

Lieke van Heumen, PhD

lvheumen@uic.edu

EDUCATION

- 2015 PhD Disability Studies
University of Illinois at Chicago, USA
- 2008 MS Psychology cum laude (specialization gerontology)
Radboud University Nijmegen, the Netherlands
- 2006 BS Psychology (specialization gerontology)
Radboud University Nijmegen, the Netherlands

EMPLOYMENT

Current

- 2023-present Clinical Associate Professor
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2019-2023 Clinical Assistant Professor
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2018-2019 Visiting Clinical Assistant Professor
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2015-2018 Postdoctoral Research Associate
Institute for Disability and Human Development, University of Illinois at Chicago, USA

Previous

- 2014-2015 Research assistant, Ligas Evaluation study, Institute for Disability and Human Development, University of Illinois at Chicago, USA
- Coordinated and conducted data collection and analysis for a study evaluating the implementation of the Ligas consent decree to provide community-based services for adults with intellectual and developmental disabilities.
- 2013 Interviewer
Cerebra Centre for Neurodevelopmental Disorders, University of Birmingham, UK
- Conducted interviews for a study on the experiences of people with disabilities and their families.
- 2012-2013 Co-Principal Investigator
Disability Studies in the Netherlands
- Designed and conducted a study evaluating the long-term impact of person-centered planning and young adults with intellectual and developmental disabilities and their families.
- 2008-2014 Research assistant, Rehabilitation Research and Training Center on Aging with Developmental Disabilities, University of Illinois at Chicago, USA

- Assisted with the design, data analysis, data collection and dissemination efforts for the study: Consumer-Directed Support: Impact of Hiring Practices and Training in “Learning to Direct your own Supports” on Adults with I/DD and Families

AREAS OF RESEARCH

Content	Aging with intellectual disabilities; Autism; Dementia; Aging and disability policy; Scholarship of Teaching and Learning
Theory	Critical Disability Theory; Critical social gerontology; Life course perspectives
Method	Interdisciplinary research; Participatory and Inclusive Research; Qualitative research

GRANTS AND FELLOWSHIPS

Special Olympics International, *Special Olympics Research and Evaluation Translation and Dissemination Project Years 1, 2 3*, 2020-2022, total funding \$46,100. Principal Investigator.

- Three grants to produce inclusive and accessible resources from Special Olympics health data, and to develop, test and implement a co-research curriculum supporting individuals with intellectual and developmental disabilities to serve as co-researchers.

U.S. Department of Health and Human Services, Administration for Community Living (ACL), National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). *We Walk 4 Health: A mHealth Intervention to Promote Physical Activity in Adults with Intellectual and Developmental Disabilities* (90IFST005). 2020-2023, \$600,000. Co-investigator with PI Kelly Hsieh.

- This study builds on a previous pilot walking program for adults with IDD by exploring the use of activity trackers and social support with adults with intellectual and developmental disabilities and caregivers.

Health and Aging Policy Fellowship & American Political Science Association Congressional Fellowship, 2019-2020, \$15,000.

- Placement in the office of U.S. Senator Bob Casey on the U.S. Senate Special Committee on Aging.

Retirement Research Foundation, *Building community capacity for person centered planning for people aging with ID*, 2018, \$99,026. Principal Investigator. Co-PIs Haleigh Scott and Tamar Heller.

- A study revising, implementing, and evaluating a person-centered planning curriculum with older adults with intellectual and developmental disabilities in a Chicago community-based organization.

Individual Advocacy Group, Envision Unlimited through Illinois Department of Human Services, Division of Developmental Disabilities, *Short-term Stabilization Homes Evaluation*, 2017-2020, \$240,000. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of the Short-Term Stabilization Homes program implemented by two Illinois’ community-based organizations supporting people with a dual diagnosis of intellectual and developmental disability and psychiatric disability experiencing behavioral crisis.

Envision Unlimited, University of Illinois at Chicago, *Life Like Any Other*, 2015, \$12,500. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of an intervention program with the aim to better 30 integrate residents of four Community Integrated Living Arrangements into their neighborhoods through participation in community, civic, faith-based and special interest organizations.

