (Boulder, CO). as part of the Conference on World Affairs at the University of Colorado Boulder, Boulder, CO, April 8, 2015.

Heller, T. *Supporting families of adults aging with developmental disabilities*. Invited presentation for the Caregiving Coalitions Conference, Underserved Caregivers: Supporting Special Populations, American Society on Aging, Chicago, IL, March 24, 2015.

Heller, T. *Supporting adults aging with autism and related developmental disabilities and their families*. Oakland University Center for Autism—OUCARES On My Own, Oakland, MI, March 19, 2015.

Heller, T. *Health promotion for adults aging with developmental disabilities*. Invited lecture, KN 594: Physical Activity Interventions in Diverse Populations. University of Illinois at Chicago, March 16, 2015.

Heller, T. *Self-determination and aging of people with IDD*. Invited lecture, DHD 592: Graduate Seminar in Disability Studies, University of Illinois at Chicago, February 23, 2015.

Heller, T. *Family futures planning*. Innovations in Family Support Webinar. January 22, 2015.

Heller, T. *Person centered planning*. Center for Future Planning Webinar. November 18, 2014.

Yamaki, K., Owen, R., Mitchell, D., & Heller, T. *Use of preventive health services among Medicaid members with intellectual and developmental disabilities: Analysis of state Medicaid claims data*. Poster presented at the American Public Health Association 142nd Annual Meeting, New Orleans, LA, November 17, 2014.

Heller, T. *Family and individual perspectives on health and long-term services and supports reforms*. Association of University Centers on Disabilities annual meeting, Washington, DC, November 9, 2014.

Heller, T. *Challenges and opportunities for conducting RCTs and promoting implementation and dissemination for people aging with developmental disabilities*. Knowledge Translation in the Area of Aging and Long-Term Disability and Long-Term Services and Supports, Gerontological Society of America Pre-conference Meeting (invited). Washington, DC, November 5, 2014.

Heller, T. *Chicago Forum for Justice in Health Policy: People with developmental disabilities and managed care*. Health and Medicine Policy Research Group. Chicago, IL, October 30, 2014.

Heller, T. *Bridging aging and developmental disabilities in health and long term services*. North Shore Senior Center, Evanston, IL, August 26, 2014.

Heller, T. *New and emerging research and career opportunities in disability*. National Institute on Disability and Rehabilitation Research Advanced Rehabilitation Research Training and Switzer Fellowship Summit (invited). Washington, DC, July 28, 2014.

Heller, T. & Owen, R. *Research on implementation of and integrated health and long term services and supports in Illinois*. American Association on Intellectual and Developmental Disabilities Annual Meeting, Orlando, FL, June 25, 2014.

Heller, T. *Bridging aging and developmental disabilities in health and long-term services and supports*. YAI International Conference, Designing the Future for People with Disabilities, New York, NY, May 1, 2014.

Heller, T. *Special Session for Family Caregivers*. YAI International Conference, Designing the Future

for People with Disabilities, New York, NY, April 30, 2014.

Heller, T., Owen, R., Wing, C., Yamaki, K. & Eisenberg, Y. *Measuring the impact of Medicaid Managed Care on medical utilization and costs*. National Association of Rehabilitation Research and Training Centers 2014 Conference and Annual Meeting, Alexandria, VA, April 25, 2014.

Owen, R. & Heller, T. *Enrollee surveys, healthcare services temperature, and the impact of Medicaid Managed Care on people with disabilities*. National Association of Rehabilitation Research and Training Centers 2014 Conference and Annual Meeting, Alexandria, VA, April 24, 2014.

Heller, T. *Bridging aging and disability research: Health promotion, family caregiving, and access to health and long term services and supports*. Northern Illinois University, Dekalb, IL, April 23, 2014.

Heller, T. *Bridging the networks of aging and developmental disabilities research: A focus on health promotion and family support interventions*. University of Southern Florida, Tampa FL, April 3, 2014.

Heller, T. *Supporting families of adults aging with developmental disabilities*. Dortmund University, Dortmund, Germany, March 21, 2014.

Heller, T. *Issues in developing disability degree granting programs*. Association of University Centers on Disability UCEDD Directors Meeting, Washington, DC, March 19, 2014.

Heller, T. & Peters-Beumer, L. *Aging in community*, Aging and Disability Peer Group, 2014 American Society on Aging 2014 Aging in America Conference, San Diego, CA, March 13, 2014.

T. Heller. *Self-determination and aging*. Twelfth Annual QIDP Leadership Conference, The Arc of Illinois, Alsip, IL, January 28, 2014.

Heller, T. & Fisher, D. *Family support interventions: Crossing networks of aging and developmental disabilities*. Gerontological Society of America Annual Scientific Meeting, New Orleans, LA, November 24, 2013.

Heller, T. & Owen, R. *Bridging aging and disability in managed care*. Gerontological Society of America Annual Scientific Meeting, New Orleans, LA, November 22, 2013.

Heller, T. & Owen, R. *Health care access and satisfaction: Adults with disabilities on Medicaid Managed Care*. American Public Health Association Annual Meeting, Boston, MA, November 5, 2013.

Heller, T. & Hsieh, K. *Determinants of health status and body mass index of adults with developmental disabilities*. American Public Health Association Annual Meeting, Boston, MA, November 3, 2013.

Heller, T. *Aging caregivers: Supporting families of adults with developmental disabilities*. Mosaic Leadership Conference, Omaha, Nebraska, October 23, 2013.

Heller, T., Mathis, B., & Bishop, K. *Measuring HCBS Quality in Managed Long Term Services and Supports Programs*. Webinar, Council for Quality Leadership, September, 27, 2013.

Heller, T. *The state of the science in intellectual/developmental disabilities: family supports, siblings, health and wellness, and community supports*. Bethesda Institute Leadership Retreat, Bethesda Lutheran Communities, Watertown, WI: September 11, 2013.



Heller, T. *Community agencies to address dual diagnosis*. Health and Intellectual Disability Symposium and Seminar Series, Centre for Research into Disability and Society, Curtin University, Bentley Western Australia, August 7, 2013.

Heller, T. *Research into health promotion for people with intellectual disabilities*. Health and Intellectual Disability Symposium and Seminar Series, Centre for Research into Disability and Society, Curtin University, Bentley Western Australia, August 6, 2013.

Heller, T. *The Longitudinal Health and Intellectual Disability Survey (USA)*. Health and Intellectual Disability Symposium and Seminar Series, Centre for Research into Disability and Society, Curtin University, Bentley Western Australia, August 5, 2013.

Heller, T. *Self-determination, aging, and family supports*. Nancy Lurie Marks Family Foundation Summer Institute, Brandeis University, Waltham, MA, July 25, 2013.

Heller, T. *Promoting aging well with Autism*. Nisonger Autism Institute, The Ohio State University, Columbus, OH, June, 25, 2013.

Heller, T. *Sibling research*. National Sibling Leadership Conference, AAIDD post-conference, Pittsburgh, PA, June 6, 2013.

Heller, T., & Wehmeyer, M. *IASSID Symposium: Research and practice in aging and positive psychology across the world*. AAIDD Annual Conference, Pittsburgh, PA, June 3, 2013.

Heller, T., Fujiura, G. & Marks, B. *Findings and lessons learned from NIDRR-funded supplement grant on aging with developmental disabilities*. National Institute on Disability and Rehabilitation Research, U.S. Department of Education, Washington, DC, June 7, 2013.

Heller, T. & Factor, A. *Aging and developmental disabilities preconference*, 2013 Rehabilitation and Transition Conference, Elkhart Lake, WI, April 11, 2013.

Heller, T. *International disability collaborations*, Association of University Centers on Disabilities webinar, Washington, D.C. March 1, 2013.

Heller, T. *Person-centered planning and self-determination in service provision for people with disabilities*. Colbert Training for Case Coordinators, Illinois Health and Family Services. Chicago, February 8, 2013.

Heller, T. *Aging and developmental disabilities: Promising practices and policies*. University of Cincinnati, Cincinnati, Ohio, January 22, 2013.

Heller, T., Mitchell, D., Owen, R., Keys, C., Viola, J., & Balcazar, F. *Evaluation of the Integrated Care Program*, Illinois Health and Family Service Stakeholders Meeting, Chicago, IL, December, 20, 2012.

Heller, T. & Hsieh, K. *Health disparities among adults with developmental disabilities*. National Institutes of Health, Science of Eliminating Health Disparities Summit. Washington, D.C., December 17, 2012.

Heller, T. *Medicaid managed care experience in Illinois' Integrated Care Program*. Governor's

Conference on Aging, Chicago, December 13, 2012.

Heller, T. *Self-determination and aging*. Training symposium at the annual meeting of the Association of University Centers on Disabilities, Washington, D.C., December 3, 2012.

Heller, T. *Bridging aging and disability in managed care*. Annual meeting of the Association of University Centers on Disabilities, Washington, D.C., December 3, 2012.

Heller, T., Fisher, D., Marks, B., & Hsieh, K. *The nexus of aging and disability: Health promotion intervention for people with developmental disabilities and older adults*. Annual Meeting of the Gerontological Society of America, San Diego, November 18, 2012.

Heller, T. *The Illinois Integrated Care Program Evaluation*. Institute on Public Policy for People with Disabilities, Pontiac, IL, November 14, 2012.

Heller, T. *Aging caregivers: Supporting families of adults with developmental disabilities in the Jewish community*. General Assembly of the Jewish Federation, Baltimore, November 13, 2012.

Heller, T. *Aging and disability: A life course approach*. State of the states in technology and disability. Coleman Conference, Westminster, CO, November 2, 2012.

