

**CURRICULUM VITAE**  
**TONI VAN DENEND, OTD, OTR/L**

**EDUCATION**

- 2019            Doctor of Science in Occupational Therapy  
                  *University of Illinois at Chicago, Chicago, IL*
- 2003            Master of Science in Occupational Therapy  
                  *University of Illinois at Chicago, Chicago, IL*
- 1999            Bachelor of Science in Health Education  
                  *Illinois State University, Normal, IL*

**PROFESSIONAL QUALIFICATIONS**

- 2003-present    Certified by the National Board of Certification in Occupational Therapy  
                      (USA) *OTR Certification Number: 1068831*
- 2004-present    Licensed to practice occupational therapy in the state of Illinois  
                      *License Number: 56007082*

**PROFESSIONAL EXPERIENCE**

- July, 2022-current: Clinical Assistant Professor  
                          *Department of Occupational Therapy, University of Illinois Chicago*
- 2020-2022:      Senior Research Specialist  
                      *Comparing the Effectiveness of Fatigue Management Programs for People with MS.*  
                      PI: Matthew Plow, PhD,  
                      Funder: Patient-Centered Outcomes Research Institute.
- 2021-2022:      Senior Research Specialist  
                      *Validation of an individualized reduction of falls intervention program among wheelchair and scooter users with multiple sclerosis.*  
                      PI: Dr. Laura Rice, PhD.  
                      Funder: National Multiple Sclerosis Society.
- 2018-2019:      Course Co-Developer and Co-Instructor with K. Preissner  
                      *REFRESH: Managing Fatigue Interventionist Training, on-line Blackboard course for Occupational Therapists*  
                      PI: Matthew Plow, PhD  
                      Funder: Patient-Centered Outcomes Research Institute.
- 2018-2019:      Research Assistant/Graduate Research Hours  
                      *Comparing the Effectiveness of Fatigue Management Programs for People with MS.*  
                      PI: Matthew Plow, PhD
- 2018-2019:      Graduate Research Hours  
                      *Management of Fall Risk in Non-Community Ambulators Affected by Multiple Sclerosis.*

PI: Laura Rice, PhD, University of Illinois at Champaign/Urbana.

- 2006-2017: PRN Occupational Therapist  
*Community Physical Therapy & Associates at Alden of Waterford, Aurora, IL and Alden Estates of Naperville, IL. Variable hours.*
- 2005-2007: Full time staff Occupational Therapist  
*RehabCare at Beacon Hill Retirement Community, Lombard, IL.*
- 2004-2005: Investigator  
*Addressing Concerns about Falling Among Older Adults with Multiple Sclerosis (MS).*  
PI: Marcia Finlayson, PhD, University of Illinois at Chicago.  
Funder: The Retirement Research Foundation.
- 2002-2005: Project Coordinator  
*Aging with MS: Unmet Needs in the Great Lakes Region Study.*  
PI Marcia Finlayson, PhD, University of Illinois at Chicago.  
Funder: National Multiple Sclerosis Society.
- 2003-2004: Interventionist  
*Effects of Teleconference Energy Conservation Program for People with MS.*  
PI Marcia Finlayson, PhD, University of Illinois at Chicago.  
Funder: Campus Research Board, University of Illinois at Chicago.

### **PROFESSIONAL SERVICE**

**Service to the University of Illinois Chicago, including at the University level, the College of Applied Health Sciences, and the Department of Occupational Therapy**

- Spring 2025-current: University of Illinois Chicago's Supportive Environments Community of Practice within the Campus-wide Advisory Committee on Student Health and Wellbeing
- Fall 2022-current: University of Illinois Chicago's Foundations of Interprofessional Collaborative Practice Program Small Group Facilitator and Program contact with the Center for the Advancement of Interprofessional Practice, Education, and Research (CAIPPER).
- Spring 2024-current: College of Applied Health Sciences Empowerment Liaison Committee
- Spring 2024-current: Department Faculty Advisory Committee Member
- Fall, 2022-current: Entry-level OTD Admissions Committee Member
- Fall, 2022-current: Entry-level OTD Faculty Advisor
- Fall, 2022-current: Clinical-Academic Collaboration Committee
- Fall, 2022-current: Collaborative Partnerships Committee