PUBLICATIONS

Peer Reviewed Journal Articles

- Krueger, C., **van Heumen, L.**, & van den Helder, C. (2024). Self-Advocacy in Inclusive Research. *Social Sciences*. 13(2): 134. <https://doi.org/10.3390/socsci13030134>
- van Heumen, L.**, Krueger, C. & Mihaila, I., (2024). The Development of a Co-Researcher Training with and for People with Intellectual and Developmental Disabilities. *Journal of Applied Research in Intellectual Disabilities*. 37(e13200). <https://doi.org/10.1111/jar.13200>
- van Heumen, L.**, & Heller, T. (2024). Life story research with people aging with intellectual disabilities: an adaptation of the lifeline interview method. *Social Sciences*. 13(2): 107. <https://doi.org/10.3390/socsci13020107>
- Wanjagua, R., **van Heumen, L.** & Parker Harris, S. (2024). "Will I be celebrated at the end of this training?" Inclusive Research in Kenya. *Social Sciences*, 13(2): 95. <https://doi.org/10.3390/socsci13020095>
- Miller, S., & **van Heumen, L.** (2021). Inclusive online research with people labeled with intellectual and developmental disabilities during the COVID-19 pandemic: Technological adaptations. *Journal of Enabling Technologies*, 15(2): 122-135. DOI [10.1108/JET-12-2020-0051](https://doi.org/10.1108/JET-12-2020-0051)
- Williamson, H. J., **van Heumen, L.**, & Schwartz, A. E. (2020). Photovoice with Individuals with Intellectual and/or Developmental Disabilities: Lessons Learned from Inclusive Research Efforts. *Collaborations: A Journal of Community-Based Research and Practice*, 3(1): 8, 1–12. <https://doi.org/10.33596/coll.45>
- van Heumen, L.**, & Koneczny, N. (2019). Flexibility and Accessibility: Promoting Inclusive Teaching Strategies in a Large Enrollment Disability Studies College Course. *Journal of Teaching Disability Studies*, 1.
- van Heumen, L.**, & Schippers, A. (2016). Quality of Life for Young Adults with Intellectual Disabilities Following Individualized Support: Individual and Family Responses. *Journal of Intellectual and Developmental Disability*, 41(4), 1-13. doi:10.3109/13668250.2016.1213797.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. *International Public Health Journal*, 6(4), 311-322.
- Heller, T., Arnold, C.K., **van Heumen, L.**, McBride, E., & Factor, A. (2012). Consumer-Directed Support: Impact of Hiring Practices on Adults with Intellectual and Developmental Disabilities and Families. *American Journal on Intellectual and Developmental Disabilities*, 117(6), 464-477. doi: 10.1352/1944-7558-117.6.464.

Book chapters

- van Heumen, L.**, & Schippers, A. (2021). Quality of Life Among Older People with Intellectual and Developmental Disabilities. In V. P. Prasher, P. W. Davidson & F. H. Santos (Eds). *Mental Health, Intellectual Disabilities and the Aging Process (pp. 331-350)*. New York, NY: Springer.