Heller, T., Owen, R., & Garate, T. *Health care access among adults with disabilities on Medicaid*. Annual Meeting of the American Public Health Association, San Francisco, October 29, 2012.

Heller, T., Fisher, D., Marks, B., & Hsieh, K. *Interventions to promote health of adults aging with disabilities and their families*. State of Science Conference of the Rehabilitation Research Engineering Center for Technologies for Successful Aging with Disability. Los Angeles, October 25, 2012.

Heller, T. *Transitions from parents to siblings*. Special Olympics Family Conference, Downers Grove, IL, October 13, 2012.

Heller, T. *Disability through the life course*. Invited speaker, Trinity College, Dublin, Ireland, October 3, 2012.

Heller, T. *Aging well with autism spectrum disorder*. Living with Autism in Adulthood Conference. Lurie Institute for Disability Policy, Brandeis University, July 19, 2012.

Heller, T. *Support for siblings of adults with developmental disabilities*. State of Science Conference on Community Living. Halifax, Canada, July 13, 2012.

Heller, T. *Opportunities in Partnerships between the Aging and Disability Communities*. Association of University Centers on Disability Directors Meeting, Washington, DC, June 13, 2012.

Heller, T. *Aging Well: Providing Healthy Support Services for People with Developmental Disabilities and Their Families*. The Association of Community Professionals and Nebraska APSE, Network on Employment 2012 Spring Conference, North Platte, NE, May 21, 2012 and Lincoln, NE, May 22, 2012.

Heller, T., Fisher, D., Marks, B., & Hsieh, K. *Interventions to Promote Health: Crossing Networks of*

*Developmental Disabilities and Aging*. Invited speaker, Aging with Disability: Demographic, Social and Policy Considerations Conference. Sponsored by the Administration for Community Living, U.S. Department of Health and Human Services, National Institute on Aging at the National Institutes of Health and the U.S. Department of Education. Co-sponsored by the Interagency Committee on Disability Research, May 17, 2012.

Heller, T. & Arnold, K. *Self-Directed Supports: Impact and Experiences of Families and Adults with I/DD Webinar*. Chicago, IL April 25, 2012.

Heller, T., Yamaki, K., Davis Lowry, B. *Obesity in Children with Disabilities*. Quarterly Meeting of the Consortium to Lower Obesity in Chicago Children, Chicago, IL, March 21, 2012.

Heller, T. *Aging and Developmental Disabilities*. Yachad Annual Retreat, Northbrook, IL, March, 2012.

Heller, T. *Disability Through the Life Course*. University of Chicago, Department of Developmental and Behavioral Pediatrics, Chicago, IL, January 4, 2012.

Heller, T., Arnold, K., van Heumen, L., McBride, E., & Factor, A. *Self-Directed Supports: Impact and Experiences of Families and Adults with I/DD*. Annual Meeting of the Association of University Centers on Disability, Arlington, VA, November 8, 2011.

Heller, T., Coulter, A., & Arnold, K. *Siblings: Tomorrow's Advocates*. Annual Meeting of the Association of University Centers on Disability, Washington, DC, November 8, 2011.

Heller, T. *Assistance and Support*. US Launch and Symposium on the World Report on Disability. Washington, DC, September 13, 2011.

Heller, T., Arnold, K., van Heumen, L., McBride, E., & Factor, A. *Self-Directed Supports Among Adults Aging with I/DD and Their Families*. International Association for the Scientific Study of Intellectual Disabilities's Special Interest Research Group on Aging and Intellectual Disabilities 2011 Round Table Conference. Dublin, Ireland, September 8, 2011.

Heller, T. *Consumer-directed support: Impact of hiring practices on families of adults with I/DD*. Festival of International Conferences on Caregiving, Disability, Aging and Technology, Toronto, Canada, June 6, 2011.

Heller, T., van Heumen, L., Caldwell, K., McBride, E., Arnold, K., & Factor, A. *Consumer-directed support: Impact of hiring practices on families of adults with I/DD*. Lifespan health and function of adults with intellectual and developmental disabilities: Translating research into practice. State of the Science Conference, Washington, DC, May 26, 2011.

Heller, T., van Heumen, L., Caldwell, K., McBride, E., Arnold, K., & Factor, A. *Consumer-directed support: Impact of hiring practices on families of adults with I/DD*. Annual Meeting of the Association of University Centers on Disability, Crystal City, VA, November 2, 2010.

Heller, T., van Heumen, L., Caldwell, K., McBride, E., Arnold, K., & Factor, A., *Consumer-directed support: Impact of hiring practices on families of adults with I/DD*. Third International Association for the Scientific Study of Intellectual Disabilities Europe Congress, Rome, Italy, October 21, 2010.

Heller, T. Gearing health and community care service systems to support active ageing in people with ID. Active Ageing for People with Intellectual Disability, Joint Roundtable of the Ageing and Health Issues Special Interest Research Groups of the International Association for the Scientific Study of Intellectual Disability, Monash University, Prato, Italy, October 18, 2010.

Starks, J., Heller, T., Dijker, M., Libin, A., Heinemann, A. & Bushnik, T. *Assessing the quality and applicability of systematic reviews – a systematic approach*. Symposium presentation, National Association Rehabilitation Research and Training Centers Annual Conference, Alexandria, VA, May 4, 2010.

Heller, T. *Best practices in aging and developmental disabilities*. Invited lunch keynote address, Arc of Kentucky 55<sup>th</sup> Annual Conference: Best Practices for People with Intellectual and/or Developmental Disabilities, Louisville, KY, April 24, 2010.

Heller, T. *Supporting and engaging families of adults with developmental disabilities*. Invited workshop. Arc of Kentucky 55<sup>th</sup> Annual Conference: Best Practices for People with Intellectual and/or Developmental Disabilities, Louisville, KY, April 24, 2010.

Heller, T. *Aging well with intellectual disabilities: The next great challenge*. Invited keynote, Symposium about Aging Well. Amsterdam, Netherlands, April 8, 2010.

Heller, T. *Writing community based health promotion grants*. Special Olympics Grant Writing Workshop, Chicago, IL, March 25, 2010.

Heller, T. *Autism and Aging: Home and Community Based Care*. Autism and Aging Conference, University of North Carolina, Chapel Hill, NC, March 10, 2010.

Heller, T. *Supporting families in making future plans*. Symposium presentation, Seventh Annual Governmental Activities Symposium, Aging with Intellectual/Developmental Disabilities: Current Trends and Practices, The Council on Mental Retardation, Inc., Louisville, KY, December 3, 2009.

Heller, T. *Family support and planning for the future of adults with intellectual disabilities*. Tenth International Conference on Down Syndrome: Conquering dignity. Barcelona, Spain, November 12, 2009.

Heller, T. *Best practices in serving developmental disabilities*. Tenth International Conference on Down Syndrome: Conquering dignity. Barcelona, Spain, November 12, 2009.

Heller, T. *New approaches to aging and cognitive disabilities*. Presentation, Ninth Annual Coleman Institute Conference: Cognitive Disability, Inequality and Technology in an Age of Economic Uncertainty, University of Colorado, Boulder, CO, November 5, 2009.

Heller, T. *Family support interventions for families of adults with intellectual and developmental disabilities*. Center for Research on Families and Relationships Third International Conference: Changing Families in a Changing World, SIRGAID Round Table, University of Edinburgh, September 24, 2009.

Heller, T. *Aging and intellectual disabilities*. Plenary presentation, The VII National Scientific Conference on Disabilities, Institute on Community Integration, University of Salamanca, Salamanca, Spain, March 18, 2009.

Heller, T. *Health of women with intellectual disabilities*. Presentation as part of the Aging, Gender

and Health Roundtable, VII National Scientific Conference on Disabilities, Institute on Community Integration, University of Salamanca, Salamanca, Spain, March 19, 2009.

Heller, T. *Healthy aging of adults with developmental disabilities*. Presentation, OPADD Symposium 2009—Inclusion Comes of Age, Ontario Partnership on Aging and Developmental Disabilities, Toronto, Ontario, Canada, March 10, 2009.

Heller, T. *Best practices in aging with developmental disabilities*. Plenary presentation, OPADD Symposium 2009—Inclusion Comes of Age, Ontario Partnership on Aging and Developmental Disabilities, Toronto, Ontario, Canada, March 10, 2009.

Heller, T. *Research involving siblings*. Presentation, Second Annual Sibling Leadership Network, Columbus, OH, November 7, 2008.

Hsieh, K., Yamaki, K., & Heller, T. *Modifiable risks of cardiovascular disease in adults with intellectual/developmental disabilities*. Presentation, American Public Health Association Annual Meeting, San Diego, CA, October 28, 2008.

Marks, B., Sisirak, J., Conti, D., & Heller, T. *Increasing health advocacy among health care providers who care for people with I/DD: Impact of a new curriculum*. Presentation, American Public Health Association Annual Meeting, San Diego, CA, October 28, 2008.

Yamaki, K., Hsieh, K., & Heller, T. *Health profile of female caregivers supporting adults with intellectual and developmental disabilities at home*. Presentation, American Public Health Association Annual Meeting, San Diego, CA, October 28, 2008.

Heller, T. *Aging family caregivers and siblings of adults with developmental disabilities*. Presentation, Baddour Center, Senatobia, MS, September 19, 2008.

Heller, T. *Aging with a developmental disability*. Presentation, Baddour Center, Senatobia, MS, September 19, 2008.

Heller, T. *Outcomes of the Sibling Leadership Network Conference*. Presentation, International Association for the Scientific Study of Intellectual Disability, Cape Town, South Africa, August 26, 2008.