Fall, 2022-May, 2023: Entry-level Occupational Therapy Doctorate (OTD) Capstone support to Capstone Coordinator

### **Service to Illinois Occupational Therapy Association**

**April 2024-current:** Pre-OT Mentor within the Community Outreach Committee's Pre-OT Mentorship Program

**January 2025-current:** Administration and Management Special Interest Section (AMSIS) Committee Member

## **PUBLICATIONS**

### **Publications**

**Van Denend, T.**, Moein, S., Peterson, E. W., Morris, J., Backus, D., Sosnoff, J. J., Koester, A., Bradshaw, J., Nguyen, M., Viswanath, P. & Rice, L. A. (In preparation). Development of a mHealth fall management program for people with spinal cord injury or multiple sclerosis who use wheelchairs and scooters full time: A usability study. *Frontiers in Digital Health*. Health and Communications and Behavior Change Section.

Teberg, J., **Van Denend, T.**, Preissner, K., Packer, T., Mathiowetz, V., Finlayson, M., Ghahari, S., & Plow, M. (In preparation). "A way to connect": The experience of occupational therapists using telehealth to deliver the Packer Managing Fatigue Program. *International Journal of Telerehabilitation*.

Stoffel, A., Arias, D., **Van Denend, T.**, Smith, C., Lee, J., Larson, L. & Fisher, G. (In preparation). Holistic Admissions in Action: Process and Outcomes in a Graduate Health Program at a Public Urban Research University. *The Open Journal of Occupational Therapy*.

Plow, M., Packer, T., Mathiowetz, V., **Van Denend, T.**, Preissner, K., Ghahari, S., Wu, Q., Sattar, A., Bethoux, F., Nowacki, A., Finlayson, M. (In Review). A non-inferiority randomized clinical trial comparing delivery formats of a rehabilitation intervention in reducing fatigue among people with multiple sclerosis. *Health Services Research*.

Plow, M., Packer, T., Mathiowetz, V., Preissner, K., Ghahari, S., Sattar, A., **Van Denend, T.**, & Finlayson, M. (In review; Available August 2025). A Non-inferiority randomized clinical trial comparing the effectiveness of delivering fatigue self-management interventions for people with MS. *Patient Center Outcomes Research Institute Final report*. [https://www.pcori.org/research-results/2017/comparing-effectiveness-three-formats-providing-fatigue-management-course-reducing-fatigue-among-patients-multiple-sclerosis#project\\_final\\_report](https://www.pcori.org/research-results/2017/comparing-effectiveness-three-formats-providing-fatigue-management-course-reducing-fatigue-among-patients-multiple-sclerosis#project_final_report)

**Van Denend, T.** & Francis, R. (2025, Jan 10). Building strategies to cultivate long-term healthcare career well-being. *University of Illinois-Chicago's Inside AHS News*. Retrieved: <https://ahs.uic.edu/inside-ahs/news-stories/building-strategies-to-cultivate-long-term-healthcare-career-well-being/>

Moein, S., Peterson, E. W., Li, Z., Morris, J., **Van Denend, T.**, Sosnoff, J. J., ... Rice, L. A. (2024). Engaging wheelchair and scooter users in the co-design of an mHealth application for fall prevention and