- van Heumen, L.** (2021). Ageing with Lifelong Disability: Individual Meanings and Experiences Over Time. In M. Putnam & C. Bigby (Eds). *Handbook on Ageing with Disability (23-31)*. New York, NY: Routledge.
- Heller, T., & **van Heumen, L.**, (2021). Aging in Individuals with Intellectual and Developmental Disabilities. In L. Masters Glidden, L. Abbeduto, L. Lee McIntyre & M.J. Tassé. *APA Handbook of Intellectual and Developmental Disabilities, Vol 2. Clinical and Educational Implications: Prevention, Intervention and Treatment (pp. 508-523)*. Washington, DC: American Psychological Association.
- Perkins, E. A., & **van Heumen, L.** (2017). When the journey ends: Parental caregiving and later life planning. In B. S. Goff, & N. P. Springer (Eds). *Families and Disabilities: A Guide for Helping Professionals*. New York, NY: Taylor & Francis/Routledge.
- van Heumen, L.** & Heller, T. (2017). Aging. In K. Shogren, M. Wehmeyer & N. Singh (Eds.) *Handbook of positive psychology in intellectual and developmental disabilities: translating research into practice (pp. 357-372)*. New York, NY: Springer.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. In R. I. Brown & R. Faragher (Eds.). *Challenges for Quality of Life: Applications in Education and other Social Contexts (169-184)*. Hauppauge NY: Nova Science Publishers
- Heller, T. & **van Heumen, L.** (2013). Aging with disability. In M. Wehmeyer (Ed.) *Oxford handbook of positive psychology and disability (pp.409-423)*. Oxford, U.K.: Oxford University Press.
- Parker, S., Heller, T., Schindler, A., & **van Heumen, L.** (2012). Problems, controversies and solutions. In T. Heller & S. Parker (Eds.). *Disability through the Lifecourse (pp.39-102)*. Volume 1 for Sage Reference Series on Disability. Sage Publications.
- van Heumen, L.** (2012). Challenging the way we think about dementia. In *Zie meer Kijk anders. Tien jonge wetenschappers over disability studies (See more by looking in a different way. Ten young scientists on disability studies) (pp. 101-114)*. Utrecht: ZonMw.

Encyclopedia entries

- van Heumen, L.** (2018). Aging and disability. In Heller, T., Harris, S. P., Gill, C., & Gould, R. (Eds.). (2018). *Disability in American Life: An Encyclopedia of Concepts, Policies, and Controversies*. Santa Barbara, CA: ABC-CLIO.

Book reviews

- van Heumen, L.** (2016). Illuminating the black hole: aging with autism spectrum disorder. *The Gerontologist, 56(6), 1180-1181*, doi: 10.1093/geront/gnw160

Policy briefs and reports

- Heller, T., **van Heumen, L.**, Lee, M., Xiong, S. & Fedoris, A. (2016). *Ligas evaluation final report*. Chicago: Institute on Disability and Human Development.
- van Heumen, L.**, Heller, T., Lee, M., & Xiong, S. (2016). *Evaluation of the Ligas consent decree: Family members/guardian's experiences in the transition from an ICF/DD*. Chicago: Institute on Disability and Human Development.
- van Heumen, L.**, Caldwell, K., Xiong, S., & Heller, T. (2015). *The Ligas Consent Decree: An Evaluation of the Preferences and Experiences of Persons with Disabilities on the Waiting List*. Chicago: Institute on Disability and Human Development.
- Heller, T., **van Heumen, L.**, Caldwell, K., Wei, Y., Xiong, S., & Burke, M. (2015). *Ligas evaluation annual report: year 2 report*. Chicago: Institute on Disability and Human Development.

Podcasts and blog posts

- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 10). EP 36: Policy Lessons From COVID (HAPF Series)[Audio podcast]. Retrieved from <https://melissabphd.com/ep-34-policy-lessons-from-covid/>
- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 3). EP 35 –US Senate Special Committee on Aging: An Interview with Senator Bob Casey (D-PA) (HAPF Series). [Audio podcast]. Retrieved from <https://melissabphd.com/ep-35-us-senate-special-committee-on-aging-an-interview-with-senator-bob-casey-d-pa/>
- Van Heumen, L.** (Melissa Batchelor, PhD). (2020 May 18). EP 12 - Aging with Intellectual and Developmental Disabilities [Audio podcast]. Retrieved from: <https://melissabphd.com/ep-12-aging-and-intellectual-disabilities-with-dr-lieke-van-heumen/>
- Hernandez, A., St. John, C., Traylor, L. & **van Heumen, L.** (2020). Providing the Value They Have Earned: Addressing Direct Care Worker Needs Through Pay, Training, Innovation and Legislation [Blog post]. Retrieved from: <https://generations.asaging.org/direct-care-worker-pay-training-innovation-legislation>