Heller, T. & Keiling, C.A. *Review of the literature on sibling of adults with intellectual disabilities: The State of the Science*. Presentation, International Association for the Scientific Study of Intellectual Disability, Cape Town, South Africa, August 26, 2008.

Heller, T., Marks, B., Hsieh, K., Sisirak, J. & Rimmer, J.H. *Long-Term Outcomes of a Health Education and Exercise Program on Adults with Down Syndrome*. Presentation, International Association for the Scientific Study of Intellectual Disability, Cape Town, South Africa, August 27, 2008.

Heller, T. *Aging with a Developmental Disability*. University of Washington, Seattle, WA, July 23, 2008.

Heller, T. *Psychosocial Aspects and Technology Use for People with Intellectual Disabilities*. Keynote presentation, Perspectives of ICT Use in Special Education, Tubingen, Germany, June, 2008.

Heller, T. along with Harada, C., Dykens, E., Mersereau, D & Roswal, G. *Models of Collaboration*

*with Special Olympics: A Roundtable Discussion.* Invited panelist at the Next Generation of Research in Intellectual Disabilities: Charting the Course, Special Olympics Working Conference, Miami, FL, December 7, 2007.

Heller, T. & Kaiser, A. *Sibling Research Across the Lifespan.* Moderator, Sibling Leadership Network: Setting an Agenda for Advocacy, Research and Policy. AUCD Pre-Conference sponsored by the Rehabilitation Research and Training Center on Aging with Developmental Disabilities and the Vanderbilt Kennedy Center for Excellence in Developmental Disabilities, Washington, DC, November 9, 2007.

Heller, T. & Kaiser, A. *Welcome and Introductory Remarks.* Sibling Leadership Network: Setting an Agenda for Advocacy, Research and Policy. AUCD Pre-Conference sponsored by the Rehabilitation Research and Training Center on Aging with Developmental Disabilities and the Vanderbilt Kennedy Center for Excellence in Developmental Disabilities, Washington, DC, November 9, 2007.

Heller, T. *The Face of Cognitive Disabilities: Aging with Developmental Disabilities,* Rehabilitation Engineering Research Center on the Advancement of Cognitive Technologies State of the Science Conference, University of Colorado, Denver, CO, October 25, 2007.

Hamovitch, S., Heller, T., Mount, B. & Strickland, H. *How Sibling Supports Did (or Did Not) Help Me,* NYSARC 58<sup>th</sup> Annual Convention, Albany, NY, October 19, 2007.

Heller, T. *Growing Older with Developmental Disabilities: Supports for Healthy Community Living.* Invited keynote address at the Festival of International Conferences on Caregiving, Disability, Aging and Technology, 2007, Toronto, Ontario, June 18, 2007.

Heller, T. & Janicki, M. *State of the Science in Aging with Developmental Disabilities: Recommendations for Research and Policy.* Special Interest Group on Aging with ID Roundtable, International Association for the Scientific Study of Intellectual Disabilities, Oslo, Norway, June 1, 2007.

Heller, T. *Charting Lifespan Trajectories and Supportive Environments for Healthy Community Living (Keynote Address).* State of the Science in Aging with Developmental Disabilities Conference, Atlanta, GA, May 21, 2007.

Heller T. *Caregiving Roles and Supports.* State of the Science in Aging with Developmental Disabilities Conference, Atlanta, GA, May 21, 2007.

Heller, T. *Family Caregiving Policies and Practices.* Aging and Disability Conference, Gerontology Center, Syracuse, NY, May 5, 2007.

Heller, T. *Adult Siblings of Individuals with Developmental Disabilities and Future Planning.* Young Adult Institute, 28<sup>th</sup> Annual International Conference, New York, NY, May 1, 2007.

Heller, T. *Supporting Aging Caregivers, Siblings, and Adults with Developmental Disabilities in Person-Centered Planning.* Aging and Developmental Disability Conference, Welcome House, Inc., Cleveland, OH, April 26, 2007.

Heller, T. *Promoting Volunteer Activities Among Older Adults with Developmental Disabilities.* Webconference on Aging and DD, April 17, 2007.

Heller, T. *Aging Well with Developmental Disabilities (Keynote Address)*. Developmental Disabilities Health Care Update: Health Promotion Across the Lifespan, Seattle, Washington, March 23, 2007.

Heller, T. *Implementing Exercise and Nutrition Programs for Persons with Developmental Disabilities*. Developmental Disabilities Health Care Update: Health Promotion Across the Lifespan, Seattle, Washington, March 23, 2007.

Heller, T. *Promoting Healthy Aging for Adults with Developmental Disabilities*. Washington State Division of Developmental Disabilities, conducted trainings in Seattle, Olympia and Spokane, March 20, 21, and 22, 2007.

Heller, T. *Health Care for Adults with Developmental Disabilities: Addressing Disparities (Coleman Keynote Address)*. Interagency Action Seminar: Building a System of Healthcare for Adults with Developmental Disabilities, University of Colorado, Colorado Springs, CO, January 17, 2007.

Heller, T., Marks, B., Pastorfield, C., Sisirak, J., & Hsieh, K. *Outcomes of Five Community-Based Health Promotion Programs across the U.S. for Athletes with Intellectual Disabilities*. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA, November 8, 2006.

Heller, T. *Individuals with Disabilities, A Hands On Perspective: Creating Livable Communities and Influencing Life Choices*. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA, November 7, 2006.

Marks, B., Sisirak, J., & Heller, T. *Efficacy of a Train-the-Trainer Program to Improve Health Status for People with Intellectual and Developmental Disabilities*. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA, November 6, 2006.

Sisirak, J., Marks, B., & Heller, T. *Learning Through Pictures: Nutrition and Physical Activity Health Literacy Intervention for Adults with I/DD*. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA, November 7, 2006.

Heller, T. *Family Support for Latino Families*, Community Support Services Board Presentation, Brookfield, IL, October 17, 2006.

Heller, T. *Health Issues for Adults with Developmental Disabilities*. Second Annual State-wide Transition Conference, Downers Grove, IL, October 16, 2006.

Heller, T., *The Role of Siblings in Future Planning*. The Arc of the United States Annual Conference, San Diego, CA, October 11, 2006.

Heller, T. *Who Will Take Care of Ray? Family Caregiving and Planning for the Future*, The Elizabeth M. Boggs Center on Developmental Disabilities Lecture Series, Robert Wood Johnson Medical School, University of Medicine and Dentistry of New Jersey, Iselin, NJ, October 6, 2006.

Heller, T. *Research into the Effect of Exercise on the Health of People with Intellectual Disabilities*, Sports, Exercise and Intellectual Disability, Royal College of Medicine, London, UK, September 28, 2006.

Heller, T. *Health of Caregivers of Adults with Developmental Disabilities*, Caregiver Health as a Public Health Issue, Washington, DC, September 26, 2006.

Heller, T. *Promoting Healthy Aging for Adults with Developmental Disabilities*, Rehabilitation for Wisconsin, It's a Wonderful Life Aging with Developmental Disabilities, Waukesha, WI, September 15, 2006.

Heller, T. *Family Caregiving and Future Planning: "The Future is Now"*, Rehabilitation for Wisconsin, It's a Wonderful Life Aging with Developmental Disabilities, Waukesha, WI, September 15, 2006.

Heller, T. Involvement of Adults Siblings in Future Planning, Vanderbilt Kennedy Center Special Lecture of Family Research, Nashville, TN, September 13, 2006.

Heller, T. Aging with Developmental Disabilities—Making the Transition to Primary Caregiver. Northern Illinois Adult Sibling Conference, McHenry, IL, September 9, 2006.

Heller, T. *Consumers and Family: Meeting the Needs of People Aging with Developmental Disabilities*, State of the Science Conference on Aging with a Disability: Implications for Research, Policy and Practice, Portland, OR, September 7, 2006.

Heller, T. & Kramer, J. Sibling Involvement in Future Planning, International Association for the Scientific Study of Intellectual Disabilities-Europe, Maastricht, Netherlands, August, 2006.

Lacey, E., Heller, T. & Ball, K. *Family Support for Latino Families*, Administration on Developmental Disabilities Annual Technical Assistance Training Institute, Washington, DC, August 7, 2006.

Heller, T. ICDR- Conference for Improving Cognitive Performance, Washington, DC, June 29 & 30, 2006.

Heller, T., *The Future is Now: Involving Families and Individuals with Disabilities in Future Planning*, Invited speaker (2 sessions), Planning for the Future: If We Don't, Who Will? Aging Caregivers Conference, Troy, MI, June 5, 2006.

Heller, T., *Welcome Address*. Exercise and Recreational Technologies for People with Disabilities: State of the Science Conference, RECTECH, A Rehabilitation Engineering Research Center, Denver, CO, May 30, 2006.

Heller, T. *New Concepts of Service Provision for Older Adults with Intellectual Disabilities*, Keynote address, International Workshop on Aging and Intellectual Disability in Europe, Bundesverband Evangelische Behindertenhilfe, Berlin, Germany, May 5, 2006.

Heller, T. *Commentary on Three Short Films with Developmental Disability Themes*. Bodies of Work Film Festival, Chicago Cultural Center, Chicago, IL, April 28, 2006.

Heller, T., Janicki, M., Brown, R., Invited plenary chairs, *Outcomes Related to Other Developmental Disabilities*, Aging and Intellectual Disabilities Special Interest Research Group 15<sup>th</sup> Roundtable, International Association for the scientific Study of Intellectual Disabilities, Toronto, Canada, April 28, 2006.