- management: thematic analysis of focus group research. *Disability and Rehabilitation: Assistive Technology*, 1–12. <https://doi.org/10.1080/17483107.2024.2422391>
- Moein, S., Peterson, E.W., Li, Z., Morris, J., **Van Denend, T.**, Sosnoff, J. et al. (2024). Engaging wheelchair and scooter users in the co-design of an mHealth application for fall prevention and management: thematic analysis of focus group research. Figshare. Media. <https://doi.org/10.6084/m9.figshare.25123190.v1>
- Van Denend, T.**, Moein, S., Niec, P., Peterson, E. W., Morris, J., Backus, D., Sosnoff, J. J., Brunskill, A., Hawari, L., & Rice, L. A. (2024). mHealth learning strategies to support behaviour change in individuals using wheelchairs and/or scooters: a systematic review. *Disability and rehabilitation. Assistive technology*, 1–11. Advance online publication. <https://doi.org/10.1080/17483107.2024.2394814>
- Chen, Y., Lehman, M., **Van Denend, T.**, Kish, J., Wu, Y., Preissner, K., Plow, M. & Packer, T. (2025). Features of structured, one-to-one videoconference interventions that actively engage people in the management of their chronic conditions: Scoping review. *Journal of Medical Internet Research*, 27:e58543. URL: <https://www.jmir.org/2025/1/e58543>. DOI: 10.2196/58543
- Van Denend, T.**, Mathiowetz, V., Preissner, K., Bethoux, F., Finlayson, M., Packer, T., Ghahari, S. & Plow, M. (2024). Adapting the Multiple Sclerosis Functional Composite for telehealth administration using videoconference delivery: Methodological considerations and interrater reliability. *Archives of Rehabilitation Research and Clinical Translation*, 6(2), 100337. <https://doi.org/10.1016/j.arrct.2024.100337>
- Van Denend, T.**, Peterson, E. W., Backus, D., Sosnoff, J., Abou, L., Sandhu, A., Rice, L., McArthur, A. (2023). Online fall risk management program for people with multiple sclerosis who use wheelchairs or scooters: A pilot study with promising findings. *Am J Occup Ther*, 77(2), 7711510315p1. doi: <https://doi.org/10.5014/ajot.2023.77S2-PO315>
- Poole, J. Murphy, S., Foster, E., Sleight, A., **Van Denend, T.**, Asher, A., Carandang, K., Finlayson, M., Fogelberg, D. Jim, H., Ledingham, A., Packer, T., Plow, M., Preissner, K., Wechsler, S., Whibley, D. (2023). Fatigue as an understudied barrier to participation in life roles. *OTJR: Occupational Therapy Journal of Research*, 43(4), 583–591. <https://doi.org/10.1177/15394492231180833>
- Van Denend, T.**, Gecht-Silver, M., Kish, J., Plow, M., Preissner, K. (2023). Appreciating the experience of multiple sclerosis fatigue. *British Journal of Occupational Therapy*, 86(6):441-450. doi:10.1177/03080226231154459
- Van Denend, T.**, Peterson, E. W., McArthur, A. R., Yarnot, R., Kish, J., Steinkellner, S., Sandhu, A., & Rice, L. A. (2022). A process evaluation of an on-line fall prevention and management program for individuals who use wheelchairs or scooters living with multiple sclerosis [Original Research]. *Frontiers in Public Health*, 10. <https://doi.org/10.3389/fpubh.2022.1042668> (\*Article included in an e-book: Zhang, X., Guo, F., Lee, P. H., eds. (2023). Digital information for patient education. Lausanne: Frontiers Media SA. doi: 10.3389/978-2-8325-2671-2)