AWARDS AND HONORS

University

- | | |
|------------|--|
| 2022 | Center for the Advancement of Teaching Excellence Action Research Scholar, University of Illinois at Chicago (UIC) <ul style="list-style-type: none">• The goal of the Action Research Scholars program is to inspire and empower UIC instructors to engage in data-informed, reflective teaching practices. |
| 2021 | Teaching Recognition Program Award, UIC. <ul style="list-style-type: none">• Awarded to instructors with a documented history of teaching excellence over the past three academic years and a demonstrated long-term commitment to teaching at UIC. |
| 2020 | Featured by Bonfire as ‘one of six extraordinary educators to get to know on campus’ <ul style="list-style-type: none">• Bonfire is the only student run newspaper at UIC. |
| 2017 | Excalibur Award for Teaching Excellence, College of Applied Health Sciences, UIC <ul style="list-style-type: none">• The Excalibur Award is awarded by the AHS Student Council and recognizes College of Applied Health Sciences faculty who have inspired graduating students in the classroom. |
| 2016 | Student Achievement Award for the Program in Disability Studies, UIC <ul style="list-style-type: none">• Award presented to one graduating student each academic year. |
| 2014 | Rue Bucher memorial award for qualitative studies in social processes, UIC <ul style="list-style-type: none">• To recognize graduate students using qualitative or field methods in their research. |
| 2014 | Paul D. Doolen Graduate Scholarship for the Study of Aging, University of Illinois <ul style="list-style-type: none">• The objective of the Doolen Scholarship is to facilitate the study of aging by providing scholarships to two outstanding graduate students. |
| 2013, 2014 | Chancellor’s Graduate Research Fellowship, UIC <ul style="list-style-type: none">• Fellowship intends to increase multidisciplinary scholarship opportunities and exposure to varied research and creative fields for graduate and professional students. |
| 2012 | 10 th Ann & Edward Page-El, M.D. Scholarship, UIC |

- The Ann and Edward Page-El Scholarship Award recognizes academic excellence and supports educational opportunities for graduate students interested in social or medical aspects of neurological disabilities.
- 2011 Chicago Consular Corps Scholarship, UIC
- Scholarship for UIC students, including international students.

National

- 2023 Fellow of the American Association on Intellectual and Developmental Disabilities (AAIDD)
- 2016 Student and Early Career Professionals Interest Network Scholarship American Association on Intellectual and Developmental Disabilities (AAIDD)
- Student and early career scholarships are awarded to those who submit exceptional research presentations.
- 2016 Gerontology Interest Network Student Scholarship, AAIDD
- Student and early career scholarships are awarded to those who submit exceptional research presentations.
- 2015 Student Award, AAIDD
- Recognizes student contributions in service, leadership, or scholarship to the field of intellectual and developmental disabilities.

International

- 2012 Best essay award, Disability Studies in the Netherlands.
- Winning essay was published in book, see van Heumen, 2012.
- 2009 Cultuurfondsbeurs, Prins Bernhard Cultuur Fonds
- Dutch award for students pursuing graduate education abroad.
- 2008 VSB Beurs, VSB fonds
- Dutch award for students pursuing graduate education abroad.

TRAVEL GRANTS

Gerontological Society of America/National Center on Gerontological Social Work Excellence

- 2014 Accelerating Translation of Knowledge to Community Practices for Older Adults – Washington, DC

International Association of the Scientific Study of Intellectual and Developmental Disabilities

- 2010, 2013 Aging Special Interest Research Group scholarship – Boston, MA; Prato, Italy
- 2009 Health Special Interest Research Group scholarship – Kingston, Canada

ALTER European Association on Disability Research and Disability Studies in the Netherlands

- 2012 DisABILITY MUNDUS: European summerschool in Disability Studies – Paris, France

SELECT INVITED TALKS

- 2024 (Intellectual) Disability Culture: Implications for Disability Studies, University of Amsterdam, the Netherlands (with Courtney Krueger).
- 2024 Advancing Inclusive Disability Policy: Lessons from Advocacy and Inclusive Research in Disability Studies, Netherlands Institute for Human Rights (with Courtney Krueger).