Heller, T., Keiling, C., Kramer, J., Kosieniak, T. & Kramer, M., *Sibling Panel: Perspectives of Siblings on Future Planning*, The Arc of Illinois 56<sup>th</sup> Annual Convention, Lisle, IL, April 5, 2006.



Heller, T. & Kramer, J., *Involvement of Parents, Siblings, and Adults with Disabilities in Future Planning*, Symposium presentation, 2006 Joint Conference of the National Council on the Aging and the American Society on Aging, March 18, 2006.

Heller, T. *Practical Approaches to Working with Adults Aging with Developmental Disabilities*, keynote speaker, Easter Seals Conference, University of Illinois at Chicago, February 15, 2006.

Heller, T., *Assessing Needs, Knowledge, Barriers and Use of Technology Among Persons with Cognitive Disabilities*, International Conference on Aging, Disability and Independence, St. Petersburg, FL, February 4, 2006.

Heller, T. & Sisirak, J. *Promoting Healthy Aging in a Community Setting*. Fourth Annual QMRP Leadership Conference, The Arc of Illinois, Alsip, Illinois, January 24, 2006.

Heller, T. *Promoting Healthy Aging in a Community Setting*. Fourth Annual QMRP Leadership Conference, The Arc of Illinois, Alsip, Illinois, January 24, 2006.

Heller, T. & Marks, B. *Evaluation of Healthy Athletes Health Promotion Programs*, Special Olympics, December 15, 2005.

Heller, T. *Family Support and Aging: Involvement of Parents, Siblings, and Adults with Developmental Disabilities in Future Planning*. Aging and End of Life Issues: A Special Forum, sponsored by the Rehabilitation Research and Training Center on Developmental Disabilities, University of Illinois at Chicago and the American Association on Mental Retardation, December 1, 2005.

Brown, A. & Heller, T. *Health Perceptions and Experiences for Women with Intellectual and Developmental Disabilities*. American Public Health Association Annual Meeting, Philadelphia, PA, November 9, 2005.

Marks, B. & Heller, T. *Health Attitudes and Behavior of Staff Working with People with Intellectual and Developmental Disabilities*. American Public Health Association Annual Meeting, Philadelphia, PA, November 7, 2005.

Sisirak, J. & Heller, T. *Reliability of Adapted Nutrition and Knowledge Scale for People with Intellectual Disabilities*. American Public Health Association Annual Meeting, Philadelphia, PA, November 9, 2005.

Heller, T. *Needs, Knowledge, Barriers and Uses of Cognitive Technologies by Persons with Intellectual Disabilities*, Invited speaker, Coleman Conference, Boulder, CO, October 24, 2005.

Heller, T. & Kramer, J. *Research: Fact vs. Fiction*. UIC Sibling Connections Conference, Illinois, October 22, 2005.

Heller, T. Gerontological Research Group, College of Nursing, University of Illinois at Chicago, September 19, 2005.

Heller, T. *The Psycho-Social Impact of a Health Promotion Program for People with Down Syndrome*, World Congress on Gerontology, Rio De Janeiro, Brazil, June 26-30, 2005.

Heller, T., Marks, B., Hsieh, K. & Rimmer, J. *Long-Term Outcomes of an Exercise Education Program*

*for Adults with Down Syndrome*, Taipei, Taiwan, June 12-15, 2005.

Heller, T. *Promoting Health of Adults with Intellectual Disabilities*, Dortmund, Germany, May 17-22, 2005.

Heller, T. *Aging and Developmental Disabilities: Parents, Siblings and Other Caretakers*, University of Puerto Rico, San Juan, Puerto Rico, April 19-21, 2005.

Heller, T. *Promoting Health of Older Adults with Developmental Disabilities: Social and Medical Challenges*, Health and Wellness in Older Adults with Developmental Disabilities Conference, Rochester, NY, April 13, 2005.

Heller, T. *Health Issues for Adults with Developmental Disabilities: Scope of the Problem*, Healthy Transitions Conference, Cincinnati Children's Hospital Medical Center, Cincinnati, OH, April 9, 2005.

Heller, T. *Elderly with Developmental Disabilities: Social and Medical Challenges*, Illinois Geriatric Education Center, Lombard, IL, March 18, 2005.

Heller, T., Factor, A., Caldwell, J. & Kramer, J. *Parental and Sibling Involvement in Future Planning for Adults with Intellectual/Developmental Disabilities*, American Society on Aging Annual Meeting, Philadelphia, PA, March 10, 2005.

Heller, T. *Aging: Social and Medical Challenges*. National Health Care Conference, Atlanta, GA, February 25, 2005.

Heller, T. *New Directions in Disability Studies*. Keynote address, Fifth Rehabilitation Conference of Israel, Israel, December 6, 2004.

Heller, T. *Measuring Outcomes of an Exercise and Health Education Program for Adults with Down Syndrome*. Gerontological Society of America Annual Meeting, Washington, DC, November 20, 2004.

Heller, T. *Myths about Siblings and Family Planning and Supports*. Workshop presentation at the UIC Sibling Connections Conference, Illinois, October 30, 2004.

Heller, T. *Siblings of Persons with DD: Lifetime Connections*. Keynote address, UIC Sibling Connections Conference, Illinois, October 29, 2004.

Heller, T. *Challenges Faced by Women Caretakers of People with Developmental Disabilities*. Cook County Commission on Women's Issues Public Hearing testimony, Chicago, Illinois, October 20, 2004.

Heller, T. *Aging Caregivers, Siblings, and Staff Shortages: The Perfect Storm*. Best Practices Conference, Chicago, Illinois, September 9, 2004.

Heller, T., Hsieh, K., Marks, B., & Rimmer, J. *Exercise Adherence and Outcomes after Exercise and Health Education Program for Adults with Down Syndrome*. International Association for the Scientific Study of Intellectual Disability 12<sup>th</sup> World Congress, Montpellier, France, June 14-19, 2004.

Caldwell, J. & Heller, T. *Outcomes of an Intervention to Support Adults with Intellectual Disabilities and Ageing Caregivers in Future Planning*. International Association for the Scientific Study of Intellectual Disability 12<sup>th</sup> World Congress, Montpellier, France, June 14-19, 2004.

Heller, T. & Caldwell, J. *Longitudinal Outcomes of a Consumer-Directed Family Support Program*. International Association for the Scientific Study of Intellectual Disability 12<sup>th</sup> World Congress, Montpellier, France, June 14-19, 2004.

Heller, T., Hsieh, K., Marks, B., & Rimmer, J. *Short- and Long-Term Outcomes of an Exercise and Health Education Program for Adults with Down Syndrome*, American Association on Mental Retardation 2004 Annual Meeting, Philadelphia, PA, June, 2004.

Heller, T., Marks, B., Pastorfield, C., Wagner, M., Corbin, S., Hsieh, K., & Sisirak, J. *Evaluation of the Special Olympics International Health Promotion Pilot Projects*. American Association on Mental Retardation 2004 Annual Meeting, Philadelphia, PA, June, 2004.

Heller, T. *Promoting Healthy Aging in a Community Setting*, Clinical Updates Conference, Southern Illinois University, Springfield, IL, May 26, 2004.

Heller, T. & Marks, B. *Wellness in Developmental Disabilities Populations*, Clinical Updates Conference, Southern Illinois University, Springfield, IL, May 25, 2004.

Heller, T. *Aging and Developmental Disabilities*, Multi-Disciplinary Program in Geriatrics for Non-Physicians, St. Louis University Health Sciences Center, Geriatric Education Center, Peoria, IL, May 2004.

Heller, T. *Making Choices as We Age*. Coming of Age. Winnipeg, Canada, April 29, 2004.

Heller, T. *Supporting Older Families*. Idaho Statewide Conference on Developmental Disabilities, Idaho Association of Developmental Disability Agencies, Boise, ID, April 27, 2004.

Heller, T. *Trends in Aging and Developmental Disabilities: Keynote Address*. Idaho Statewide Conference on Developmental Disabilities, Idaho Association of Developmental Disability Agencies, Boise, ID, April 27, 2004.

Heller, T., *Supporting Carers of People with Intellectual Disabilities in Future Planning*. Symposium presentation, American Society on Aging/National Council on Aging Joint Conference, San Francisco, California, April 16, 2004.

Factor, A., Heller, T., Janicki, M.P., Baxler, D., Eden, L. & Wheeler, B. *Creative Approaches to Using the National Caregiver Support Program to Aid Carers of People with Intellectual Disabilities*. Symposium presentation, American Society on Aging/National Council on Aging Joint Conference, San Francisco, California, April 15, 2004.

Heller, T. *Exercise and Nutrition Health Education for Adults with Developmental Disabilities*, workshop at the 2004 Aging/Mental Retardation Cross-Systems Conference Building Bridges sponsored by the Pennsylvania Department of Public Welfare and the Office of Mental Retardation, Drexel University College of Medicine, Pennsylvania, April 13, 2004.

Heller, T. *Supporting Older Families in Future Planning*, plenary presentation at the 2004 Aging/Mental Retardation Cross-Systems Conference Building Bridges sponsored by the Pennsylvania Department of Public Welfare and the Office of Mental Retardation, Drexel University College of Medicine, Pennsylvania, April 12, 2004.

Heller, T. *Quality of Life and Adults Aging with Intellectual Disabilities*, Brazilian Congress on Aging and Disability, UNESCO and Instituto APAE, Sao Paulo, Brazil, February 12-17, 2004.

Heller, T. *Family Caregiving and Adults with Intellectual Disabilities*, Brazilian Congress on Aging and Disability, UNESCO and Instituto APAE, Sao Paulo, Brazil, February 12-17, 2004.