- Van Denend, T.**, Peterson, E., Sung, J., Rice, L. (2022). Process evaluation findings of a fall prevention and management program for wheelchair and scooter users with multiple sclerosis. *PEC Innovations*, (1), 10081.
- Van Denend, T.**, & Preissner, K. (2022). Supporting the occupation of sleep with people with multiple sclerosis fatigue. *OT Practice*, 27(3), 31-33.
- Peterson, E., **Van Denend, T.**, Sung, J., Rice, L. (2021). *Process evaluation of iROLL: A fall management program for full-time wheelchair and scooter users with multiple sclerosis. [Abstract]*. Council of Occupational Therapists for European Countries (COTEC) – European Network of Occupational Therapy in Higher Education (ENOTHE) Congress 2021 Abstract book, p. 50.
- Van Denend, T.**, Yi, J., & Roderick, A. (2021). Fostering collaboration to address complex therapeutic challenges: A physical therapist and occupational therapist partnership to develop fall prevention programming for wheelchair and scooter users. *The Communique by the Illinois Occupational Therapy Association*. (January, February, March), (1).
- Rice, L., Peterson, E., Backus, D., JongHun, S., Yarnot, R., Abou, L., **Van Denend, T.**, Shen, S. & Sosnoff, J. (2019). Validation of an Individualized Reduction of Falls (iROLL) Intervention Program Among Wheelchair and Scooter Users with Multiple Sclerosis. *Medicine*, 98(19), e15418.
- Packer, T., Brink, N., & Sauriol, A. (1995). Managing Fatigue: A Six-Week Course for Energy Conservation. Therapy Skill Builders, Tucson, Arizona, revised and adapted for one-to-one delivery in 2019 (2nd Edition) by K. Fox, **T. Van Denend**, V. Mathiowetz, K. Preissner, M. Finlayson; Kingston, Canada; Minneapolis, Minnesota and Chicago, Illinois.
- Packer, T., Brink, N., Sauriol, A. (1995) Managing Fatigue: A Six-Week Course for Energy Conservation. Therapy Skill Builders, Tucson, Arizona, revised and adapted for teleconference delivery in 2019 (2nd Edition) by M. Finlayson, K. Preissner, **T. Van Denend**, J. Hewitt; Kingston, Canada; Chicago, Illinois and Cleveland, Ohio.
- Rice, L., Abou, L., **Van Denend, T.**, Peterson, E., Sosnoff, J. (2018). Falls among wheelchair and scooter users with multiple sclerosis - A review. *US Neurology*, 14(2), 82-87.
- Finlayson, M. & **Van Denend, T.** (2017). Entering, storing and managing data. In R. Taylor (Eds.), *Kielhofner's Research in Occupational Therapy: Methods of Inquiry for Enhancing Practice*. (2nd ed., pp. 313-329).
- Van Denend, T.** & Finlayson, M. (2007). Ethical decision making in clinical research: Application of the CELIBATE method. *American Journal of Occupational Therapy*, 61(1), 92-95.
- Van Denend, T.** (2006). Employment needs of people with Multiple Sclerosis: A review of the current literature and application to occupational therapy practice. *Occupational Therapy in Health Care*, 20(1), 61-77.

- Finlayson, M., **Van Denend, T.**, & DalMonte, J. (2005). Older adults' perspectives on the positive and negative aspects of living with Multiple Sclerosis. *British Journal of Occupational Therapy*, 68(3), 117-124.
- Finlayson, M. & **Van Denend, T.** (2006) Data Management. In G. Kielhofner's (Eds.), *Scholarship in Occupational Therapy: Methods of Inquiry for Enhancing Practice*. (1<sup>st</sup> ed., pp. 548-564).
- Finlayson, M., **Van Denend, T.**, & Shevil, E. (2004). Multiple perspectives on health service need, use and variability among older adults with Multiple Sclerosis. *Occupational Therapy in Health Care*, 17(3-4), 5-25.
- Finlayson, M., **Van Denend, T.**, & Hudson, E. (2004). Aging with Multiple Sclerosis. *Journal of Neuroscience Nursing*, 35(5), 245-251.
- Finlayson, M., Havens, B., Holm, M., & **Van Denend, T.** (2003) Integrating a Performance-based Observation Measure of Functional Status into a Population-Based Longitudinal Study of Aging. *Canadian Journal on Aging*, 22(2), 185-196.
- Finlayson, M., **Van Denend, T.** (2003). Experiencing the loss of mobility: Perspectives of older adults with Multiple Sclerosis. *Disability and Rehabilitation*, 25(20), 1168-1180.

## **TEACHING**

Summer 2025: Co-Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 655: Professional Development and Leadership V

Spring 2025: Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 615: Professional Development and Leadership II

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 645: Professional Development and Leadership IV

Lead Co-Instructor

*University of Illinois Chicago, Program in Rehabilitation Sciences*

OT 350: Introduction to Occupational Therapy: Occupation and Participation across the Lifespan

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 678: Capstone Project II

Course contributing instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 612: Occupational Performance and Participation: Outcomes and Interventions 1

Fall, 2024: Course Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 532: Advanced Fieldwork in Education. 1 student. Building strategies to cultivate long-term healthcare career well-being.