- 2023 How inclusive research can transform the lives of individuals with intellectual disabilities. Science Meets Practice Workshop, University of Nevada, Las Vegas (with Courtney Krueger).
- 2021 Aging of People with Intellectual and Developmental Disabilities
Advances in Aging lecture series, University of Arizona Center on Aging.
- 2020 Keynote: Navigating the Aging Dilemma of People with Intellectual Disabilities
2020 National Parents Conference of The Jamaican Association on Intellectual Disabilities
- 2019 Postnote: inclusive research with older adults with IDD: implications for practice.
Aging with Developmental Disabilities Conference, St. Louis, MO, USA
- 2017 Introduction to disability from a life course perspective.
DePaul University, Chicago, Illinois
- 2017 Social support networks of aging persons with intellectual disabilities.
The Arc, national webinar, USA
- 2017 Creative interventions when caring for our IDD geriatric population. Texas Health and Human Services Commission, Austin, Texas
- 2017 How to support older adults with intellectual and developmental disabilities to age well. 15th Annual QIDP leadership conference, the Arc, Alsip, Illinois
- 2016 How to support older adults with intellectual and developmental disabilities to age well
University of Texas at Austin, School of Nursing, USA
- 2015 Research with people with intellectual disabilities: an example of the use of photo voice
University of Texas at Austin, School of Nursing, USA
- 2015 Aging with intellectual and developmental disabilities
Easter Seals, two part national webinar, USA
- 2014 Lived experience of people aging with intellectual and developmental disabilities: the use of inclusive research methods
Symposium Disability Studies preceding inaugural lecture Prof. Dr. Geert van Hove
VU University Amsterdam, the Netherlands
- 2014 Lived experience of people aging with intellectual and developmental disabilities: the use of inclusive research methods
Pre-conference workshop 'New perspectives in Community Based Participatory Research on Aging and Developmental Disabilities' with Tamar Heller, PhD, Joseph Caldwell, PhD, Susan Fox, MA, MS, and Tia Nelis
Association of University Centers on Disabilities, Washington DC, USA
- 2014 Aging with an intellectual disability
Anixter Center, Chicago, USA
- 2013 Aging with an intellectual disability
Lambs Farm, Libertyville, USA
- 2013 Aging and intellectual disability in the US: Context, challenges, & opportunities with Brian Grossman, PhD, Sc.M.
Leadership Education in Neurodevelopmental and related Disabilities (LEND) Interdisciplinary Training Program, University of Illinois at Chicago, USA
- 2013 Aging Well across the Lifespan of Adults with Intellectual Disabilities
Illinois Association for Rehabilitation Facilities conference
Springfield, IL, USA
- 2013 Aging Well across the Lifespan of Adults with Intellectual Disabilities
Network of Psychologists working with Aging people with intellectual disabilities, the Netherlands

- 2013 Social Relations of Older Adults with Intellectual Disabilities from a Life Course Perspective
American Public Health Association, Disability Section Student webinar, USA
- 2011 Aging with an intellectual disability
LEND Interdisciplinary Training Program, University of Illinois at Chicago, USA

CONFERENCE ACTIVITY

Panels Organized

- van Heumen, L.** & Munly, K. (2021). *Aging with intellectual and developmental disabilities: a critical examination of supports for healthy aging*. Gerontological Society of America annual scientific meeting, Phoenix, AZ, USA.
- van Heumen, L.** (2016). *Aging experiences of individuals with intellectual and developmental disabilities and families*. Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- Dexter, J., Peters-Beumer, L., & **van Heumen, L.** (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm*. Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Peters-Beumer, L. & **van Heumen, L.** (2016). *Aging and Disability Peer Group*. Aging in America Conference of the American Society on Aging, Washington DC, USA.