Heller, T. *Interdisciplinary Training and Aging with Developmental Disabilities*, Brazilian Congress on Aging and Disability, UNESCO and Instituto APAE, Sao Paulo, Brazil, February 12-17, 2004.

Heller, T. *Aging and developmental disabilities: Implications for siblings through the lifespan*. Invited keynote speaker, 3rd Annual Ohio Adult Sibling Conference, Columbus, OH (November, 2003).

Heller, T. *Supporting family caregivers and adults with developmental disabilities in future planning*. Sixth International Conference on Care Management, Care Management in an Aging Society, American Society on Aging, Philadelphia (October, 2003).

Heller, T. *Mental wellness of women with intellectual disability*. Twentieth Annual Conference, National Association for the Dually Diagnosed, Chicago (October 25, 2003).

Heller T. *Promoting health aging and community inclusion of adults with developmental disabilities*. Plenary speaker, Twentieth Annual Conference, National Association for the Dually Diagnosed, Chicago (October 25, 2003).

Heller, T. *Health disparities: Women with disabilities*. International Conference on Health Disparities Among Individuals with Developmental Disabilities: An Agenda for Change. White Plains, NY (August, 2003).

Heller, T. *Health promotion for adults with Down syndrome: Outcomes of an exercise and health behavior education program*. Society for Disability Studies Annual Meeting, Bethesda, MD (June, 2003).

Heller, T. *Aging, Intellectual Disabilities, and Health Disparities: Issues and agenda for research and policy*. American Association on Mental Retardation's 127<sup>th</sup> Annual Meeting, Chicago (May, 2003).

Caldwell, J. & Heller, T. *The future is now: Supporting aging caregivers and individuals with developmental disabilities in future planning*. American Association on Mental Retardation's 127<sup>th</sup> Annual Meeting, Chicago (May, 2003).

Heller, T. Life span: *The national goals conference priorities*. Plenary speaker, American Association on Mental Retardation's 127<sup>th</sup> Annual Meeting, Chicago (May, 2003).

Heller, T. *Service design and delivery*. International Association for the Scientific Study of Intellectual Disability, Aging Roundtable, Volos, Greece (April/May, 2003).

Heller, T. *Aging with developmental disabilities: Promoting healthy aging, family support, and age-friendly communities*. Keynote address, Geriatric Health Conference, University of Colorado, Colorado Springs (April, 2003).

Heller, T., Marks, B., Hsieh, K. & Rimmer, J. *Exercise adherence among adults with Down syndrome*.

National Council on the Aging and American Society on Aging Joint Conference, Chicago (March, 2003).

Heller, T., DeBrine, E., & Nelis, T. *Family future planning training*. Tierra Del Sol, Burbank, CA (March, 2003).

Heller, T. *Family future planning*. American Association of University Centers on Disability Media Exchange Teleconference, Chicago (February, 2003).

Heller, T. *Aging: National Goals and Recommendations—Keeping Promises*. Invited presentation, ARC National Goals Conference, Washington, DC (January, 2003).

Heller, T. *Family future planning*. First Florida International Conference on Aging Persons with Developmental Disabilities, Upper Pinellas Association for Retarded Citizens, Tampa, FL (December, 2002).

Heller, T. *Caregiving for adults with developmental disabilities and elderly with dementia*. Second International Meeting at the Kawaska University of Medical Welfare. Kawaska, Japan (November, 2002).

Heller, T. *Caregiving for adults with developmental disabilities and elderly with dementia*. Kagawa Home Care Network's Fourth Annual Meeting. Kagawa, Japan (November, 2002).

Heller, T., Hsieh, K., & Rimmer, J. *Psycho-social and fitness outcomes of a health promotion program for adults with Down syndrome*. American Public Health Association. Philadelphia (November, 2002).

Caldwell, J. & Heller, T. *Consumer-directed family support for families with relatives with developmental disabilities*. American Public Health Association. Philadelphia (November, 2002).

Chen, S., Chen, E., Ryan-Henry, S., & Heller, T. *Effects of caregiving for adults with intellectual disabilities on mother's health*. American Public Health Association. Philadelphia (November, 2002).

Ailey, S. & Heller, T. *Assessing the interpersonal context of depression in adults with Down syndrome*. American Public Health Association. Philadelphia (November, 2002).

Heller, T. *Changing demographics and their effects on family support*. Family Support in the New Economy Conference. National Center for Family Support, Human Services Research Institute. Chicago and Portland (October, 2002).

Heller, T. *Healthy aging for adults with developmental disabilities*. Multi-Disciplinary Program in Geriatrics for Non-Physicians. University of Illinois at Urbana and Gateway Geriatric Education Center of Missouri and Illinois. Urbana and Springfield, IL (October, 2002).

Heller, T. *Family support policies and programs for aging family caregivers of adults with developmental disabilities*. Third International Conference on Family Care. National Alliance for Caregiving and the American Society on Aging. Washington, DC. (October, 2002).

Heller, T. *International best practices: Promoting healthy aging, family support, and age-friendly environments*. Keynote speaker at the Ohio American Association on Mental Retardation Conference. Columbus, OH (September, 2002).

Heller, T., Hsieh, K., & Rimmer, J. *Psycho-social and fitness outcomes of a health behavior education*

*and exercise program for adults with Down syndrome. First national Conference on Birth Defects, Developmental Disabilities, and Disability and Health.* Centers for Disease Control and Prevention. Atlanta (September, 2002).

Heller, T. *Supporting families and future planning for later life of adults with developmental disabilities.* American Psychological Association. Chicago (August, 2002).

Heller, T. *Socio-psychological determinants and outcomes of exercise participation among adults with Down syndrome.* American Psychological Association. Chicago (August, 2002).

Heller, T. *Health promotion for adults with developmental disabilities.* Summer Series on Aging, University of Kentucky, Lexington, KY (July, 2002).

Heller, T. & Walsh, P. *Health of women with intellectual disabilities.* European Association for the Scientific Study of Intellectual Disability. Dublin, Ireland (June, 2002).

Heller, T. *From parenting to reciprocal caregiving: Supporting families and people with developmental disabilities.* Women as Caregivers: View from Disability, Feminist, and Policy Leaders. University of Illinois at Chicago. Chicago (June, 2002).

Heller, T. *Recent changes and directions in Rehabilitation Research and Training Center evaluations.* Annual Conference of the national Association of Rehabilitation Research and Training Centers: Human Technology, Assistive Technology, and the RRTCs. Washington, DC (April, 2002).

Heller, T. *Healthy aging among adults with developmental disabilities.* Fellows Seminar. Rehabilitation Institute, Northwestern University. Chicago (April, 2002).

Heller, T. *Supporting families and persons aging with developmental disabilities.* American Society on Aging, Denver (April, 2002).

Heller T. Hsieh, K., & Rimmer, J. *Impact of an exercise health behavior education program on adults with Down syndrome.* International Roundtable on Aging and Intellectual Disability, International Association for the Scientific Study of Intellectual Disability. Fukushima, Japan (March 2002).

Heller, T. *Assisting older family caregivers of adults with disabilities.* Keynote speaker at Symposium on Aging and Disabilities, Tokyo University of Social Welfare, Gunma, Japan (March, 2002).

Heller, T., Hsieh, K., & Rimmer, J. *Improving exercise adherence among adults with down syndrome: Overcoming barriers to exercise.* American Public Health Association. Atlanta, GA (November, 2001).

Heller, T. *Interventions to support families: Addressing current and future needs.* Invitational Research Symposium on Aging and Developmental Disabilities: Promoting Healthy Aging, Family Support, and Aging Friendly Communities. Chicago (November, 2001).

Factor, A., Heller, T., Janicki, M., & Hammel, J. *Healthy aging: Report of a consensus meeting on health promotion and increasing longevity of people with intellectual disabilities.* Gerontological Society of America. Chicago (November, 2001).

Heller, T., Ailey, S., Hsieh, K., & Marks, B. *Exercise and nutrition health education program*. Illinois Association on Mental Retardation. Matteson, IL (September, 2001).

Heller, T. *Eight year follow-up study of the impact of environmental characteristics on the well-being of adults with developmental disabilities*. American Psychological Association, San Francisco (August, 2001).

Heller, T. *Impact of a consumer directed family support program*. World Congress on Gerontology. Vancouver, Canada (July, 2001).

Heller, T. *Research on life-long caregiving*. World Congress on Gerontology. Vancouver, Canada (July, 2001).

Hsieh, K. & Heller, T. *Causes of death among adults with developmental disabilities: Comparison of nursing home and other community residents*. American Association on Mental Retardation. Denver (May, 2001).

Caldwell, J., Heller, T., & Factor, A. *Supporting adults with developmental disabilities and aging family caregivers in future planning*. American Association on Mental Retardation. Denver (May, 2001).

Heller, T., Marks, B., Hsieh, K., & Ailey, S. *Barriers and supports for exercise participation: Perspectives of persons with down syndrome and their caregivers/staff*. American Association on Mental Retardation. Denver (May, 2001).

Nelis, T., Heller, T., & Factor, A. *Inclusion of individuals with developmental disabilities in future planning*. American Association on Mental Retardation. Denver (May, 2001).

Ailey, S., Heller, T., Hsieh, K., Rimmer, J., & Lee, J. *Evaluation of the reliability and validity of the PIMRA and the Children's Depression Inventory Short Form for adults with Down syndrome*. American Association on Mental Retardation. Denver (May, 2001).