Course Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 601: Communication and Therapeutic Relationships

Lead Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 605: Professional Development and Leadership I

Lead Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 635: Professional Development and Leadership III

Course Facilitator  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 630A: Occupational Therapy Process: Application I

Lead Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 668: Capstone Project I

Lead Co-Instructor  
*University of Illinois Chicago, Department of Occupational Therapy*  
OT 360: Promoting Wellbeing

Lead Instructor. Advanced Fieldwork Practicum in Education – 1 credit.  
*University of Illinois Chicago, Department of Occupational Therapy*  
Developing a Provider Wellbeing Workshop for the Center for the Advancement of InterProfessional Practice, Education and Research's (CAIPPER) Student Organization

Summer 2024: Co-Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 655: Professional Development and Leadership V

Spring 2024: Lead Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 615: Professional Development and Leadership II

Lead Instructor  
*University of Illinois Chicago, Department of Occupational Therapy.*  
OT 645: Professional Development and Leadership IV

Lead Co-Instructor  
*University of Illinois Chicago, Program in Rehabilitation Sciences*

OT 350: Introduction to Occupational Therapy: Occupation and Participation across the Lifespan

Course contributing instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 612: Occupational Performance and Participation: Outcomes and Interventions 1

Fall, 2023:

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 605: Professional Development and Leadership I

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 635: Professional Development and Leadership III

Course Facilitator

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 630A: Occupational Therapy Process: Application I

Course Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 601: Communication and Therapeutic Relationships

Lead Co-Instructor

*University of Illinois Chicago, Department of Occupational Therapy*

OT 360: Promoting Wellbeing

Spring, 2023:

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 615: Professional Development and Leadership II

Lead Co-Instructor

*University of Illinois Chicago, Program in Rehabilitation Sciences*

OT 350: Introduction to Occupational Therapy: Occupation and Participation across the Lifespan

Course contributing instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 612: Occupational Performance and Participation: Outcomes and Interventions 1

Fall, 2022:

Lead Instructor

*University of Illinois Chicago, Department of Occupational Therapy.*

OT 605: Professional Development and Leadership I

2020-2021:

Adjunct Clinical Instructor

*University of Illinois at Chicago, Department of Occupational Therapy.*

Research-based Fieldwork Educator. Three students.

Spring, 2020: Adjunct Faculty  
*Lewis University, Department of Occupational Therapy.*  
Lead instructor: Evidence Based Practice I.

Fall, 2019: Adjunct Faculty  
*North Central College, Department of Occupational Therapy.*  
Lead instructor: Assessment Theory, on-line course.  
Lab Assistant: Geriatrics Assessment and Intervention.

### **Guest Lecture/Service Teaching**

**Van Denend, T.** (2025, April 21). University of Illinois Chicago's Center for the Advancement of Interprofessional Practice, Education, and Research *Foundations of Interprofessional Collaborative Practice Program* Small Group Facilitator for 12 interprofessional students. (3.0).

**Van Denend, T.** (2025, March 18). Occupational Therapy Program Preview Session Discussion Leader for potential OT students in the *Department of Occupational Therapy, University of Illinois Chicago.* (Virtual; 1.0)

**Van Denend, T.** (2025, January 16). Occupational Therapy Program Preview Session Discussion Leader for potential OT students in the *Department of Occupational Therapy, University of Illinois Chicago.* (Virtual; 1.0)

**Van Denend, T. & Taylor, M.** (December 10, 2024). *Mental Health First Aid Training.* Delivered to 25 occupational therapy and Applied Health Sciences faculty, staff, and students. University of Illinois Chicago. (8.0)

**Van Denend, T. & Hayes, S.** (May 10, 2024). *Mental Health First Aid Training.* Delivered to 12 occupational therapy and College of urban planning and public affairs faculty and staff, University of Illinois Chicago. (8.0)

**Van Denend, T. & Rosario, E.** (May 1, 2024). *Mental Health First Aid Training.* Delivered to 11 occupational therapy and social work students, University of Illinois Chicago. (8.0)

**Van Denend, T. & Rosario, E.** (December 6, 2023). *Mental Health First Aid Training.* Delivered to 21 occupational therapy and social work students, University of Illinois Chicago. (8.0)

**Van Denend, T.** (2024, April 15). University of Illinois Chicago's Center for the Advancement of Interprofessional Practice, Education, and Research *Foundations of Interprofessional Collaborative Practice Program* Small Group Facilitator for 12 interprofessional students. (3.0).