Papers Presented

- van Heumen, L.** Shogren, K., McDonald, K., Schwartz, A., Gould-Taylor, S., Nelis, T., Aleong, S., & Broussard, R. (2024). Exploring opportunities for inclusive research at AAIDD. Oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L.** & Rottier, H. (2024). Using Plain language Summaries in a Large Enrollment Online Disability Studies College Course. Oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- Putnam, M. & **van Heumen, L.** (2023). Increasing social care capacity to meet the needs of persons aging with disability. Issue brief oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L.**, Krueger, C. (2021). *Inclusive Translation and Dissemination of Special Olympics Health Data*. Oral presentation at the International Association of the Scientific Study of Intellectual and Developmental Disabilities Europe Congress (online).
- van Heumen, L.**, Miller, S., Dubois, L., & Sadowsky, M. (2021). *Inclusive Research With Special Olympics Athletes During the Covid-19 Pandemic: Considerations for The Development of Online Inclusive Research Methods*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities (online conference).
- van Heumen, L.**, & Heller, T. (2021). *Positive Psychology and Disability Studies: Directions for Research on Aging with IDD*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America.
- van Heumen, L.**, (2020). *Updates in Titles III, IV and V (of the 2020 Reauthorization of the Older Americans Act)*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).
- DuBois, L., Sadowsky, M., **van Heumen, L.** & Xiong, S. (2019). *Inclusive Translation and Dissemination of Special Olympics Health Data*. Oral presentation at the Global Congress of the International

Association of the Scientific Study of Intellectual and Developmental Disabilities, Glasgow, Scotland.

- van Heumen, L.** Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA, USA.
- van Heumen, L.** (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.** (2018). *Improving Accessibility of Applied Research Methods to Promote Inclusive Research with People with ID*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.,** Ennis, D., Hsu, C., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Enhancing community collaboration: experiences of people with intellectual and developmental disabilities*. Arc of Illinois Annual Convention, Lisle, IL, USA.
- Ennis, D., **van Heumen, L.,** Hsu, C., Zalka, A., & Gill, J. (2016). *Envision: Life Like Any Other. Enhancing community collaboration*. Illinois Council on Developmental Disabilities Retreat, Bloomington, IL, USA
- van Heumen, L.,** (2016). *Retirement for adults with intellectual disabilities: Critical review and future research needs*. Paper presentation at the Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- van Heumen, L.,** (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm: Perspectives on Research*. Oral presentation at the Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Jordan Sheth, A., & **van Heumen, L.** (2016). *The experience of living with intellectual disability and dementia: A literature review and implications for practitioners and research*. Oral presentation At the Annual Conference of the American Academy of Developmental Medicine and Dentistry, Chicago, IL, USA.
- van Heumen, L.** (2016). *Social relations of older adults with intellectual disability from a life course perspective*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.,** Heller, T., Xiong, S., & Lee, M. (2016). *Impact of the Ligas consent decree in Illinois on individuals with intellectual and developmental disabilities moving off the waiting list for community based services*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.** (2016). *Life Story Research with People Aging with Intellectual Disabilities: An Application of the Life Line Interview Method*. Oral presentation at the International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, USA.
- van Heumen, L.** (2015). *Aging with Intellectual Disabilities: Selfhood and the Renegotiation of Familial Relationships*. Paper presentation at the Gerontological Society of America annual scientific meeting, Orlando, FL, USA.
- van Heumen, L.** & Schippers, A. (2014). *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- van Heumen, L.** & Schippers, A. (2013). *Quality of Life Effects of Individual Support for Families*. Paper presentation at Roundtable of the Quality of Life Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Amsterdam, the Netherlands.