Heller, T. *Family support interventions to assist family caregivers of adults with intellectual disabilities*. American Society on Aging International Case Management Conference. Vancouver, Canada (July, 2001).

Heller, T. *Family future planning for adults with developmental disabilities*. International Conference of the Young Adult Institute. New York (May, 2001).

Heller, T. *Aging family caregivers: Needs and policy concerns*. Family Support Institute Conference, Washington, D. C. (March, 2001).

Heller, T., Hsieh, K., & Rimmer, J. *Exercise adherence among older adults with Down syndrome*. American Society on Aging. New Orleans (March, 2001).

Heller, T., Hsieh, K., & Rimmer, J. *Social-environmental and cognitive factors promoting exercise adherence among adults with Down syndrome*. Gerontological Society of America, Washington, D. C. (November, 2000).

Heller, T. & Rimmer, J. *Exercise adherence among older adults with mental retardation: Exercise knowledge, fitness, and life satisfaction outcomes*. Gerontological Society of America, Washington, D. C.

(November, 2000).

Heller, T. *Health promotion among adults with developmental disabilities*. Distinguished speaker at Distinguished Speaker Series on Longevity and Developmental Disabilities, Sonoma State University, Rohnert Park, CA (October, 2000).

Heller, T. *Healthy aging among women with developmental disabilities*. Distinguished Speaker Series on Longevity and Developmental Disabilities, Sonoma State University, Rohnert Park, CA (October, 2000).

Heller, T. *Aging and developmental disabilities: Addressing age-related changes and support needs*. Keynote speaker at conference on Aging and Developmental Disabilities, Central Ohio Area Agency on Aging, Columbus, OH (October, 2000).

Heller, T., Hsieh, K., & Rimmer, J. *Barriers and supports for exercise adherence among adults with Down syndrome*. International Association for the Scientific Study of Intellectual Disabilities. Seattle, WA (August, 2000).

Heller, T., Marks, B., Ailey, S., & Hsieh, K. *Promoting self-determination in the health promotion project for adults with Down syndrome*. American Association on Mental Retardation, Washington, D.C. (June, 2000).

Marks, B. & Heller, T. *Development of an exercise health promotion curriculum using the transtheoretical model of change*. American Association on Mental Retardation, Washington, D.C. (June, 2000).

Heller, T. *Models for promoting choice, options and supports in later life*. Aging and Developmental Disabilities: Tools and Promising Practices for Supporting Individuals and their Families. Wayne State University School of Medicine, Troy, Michigan (May, 2000).

Heller, T. *Health promotion*. Aging and Developmental Disabilities: Tools and Promising Practices for Supporting Individuals and their Families. Wayne State University School of Medicine, Troy, Michigan (May, 2000).

Heller, T. *Healthy aging for older adults with developmental disabilities*. Invited speaker. Secondary Conditions experienced by Adults with Developmental Disabilities: Identification, Prevention and Management. Cincinnati Center for Developmental Disorders, University of Cincinnati, Columbus, Ohio (April, 2000).

Heller, T., Hsieh, K., & Rimmer, J. *Social-environmental and cognitive factors promoting exercise adherence among adults with Down syndrome*. College of Health and Human Development Sciences Annual Research Forum. University of Illinois at Chicago, Chicago (March, 2000).

Heller, T. *Aging and developmental disabilities*. Invited speaker. Family Support Conference. Springfield, Illinois : Illinois Department of Human Services (March 2000).

Heller, T. *Aging and family caregiving*. Invited speaker. Family Support Institute. Washington, D.C.: The National Center for Family Support (February, 2000).

Heller, T. *Self-determination of persons with intellectual disabilities: From individual choice-making*



*to political action.* Invited to present the Bengt Nirje Annual Lecture. Uppsala University, Uppsala, Sweden (December 1999).

Heller, T. *Aging with mental retardation: Emerging models for promoting health, independence and quality of life.* Keynote speaker at Promoting Independence and Quality of Life for Older Persons: An International Conference on Aging. Rehabilitation Engineering Research Center on Aging, University at Buffalo. (December, 1999).

Hammel, J. & Heller, T. *Long-term functional outcomes of assistive technology use and services for older adults with developmental disabilities.* Gerontological Society of America. San Francisco (November, 1999).

Heller, T. *Women's health and aging.* Invited speaker at International conference on Developmental Disabilities: Dedicated to Exploring Leading Edge Practices. REENA. Toronto (November, 1999).

Heller, T. *Implications for services: Aging caregivers and the aging of people with developmental disabilities.* Keynote speaker at Aging Together: Older People with Developmental Disabilities and their Aging Caregivers conference. New Jersey Developmental Disabilities Council. (October, 1999).

Heller, T. *Women's health and aging with developmental disabilities.* Aging and Developmental Disabilities Conference. Sacramento: Sacramento Arc (October, 1999).

Heller, T. *Aging and developmental disabilities: Emerging models of support.* Keynote speaker at Aging and Developmental Disabilities Symposium. REENA. Toronto, Canada (June, 1999).

Heller, T. & Nelis, T. *Perspectives and guidelines for consumer involvement in research.* Annual Meeting of the American Association on Mental Retardation. New Orleans (May, 1999).

Heller, T. & Sterns, H. *Later-life planning for older adults.* American Association on Mental Retardation. New Orleans (May, 1999).

Heller, T. *Perspectives on women's health and aging.* American Association on Mental Retardation. New Orleans (May, 1999).

Heller, T. *Emerging models of support for older adults with intellectual disabilities.* Keynote speaker at the International Congress on Changes in Paradigms and Communication: New Approaches to Supporting Persons with Intellectual Disabilities. Bern, Switzerland (April, 1999).

Ailey, S. Cowell, J., Heller, T., & Miller, A. *Depression screening for adolescents with mental retardation.* Annual meeting of the American Public Health Association. Washington, D.C. (November, 1998).

Hammel, J., Heller, T., Ying, G.S. *Outcomes of assistive technology services and use by adults with developmental disabilities.* Annual Meeting of the Rehabilitation Engineering and Assistive Technology Society of North America. Minneapolis (June 1998).

Heller, T. *Later life planning for older adults with intellectual disabilities.* Keynote presentation of the Aging with Intellectual Disabilities and Person-Centered Planning Conference. Netherlands Institute of Care and Welfare Ede, Netherlands, (October, 1998).

Heller, T. *Families and aging with mental retardation*. Invited presentation to the Presidents Committee on Mental Retardation, Washington, D.C. PCMR is the principal policy advisory group to the President of the U.S., (September, 1998).

Heller, T. *Self-advocacy and quality of life*. Invited presentation to the Institute for Continuing Care conference on Quality of Life for Persons with Disabilities, a policy forum sponsored by the McCormick Foundation, Wheaton, (July, 1998).

Heller, T. *The self-advocacy movement: Pathway to empowerment for persons with developmental disabilities*. Keynote presentation at Beit Issie Shapiro Second International Conference on Developmental Disabilities, Ramat Gan, Israel, (June 1998).

Heller, T. *Emerging models of support for older adults with mental retardation*. American Association on Mental Retardation. San Diego (May, 1998).

Heller, T., Miller, A., & Factor, A. *Environmental characteristics of nursing homes and community based settings and well-being of adults with intellectual disabilities*. International Association for the Study of Intellectual Disabilities Conference on Aging and Intellectual Disabilities. Cambridge, United Kingdom (March, 1998).

Heller, T. *Aging with a lifelong disability*. Annual Research Forum, College of Associated Health Professions, University of Illinois at Chicago. Chicago, (March, 1998).

Heller, T. & Mendelson, L. *Aging and assistive technology use and needs in adults with cerebral palsy living in the community*. Gerontological Association of America. Cincinnati, (November, 1997).

Heller, T. *Later life planning for adults with intellectual disabilities*. Dortmund University, Dortmund, Germany and Maastricht University, Maastricht, Netherlands, (October, 1997).

Heller, T., & Sterns, H. *Life satisfaction and goal attainment among older adults with mental retardation: Role of social support and residential status*. American Psychological Association, Chicago, (August, 1997).

Heller, T. *Research perspectives on supporting older family caregivers for adults with a disability*. American Society on Aging Summer Series, Chicago. (July, 1997).

Pickett, S. A., Heller, T., & Cook, J. A. *Professional versus family-led support groups*. American Psychiatric Association, San Diego, (May, 1997).

Heller, T. *Adolescent and adult siblings of persons with mental retardation: Reciprocal support and caregiving roles*. American Association on Mental Retardation, New York, (May, 1997).

Heller, T. *Caregiving and later life planning among African-American families of adults with mental retardation*. International Conference on systems Sciences in Health-Social Service for the Elderly and the Disabled, Chicago (May, 1997).

Heller, T. *Current trends in providing family support*. International Conference on Aging and Developmental Disabilities: Emerging National and Global Perspectives on Aging with Developmental Disabilities. Chicago. (April, 1997).

Heller, T. *Later life family caregiving of adults with disabilities: Research and practice advances and policy implications*. American Society on Aging. Nashville, Tennessee. (March, 1997).

Heller, T.. *Family adaptation to a member with mental retardation across the lifecycle*. Invited lecture in the Education Department of Dortmund University. (February, 1997).

Nelis, T. & Heller, T. *Research, training and leadership partnerships: Professional and self-advocates working together*. American Association on Mental Retardation. San Antonio. (May, 1996).

Heller, T. & Rubin, S. *Assessing choice-making: Cross-cultural perspectives of family members and adults with mental retardation*. American Association on Mental Retardation. San Antonio. (May, 1996).

Heller, T. *Cash subsidy intervention and placement for adults with developmental disabilities and their families: A four year study*. American Association on Mental Retardation. San Antonio. (May, 1996).