**Van Denend, T.** (2024, March 26). Invited panelist in 2024 Foundations of Interprofessional Collaborative Practice (FICP) Facilitator Training. (.50). Center for the Advancement of InterProfessional Practice, Education and Research (CAIPPER), *University of Illinois at Chicago.*

**Van Denend, T.** (2023, January 19). Occupational Therapy Program Preview Session Discussion Leader for potential OT students in the *Department of Occupational Therapy, University of Illinois at Chicago.* (.50)

**Van Denend, T.** (2023, April 14). University of Illinois Chicago's Foundations of Interprofessional Collaborative Practice Small Group Facilitator for 12 interprofessional students. (3.0).

**Van Denend, T.** (2022, November 21). Entrepreneurship and Non-traditional roles in Occupational Therapy. Discussion facilitator for OT MS students in the *Department of Occupational Therapy, University of Illinois at Chicago*. (.75)

### **PRESENTATIONS**

Rice, L. A., Peterson, E. W., **Van Denend, T.**, Sosnoff, J., Backus, D. (In Review; 2025, November 12-15). *Fall prevention for older adults who use wheelchairs and scooters* [Poster presentation]. Gerontological Society of America Annual Scientific Meeting. Boston, MA.

Rice, L. A., Peterson, E. W., **Van Denend, T.**, Moein, S., Koester, A., Bradshaw, J., Nguyen, M., Morris, J., Sosnoff, J., Backus, D. (In Review; 2026, February 9-12). *Co-design of an mHealth application to support an evidence-based fall prevention program for people who use wheelchairs and scooters full-time* [Conference presentation]. World Federation of Occupational Therapists Congress. Bangkok, Thailand.

Peterson, E. W., Moein, S., **Van Denend, T.**, Hammel, J., Kottorp, A. & Rice, L. A. (In Review; 2026, February 9-12). *The Fall Concerns Scale for people who use wheelchairs and scooters: An innovative outcome tool for occupational therapists and the entire interprofessional team* [Conference presentation]. World Federation of Occupational Therapists Congress. Bangkok, Thailand.

Rice, L. A., Moein, S., **Van Denend, T.**, Peterson, E. W., Li, Z., Morris, J., Backus, D., & Sosnoff, J. (In Review; 2025, September 3-6). *A Mobile application for a fall prevention program for people using wheelchairs: Development, usability, usefulness* [Poster presentation]. Academy of Spinal Cord Injury Professionals' Annual Conference and Expo. Philadelphia, PA, USA.

Peterson, E., Moein, S., **Van Denend, T.**, Li, Z., & Rice, L. (2025, April 3-5). *Key features enhancing the usability of a mobile health application designed for people using wheelchairs/scooters full-time: A mixed-methods study* [Conference presentation]. The American Occupational Therapy Association (AOTA) INSPIRE 2025 Conference, Philadelphia, PA, USA.

**Van Denend, T.**, (2025, February 14). *Exhausted? Prioritizing sleep might be your answer* [Poster presentation]. University of Illinois Chicago's Student Wellness Health Fair. Chicago, IL, USA.

Smith, C. & **Van Denend, T.** (2024, November 21-22). *Wellbeing Workshop: Enhancing Provider Wellbeing & Developing Strategies to Prevent Burnout* [Conference virtual presentation]. Illinois Occupational Therapy Association Annual Conference. Naperville, IL, USA.

Moein, S., **Van Denend, T.**, Peterson, E. W., Li, Z., Morris, J., Sosnoff, J. J., Backus, D., Hawari, L., Nguyen, M., & Rice, L. A. (2024, August 25-28). *Designing a fall prevention and management mHealth app for people using wheelchairs and scooters full-time* [Conference presentation]. Paralyzed Veterans Association Healthcare Summit and Expo 2024. Anaheim, CA, USA.