- van Heumen, L.,** Schippers, A., Kleine, J., Steinbach, Z. & Adel Nikkhooij, A. (2013). *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at “The Art of Belonging”, 2nd International Conference Disability Studies in the Netherlands, Amsterdam, the Netherlands.
- van Heumen, L.** (2011). *Disability studies and aging*. Paper presentation at ‘Beyond Access: From Disability Rights to Disability Justice’, Society for Disability Studies Conference, San Jose, California, USA.
- van Heumen, L.** (2010). *Disability studies and aging*. Paper presentation at ‘Diversity in Quality of Life’ International Conference of Disability Studies in the Netherlands and VU University around World Disability Day, Amsterdam, the Netherlands.
- Heller, T., **van Heumen, L.,** McBride, E., Keiling, C. & Factor, A. (2011). *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD*. Paper presentation at Festival of International Conferences on Caregiving, Disability, Aging and Technology, Growing Older With a Disability, Toronto, Canada.
- Heller, T., Arnold, C.K., **van Heumen, L.,** McBride, E. & Factor, A. (2011). *Consumer-directed support: impact of hiring practice on adults with I/DD and families*. Paper presentation at State of Science Conference on Lifespan Health and Function of Adults with Intellectual and Developmental Disabilities: Translating Research into Practice, Bethesda, MD, USA.
- Heller, T., **van Heumen, L.,** Caldwell, K., McBride, E., Arnold, C. K. & Factor, A. (2010). *Consumer-directed support: impact of hiring practices on families of adults with I/DD*. Paper presentation at IASSIDD Europe Congress, Rome, Italy.

Posters Presented

- van Heumen, L.,** Krueger, C. (2024). Self Advocacy and Inclusive Research. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L.,** Flanigan, R. & O’Donnell, T., (2024). Undergraduate Students’ Experiences and Preferences with Course Modalities Poster presentation at TeachX.
- van Heumen, L.,** (2022). Inclusive Research with People with Intellectual and Developmental Disabilities using Photo Voice. Poster presentation at the Photovoice Past Present Future Conference (Photovoice Worldwide) (online conference).
- van Heumen, L.,** Abdelrahim, R., Osorio, M., Hsieh, K, Eisenberg, Y., & Marquez, D.X. (2022). Refining a Walking Program for Adults with IDD through Online Focus Groups. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).
- van Heumen, L.,** Krueger, C. & Mihaila, I. (2022). The Development of a Curriculum to Train Special Olympics Athletes to be Co- Researchers. Poster symposium presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).
- Hernandez, A., **van Heumen, L.,** Li, L., Gualtieri, M.C., Stanley, I., O’Neill, L.,& Kusmaul, N. (2020). *Promoting Healthy Aging Through Policy Change on the Federal Level: Strategies for Scholars and Clinicians*. Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).
- van Heumen, L.,** Egli, D., Barich, V., & Heller, T. (2020). *Using staff perspectives to enhance supports and services for individuals with dual diagnosis who are experiencing behavioral crisis*. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD): Pittsburg, PA (conference canceled).

- van Heumen, L.,** DuBois, L., & Xiong, S. (2019). Inclusive Translation and Dissemination of Special Olympics International Health Data. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Minneapolis, MN, USA.
- van Heumen, L.** Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.,** Hsu, C., Ennis, D., Lilley, V., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Experiences of adults with intellectual disabilities with community participation: results from a photo voice study.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Hartford, Connecticut, USA.
- van Heumen, L.** (2016). *Life story research with people aging with intellectual disability: an application of the lifeline interview method.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.** (2014). *Social Relationships of Older Adults with Intellectual Disabilities from a Life Course Perspective.* Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America, Washington DC, USA.
- van Heumen, L.** (2014). *Social relations of older adults with intellectual disabilities from a life course perspective.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- Burke, M. B., Arnold, K., Xiong, S., **van Heumen, L.,** McBride, E., & Heller, T. (2014). *Comparing Caregiver Experiences of Parents and Siblings of Individuals with Intellectual and Developmental Disabilities.* Poster presentation at the 47th Annual Gatlinburg Conference, Chicago, USA.
- van Heumen, L.,** Heller, T., McBride, E. & Arnold, C.K. (2013). *Satisfaction with personal support workers and well-being of aging family caregivers of adults with I/DD.* Poster presentation at the Roundtable of the Aging Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Boston, MA, USA.
- Heller, T., McBride, E., **van Heumen, L.,** Arnold, C.K., Factor, A. (2012). *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD.* Poster presentation at the American Association of Intellectual and Developmental Disabilities, Charlotte, NC, USA.
- van Heumen, L.** (2010) 'Social Relations of Ageing People with Intellectual Disabilities'. Poster presentation at the Joint Roundtable of the Aging and Health Issues SIRG's, IASSIDD, Prato, Italy.