Heller, T. *Role and attitudes of case managers in a cash subsidy family support program for adults with a disability: Impact on family outcomes*. American Society on Aging: Bridging the Many Worlds of Case Management. San Diego. (December, 1996).

Heller, T. Factor, A. *Research advances in later life family caregiving of adults with disabilities*. Gerontological Society of America. Washington, DC. (November, 1996).

Haveman, M. & Heller, T. *Subjective and objective care intensity and future planning among aging parents of adults with mental retardation: Comparison of United States and Dutch findings*. International Association for the Study of Intellectual Disabilities. Helsinki. (July, 1996).

Heller, T., Miller, A., Nelis, T., & Pederson, E. *Consumer perspectives on their involvement in research and training for persons with mental retardation*. International Association for the Study of Intellectual Disabilities. Helsinki. (July, 1996).

Preston, L. & Heller, T. *Working partnerships to individualize future planning for older families from diverse groups*. The Sixth Lexington Conference on Aging and Developmental Disabilities. Lexington, Kentucky. (October, 1996).

Heller, T. & Nelis, T. *Research and policy in aging and developmental disabilities: Who is all this for?* The Sixth Lexington Conference on Aging and Developmental Disabilities. Lexington, Kentucky. (October, 1996).

Heller, T. *Maternal and paternal caregiving of persons with mental retardation over the life-span*. Invitational Roundtable: Research Advances in Later Life Family Caregiving of Adults with Disabilities. Chicago. (June, 1996).

Heller, T. *Deinstitutionalization and person-centered planning*. European Course on Mental Retardation, Heel, Netherlands, 1996.

Heller, T. *Emerging models for supporting adults with mental retardation across the life span*. European Course on Mental Retardation. Heel, Netherlands, 1996.

Heller, T. *Families of adults with mental retardation*. First International Conference of the German-Israel Foundation on Rehabilitation. Humboldt University, Berlin, 1996.

Nelis, T. and Heller, T. *Involving persons with mental retardation in research and training*. Pacific Rim Conference. Honolulu, Hawaii, 1996.

Heller, T. *Later life planning among older adults with mental retardation and their families: A focus on African-American families*. Aging and African-Americans: Preparing for the 21 st Century Conference at Central State University. Dayton, 1995.

Heller, T. *Family issues and parents of aging adults with disabilities*. Invited speaker for the National Conference of Executives of The Arc. Indianapolis, Indiana, 1995.

Heller, T. *Cash subsidy intervention for adults with mental illness or developmental disabilities and their families: A four year study*. Annual Conference of the Gerontological Society of America. Los Angeles, 1995.

Heller, T., Sterns, H., Sutton, E., and Factor, A. *Impact of a person-centered training program to assist older adults with mental retardation in later life planning*. Annual Conference of the Gerontological Society of America. Los Angeles, 1995.

Heller, T. *Emerging models for supporting older adults with developmental disabilities*. The Second North Dakota National Conference on Aging and Disabilities. Minot, ND, 1995.

Heller, T. *Older adults with mental retardation and their families: Family caregiver issues*. The Second North Dakota National Conference on Aging and Disabilities. Minot, ND, 1995.

Heller, T., Roccoforte, J., Hsieh, Cook, J. & Pickett, S. *Self-help group process and benefits for families of persons with mental illness*. Annual Meeting of the American Orthopsychiatric Association. Chicago, 1995.

Heller, T. *Services for older adults with mental retardation in the United States: Case study*. International Roundtable on Aging and Developmental Disabilities. Vienna, Austria, 1995.

Heller, T. *Human rights recommendations for developed nations*. International Symposium on the Rights of People with Mental Retardation. Yale University Law School, New Haven, 1995.

Heller, T., Miller, A., & Pederson, E. *Participatory action research on mental disabilities*. Invited speaker at the National Institute on Disability and Rehabilitation Research Conference on Participatory Research. Washington, DC, 1995.

Heller, T. & Factor, A. *Multicultural differences in lifestyle patterns and later life planning among adults with mental retardation and their families*. Annual Meeting of the American Association on Mental Retardation, San Francisco, 1995.

Heller, T. *Cultural diversity and futures planning among families of adults with mental retardation*. Invited presentation at the Annual Meeting of the National Guardianship Association, Ft. Worth, Texas, 1994.

Heller, T. *Multicultural aspects of future planning*. Invited presentation at the Annual Meeting of the Arc, Las Vegas, 1994.

Heller, T. *Aging and developmental disabilities*. Invited workshop at the International Conference on Developmental Disabilities. Herzilya, Israel, 1994.

Heller, T. *Family support across the life-span*. International Conference on Developmental Disabilities, Herzilya, Israel, 1994.

Heller, T. *Family support and well-being among families of adults with mental retardation*. Annual Meeting of the American Association on Mental Retardation, Boston, 1994.

Heller, T., Factor, A., Nelis, T., Sutton, E., & Sterns, H. *Peer training in later life planning*. Annual Meeting of the American Association on Mental Retardation, Boston, 1994.

Heller, T., Sutton, E., Sterns, H.L., Factor, A. & Miklos, S. *Person-Centered Planning for later life: A curriculum for adults with mental retardation*. Poster at the National Association of Geriatric Centers. Washington, D.C., 1994.

Heller, T. *Policy issues in aging*. European Course in Mental Retardation, Maastricht, Netherlands, 1994.

Janicki, M. & Heller, T. *Program innovations for persons with Down Syndrome and Alzhiemers Disease*. International Roundtable on Alzheimer Disease and Down Syndrome. Minneapolis, 1994.

Heller, T. *Caregiving roles and appraisal among families of adults with mental retardation: In home versus out-of-home placements*. International Roundtable on Aging and Developmental Disabilities. Dublin, Ireland. 1994.

Heller, T. *Future research directions in aging and mental retardation*. Invited address at the Aging and Developmental Disability: Current Research and Practice Conference. Dublin, Ireland, 1994.

Heller, T., Factor, A., & Hahn, J. *Outcomes for residents with developmental disabilities transferred out of nursing homes*. Annual Allied Health Research Forum. Chicago, Illinois, 1994.

Heller, T. *Multicultural issues and family caregiving for adults with mental retardation*. Annual Meeting of the American Society on Aging. San Francisco, 1994.

Heller, T. *Outcome research in rehabilitation and aging: Assessing quality through consumers' perspectives*. Annual Meeting of the American Society on Aging. San Francisco, 1994.

Heller, T., Factor, A., & Hahn, J. *Aging, cerebral palsy, and mental retardation among nursing home residents*. Annual Meeting of the Gerontological Society of America. New Orleans, 1993.

Heller, T. *Family support programs and policies: Are they addressing family needs across the lifespan?* Invited Keynote Address at Foundation Research Institute and Historical Center. Maastricht, Netherlands, 1993.

Heller, T. *Family support programs across the life span*. Invited Keynote Address at Netherlands National Society of Research in Mental Retardation. Ede, Netherlands, 1993.

Heller, T. *Later life planning for elders with developmental disabilities: Research perspectives*. Invited presentation at Home and Community-Based Services Conference. St. Petersburg, Florida, 1993.

Heller, T. *How families benefit: Research on support groups in Illinois*. Invited presentation to Family Support and Advocacy for the Mentally Ill Conference of the Alliance for the Mentally Ill. Northwest Suburban Arlington Heights, Illinois, 1993.

Heller, T. *Residential transition from institutions into the community: The American experience and reality in the U.S.* Invited Keynote Address at Community Based Residences for Persons with Disabilities Conference. Bar Ilan University, Israel, 1993.

Heller, T. *Family involvement with community residential facilities*. Invited Keynote Address at Community Based Residences for Persons with Disabilities Conference. Bar Ilan University, Israel, 1993.

Heller, T. *State of research on mental retardation and aging*. Seminar at Bar Ilan University, Israel, 1993.

Heller, T. & Factor, A. *Later-life planning: A research intervention as viewed by participants, staff, and researchers*. American Association on Mental Retardation, Washington, D.C., 1993.

Smith, B. & Heller, T. *Family support for adults*. American Association on Mental Retardation, Washington, D.C., 1993.

Markwardt, R., Rowitz, L., & Heller, T. *Adaptation of African-American families to a member with mental retardation*. American Association on Mental Retardation, Washington, D.C., 1993.

Heller, T. *Support needs, caregiving burden, and service planning issues for family caregivers of adults with mental retardation*. Seminar at University of Limburg, Netherlands, 1992.

Heller, T., Smith, B., & Kopnick, N. *The impact of family support programs on aging parents of adults with mental retardation or mental illness*. Annual Meeting of the Gerontological Society of America, Washington, D.C., 1992.

Heller, T. & Factor, A. *Support systems, placement decision-making, and well-being among older parents and adults with developmental disabilities*. International Association for the Scientific Study of Mental Deficiency, Australia, 1992.

Heller, T. & Factor, A. *Family adaptation to out-of-home placement among older parents*. American Association on Mental Retardation. New Orleans, Louisiana, 1992.

Heller, T. *Out of home placement: Decision-making of adults with developmental disabilities and their families*. Invited Keynote Address at Annual International Young Adult Institute Conference, New York, New York, 1992.

Heller, T. *Permanency planning: Person-Centered Planning for older adults who have developmental disabilities*. Association for Retarded Citizens of Illinois, Matteson, Illinois, 1992.

Heller, T. & Factor, A. *Elderly parents of children with mental retardation*. American Society on Aging, San Diego, California, 1992.

Heller, T. *Planning for future transitions Aging and developmental disabilities: Issues of concern to families*. Video tele-conference, Richmond, Virginia, 1991.

Hahn, J., Heller, T., & Factor, A. *Profile of medical status and medication usage among older nursing home residents with developmental disabilities*. American Association on Mental Retardation, Washington, D.C., 1991.

Heller, T. *Mastery and control strategies throughout the life course among families of persons with mental retardation*. Invited presentation. Conference on Cognitive Coping in Families Who have a Member with Developmental Disabilities. Lawrence, Kansas, 1991.

Heller, T., Markwardt, R., & Rowitz, L. *Adaptation of Hispanic families to a member with mental retardation*. American Association on Mental Retardation, Washington, D. C., 1991.

Heller, T. & Factor, A. *Aging family caregivers: Changes in placement burden and placement urgency*. American Association on Mental Retardation, Washington, D. C., 1991.

Heller, T. *Family caregiving over the life course*. Invited presentation. Boston Roundtable on Research Issues and Applications in Aging and Developmental Disabilities. Boston, 1990.

Heller, T. *Support groups for parents with mental retardation*. Association for Persons with Severe Handicaps. Chicago, 1990.

Factor, A. & Heller, T. *Older persons with developmental disabilities: Delivering quality active treatment and services in ICFMR settings*. Governor's Conference on Long Term Care, Chicago, 1990.

Heller, T. & Factor, A. *Issues in aging and disability*. Invited Presentation. Rehabilitation and Aging Conference of Rehabilitation Services Administration, Region V, Chicago, 1990.

Heller, T., Rowitz, L., & Farber, B. *Lifelong effects of out-of-home placement of persons with mental retardation on their aging families*. American Association on Mental Retardation, Atlanta, 1990.

Heller, T. & Factor, A. *Quality of life of older adults with mental retardation in nursing facilities: Implementation of OBRA 1987*. American Association on Mental Retardation, Atlanta, 1990.

Heller, T. & Factor, A. *Quality of life of older adults with developmental disabilities living at home with their parents*. American Association on Mental Retardation, Atlanta, 1990.

Heller, T. & Factor, A. *Aging caregivers of persons with developmental disabilities: Changes in burden and placement*. American Society on Aging, San Francisco, 1990.

Heller, T. *Enhancing coping of families having a member with disabilities*. Midwest Psychological Association, Chicago, 1990.

Heller, T. *Serving aging individuals who are developmentally disabled*. Association for Persons with Severe Handicaps, San Francisco, 1989.

Heller, T. *Later life transitions*. Invited colloquium. University of Wisconsin. Madison, Wisconsin, 1989

Heller, T. & Factor, A. *Nursing home transitions: Relocations and conversions to meet the needs of older persons with developmental disabilities*. American Association on Mental Retardation, Chicago,

1989.

Heller, T. *Transitions in later maturity: Caregiving issues, opportunities, and strategies*. American Association on Mental Retardation, Chicago, 1989.

Heller, T. & Factor, A. *Permanency planning among middle-aged and elderly parent caregivers of adults with disabilities*. Gerontological Society of America, San Francisco, 1988.

Heller, T. & Factor, A. *Family caregiving burden and attitudes towards residential placement of older adults with developmental disabilities*. International Association for the Scientific Study of Mental Deficiency. Dublin, Ireland, 1988.

Heller, T. & Factor, A. *Permanency planning among black and white family caregivers of older adults with disabilities*. American Association of Affiliated Programs in Disabilities, Denver, 1988.

Heller, T. & Factor, A. *Elderly parents caring for disabled adult offspring: Differences between blacks and whites*. American Association on Mental Retardation, Washington, D.C., 1988.

Heller, T. *Issues in evaluating the impact of institutional closures*. American Association on Mental Retardation. Washington, D.C., 1987.

Heller, T. & Factor, A. *Elderly parents caring for disabled adult offspring: Issues in permanency planning*. Gerontological Society of America, Washington, D.C., 1987.

Heller, T. & Factor, A. *Programming for elderly developmentally disabled adults*. Illinois Association for Mental Deficiency, Matteson, Illinois, 1987.

Heller, T. *Employee well-being during a facility closure*. American Psychological Association, New York, 1987.

Heller, T. *Transitioning to community residences: Managing the relocation process*. Young Adult Institute's Eighth National Conference, New York, 1987.

Heller, T. *Impact of institutional closure on receiving facilities*. American Association of Mental Deficiency, Los Angeles, 1987.

Heller, T. *Family attitudes toward residential placement of older adults with developmental disabilities*. American Association on Mental Deficiency, Los Angeles, 1987.

Heller, T. *Performance appraisal in rehabilitation facilities*. Illinois Association for Rehabilitation Facilities, St. Charles, 1986.

Heller, T. *Development of a transition plan for persons with developmental disabilities residing with their elderly parents*. American Association of University Affiliated Programs, Boston, 1986

Heller, T. *Transition planning for persons with developmental disabilities residing in the natural home with elderly parents*. Young Adult Institute's Seventh National Conference, New York, 1986.

Heller, T. *A multivariate study of factors affecting employee reactions to facility shutdown*. American Academy of Management, San Diego, 1985.



Heller, T. *Coping with job transitions during facility phase-downs*. American Society for Public Administrators, Indianapolis, 1984.

Heller, T. & Byerts, T. *Viability of a new congregate public housing model: The third year*. Gerontological Society of America, San Antonio, 1984.

Heller, T. & Byerts, T. *Service need and usage of congregate and regular housing residents*. Gerontological Society of America, San Antonio, 1984.

Heller, T. & Bond, M. *Educational and residential transitions: Helping families cope*. Illinois Association for Mental Deficiency, Decatur, 1984.

Heller, T. & Bond, M. *Families of the developmentally disabled: Year 2 adaptation to residential facility closure*. American Psychological Association, Toronto, 1984.

Heller, T. & Bond, M. *Family reactions to institutional closure: Social support and coping*. Midwest Psychological Association, Chicago, 1984.

Grau, B., Byerts, T. & Heller, T. *Effects of design and social policy on the social climate and public behavior in public housing for the elderly*. Environmental Design and Research Association, San Luis Obispo, 1984.

Heller, T. *Impacts of institutional closure: Clients, families, and employees*. American Association on Mental Deficiency, Minneapolis, 1984.

Grau, B., Byerts, T. & Heller, T. *Impact of environment on activity and social behavior in public housing for the elderly*. Environmental Design and Research Association, Omaha, 1983.

Byerts, T. & Heller, T. *Viability of a new congregate public housing model: A three year longitudinal study*. Gerontological Society of America, San Francisco, 1983.

Heller, T. *Impediments to closing state institutions*. National Association of State Mental Retardation Program Directors, Dallas, 1983.

Heller, T. *Training staff in the development of vocational and social skills training programs for mentally disabled people*. European Association of Special Education, Tel-Aviv, 1983.

Heller, T. *Family reactions to institutional closures*. American Psychological Association, Anaheim, 1983.

Byerts, T. & Heller, T. *Comparison of mover and non-mover applicants to a congregate public housing setting: Year one*. Gerontological Society of America, Boston, 1982.

Heller, T. *Peer relations of mentally retarded individuals*. International Association for the Scientific Study of Mental Deficiency. Toronto, 1982.

Heller, T. *The effects of involuntary residential relocation: A review*. Invited speaker to the American Psychological Association, Montreal, 1980.

Heller, T. *Social integration of mentally disabled clients in sheltered workshops*. American

Psychological Association, Toronto, 1978.

Heller, T. *Explaining the relationship of leadership status to high verbal participation*. American Psychological Association, Toronto, 1978.

#### **IV. CONSULTATION AND PUBLIC SERVICE**

University of Haifa, Consulted on development of a disability studies academic program, 2013.

Massachusetts Department of Developmental Services. Consulted on closure of an institution, 2010.

Wisconsin Attorney General's Office, Madison, Wisconsin. Testified as an expert witness on the closure of an institution, 2004.

Community Support Network, New Hampshire. Conducted an evaluation of their family support initiative for aging family caregivers, 2000 to 2002.

IRIS Media. Consulting on health promotion video. 2001 to present.

University of Cincinnati. Consulted on curriculum regarding secondary conditions of adults with developmental disabilities, 2000.

Maastricht University, Netherlands and Dortmund University, Germany. Consulting on their later life planning initiatives for adults with intellectual disabilities. 1998-present.

Egyptian Coptic Evangelical Association for Social Services. Consulted on development of support services for people with disabilities in Egypt, 1993.

Joint Distribution Committee. Consulted on development of housing and support services in Israel for adults with disabilities, Israel, 1993.

Cable Network News. Consulted on developmental disability issues for a television show. 1992.

Wilmette Housing Coalition on Developmental Disabilities. Conducted survey of housing needs of families of adults with disabilities, 1989.

Ohio Open Doors Program. Conducted an external evaluation of its Model 50 Waiver Program, 1989.

Indiana University. Developed training materials for in-service training package on aging and disability, 1987.

Illinois Department of Rehabilitation Services. Conducted external evaluation of its deaf-blind Transition Living Plan program, 1987.

New York Office of Mental Retardation and Developmental Disabilities. Consulted on institutional closures, 1985.

New Mexico Department of Health and Education. Conducted workshops on managing client transitions, 1985.

Beerman, Swerdlove, Woloshin, Barezky and Berkson. Testified as expert witness on family transition, 1983.

Circuit Court of Cook County. Testified as expert witness on the effects of involuntary residential transfer on disabled individuals, 1982.

West Side Organization. Taught communication skills, 1978.

Cook County Police Department. Taught communication skills to probation officers, 1978.