TEACHING EXPERIENCE

Department of Disability and Human Development, University of Illinois at Chicago, USA

Curriculum development and sole instructor

Disability in U.S. society (undergraduate 200+ students)	Fall 2017-present
Disability through the life course (joint undergraduate and graduate, 10 students)	Spring 2017, Fall 2021, Fall 2022, Spring 2024

Courses taught as sole instructor

Independent Research (graduate, 1 PhD student)	Fall 2016
Disability in U.S. society (undergraduate, 124 students)	Spring 2016

Courses taught as co-instructor

Scholarly Approaches to Teaching (graduate, 14 students)	Fall 2023
Foundations of Disability and Human Development (graduate, 7 students)	Fall 2012

Undergraduate student mentorship

Independent Research; Honors college mentor and fellow, Supervisor for Bachelor of Rehabilitation Science AHS393 Field Experience	Fall 2016-present
---	-------------------

SERVICE TO PROFESSION

Leadership

2024	Strand leader Adulthood, AAIDD National Goals
2024-present	Associate Editor Inclusion
2024-present	Co-editor special issue on Inclusive Research and Education, Journal of Policy and Practice in Intellectual Disabilities
2024-present	Member Editorial Board Public Policy and Aging Report
2022-present	Secretary, Inclusive Research Special Interest Research Group, International Association for the Scientific Study of Intellectual and Developmental Disabilities
2021-present	Member scientific panel National Task Group on Intellectual Disabilities and Dementia Practices
2021-2023 (& 2015-2017)	Co-convener Lifelong Disabilities Special Interest Group Gerontological Society of America
2021-present	Publication committee member of the International Association for the Scientific Study of Intellectual and Developmental Disabilities
2021-2022	CJE Senior Life Linkages Policy, Advocacy and You planning committee
2018-present	Member of the Editorial Board of Alter, the European Journal of Disability Research
2018-2023	Board member Arc of Illinois
2018-2023	Chair Gerontology Interest Network American Association on Intellectual and Developmental Disabilities
2021	Guest editor of the issue on aging and retirement for 'Impact', magazine from the Institute on Community Integration, University of Minnesota
2015	Participant Aging Strand (invitation only) National Goals in Research, Policy and Practice for and with People with Intellectual and Developmental Disabilities Working Meeting Washington, DC

Reviewer

2024	IASSIDD World Congress
2015-present	<i>Journal of Applied Research in Intellectual Disabilities</i> <i>Disability Studies Quarterly</i> <i>Intellectual and Developmental Disabilities</i> <i>Journal of Intellectual and Developmental Disability</i> <i>Journal of Policy and Practice in Intellectual Disabilities</i> <i>Research on Aging</i> <i>Scandinavian Journal of Occupational Therapy</i>

International Journal of Social Research Methodology
Journal of Occupational Rehabilitation
Social Sciences

2019, 2020 & 2021 AAIDD Annual meeting
2014 IASSIDD Europe Regional Congress

UIC SERVICE

2024-present	UIC Senate
2023-present	DHD academic affairs committee
2023-present	DHD DEIA committee
2023-present	DHD P&T committee
2022-present	Associate member of the Graduate Faculty
2022-present	DHD IBHE B.S subcommittee
2021-present	Senate Taskforce on the Future of Instruction at UIC
2021-present	AHS Student Affairs Committee
2021-present	Honors College Research Grants reviewer
2021-2022	DHD Faculty Search Committee

CLINICAL EXPERIENCE

2002-2009	Direct support professional Cello (organization for persons with intellectual disabilities), the Netherlands
2007-2008	Psychologist Stichting Pergamijn (organization for persons with intellectual disabilities), the Netherlands

LANGUAGES

Dutch (native); English (near-native); German (good receptive skill, basic expressive skill); French (basic receptive skill, basic expressive skill)

PROFESSIONAL MEMBERSHIPS

American Association on Intellectual and Developmental Disabilities
Gerontological Society of America
International Association for the Scientific Study of Intellectual and Developmental Disabilities