Packer, T., Chen, Y., Lehman, M., **Van Denend, T.**, Kish, J., Wu, Y., Preissner, K. & Plow, M. (2024, May 1 – 3). *Videoconference self-management interventions to actively engage clients: A scoping*

*review* [Poster presentation]. Canadian Association of Occupational Therapists Conference 2024. Halifax, NS, Canada.

**Van Denend, T.**, Preissner, K., Mathiowetz, V. & Plow, M. (2024, March 23). *The experience of adapting the Multiple Sclerosis Functional Composite for telehealth*. [Poster presentation]. American Occupational Therapy Association INSPIRE 2024 National Conference. Orlando, FL.

Smith, C. & **Van Denend, T.** (2024, March 21). *Restoring rest: a conversation on integrating rest in occupational therapy practice*. [Conversation that Matters presentation]. American Occupational Therapy Association INSPIRE 2024 National Conference. Orlando, FL.

Hammel, J., Peterson, E., Preissner, K., Thomure, R. & **Van Denend, T.** (2024, March 7). *Scholarship of Practice Collaborative Breakout Session: Community Engagement, Independent Living & Societal Participation*. University of Illinois Chicago's Department of Occupational Therapy 6<sup>th</sup> Annual Scholarship of Practice Day.

**Van Denend, T.**, Peterson, E., McArthur, A., Backus, D., Sosnoff, J., Abou, L., Sandhu, A., Rice, L. (2023, April 22). *A pilot study examining an on-line fall risk management program for people with Multiple Sclerosis who use wheelchairs or scooters: Promising findings*. [Poster presentation]. American Occupational Therapy Association INSPIRE 2023 National Conference. Kansas City, MO.

Preissner, K., Gecht-Silver, M. & **Van Denend, T.** (2023, April 21). *Like being in a boxing ring and getting knocked out slowly: Use of metaphors to enhance client-centered care for people with multiple sclerosis fatigue*. [Poster presentation]. American Occupational Therapy Association INSPIRE 2023 National Conference. Kansas City, MO.

Peterson, E., **Van Denend, T.**, Sung, J., & Rice, L.A. (2022, August 28). *Leading change in fall prevention for special populations: Process evaluation of an online fall management program for full-time wheelchair and scooter users with multiple sclerosis*. World Federation of Occupational Therapy Conference 2022.

Rice, L.A., **Van Denend, T.**, Sung, J.H., Peterson, E.W. (2022, August 28-31) *Fall Management Among Wheelchair Users Living with Multiple Sclerosis: Current Research and Practice Strategies*. Accepted for Presentation at the Paralyzed Veterans of America Annual Healthcare Summit and Expo. Dallas, TX.

Rice, L.A., **Van Denend, T.**, Peterson, E. (2022, March 8). *Supporting Client-centered, Interdisciplinary Approaches to Building Fall Prevention Skills Among Full-time Wheelchair and Scooter Users: Best Practices*. Accepted for presentation at the 2022 Illinois Physical Therapy Association Revitalize Virtual Conference.

Peterson, E., **Van Denend, T.**, Sung, J., Rice, L.A. (2021, September 15-18). *Process evaluation of iROLL: A fall management program for full-time wheelchair and scooter users with multiple sclerosis*. [Poster Showcase]. Council of Occupational Therapists for European Countries (COTEC) - European Network of Occupational Therapy in Higher Education (ENOTHE) Virtual Congress, Prague, Czech Republic. <https://ot-europe2020.exordo.com/programme/presentation/2087>

Rice, L.A., **Van Denend, T.**, Sung, J.H., Peterson, E. (2021, August 29-September 1). *Fall Management Among Wheelchair Users Living with Multiple Sclerosis: Current Research and Practice Strategies*. Accepted for Presentation at the Paralyzed Veterans of America 10<sup>th</sup> Annual Healthcare Summit and Expo. (Conference cancelled due to COVID-19)

Peterson, E., **Van Denend, T.**, Sung, J. & Rice, L.A (2021, April 9). *Client-centered and Interdisciplinary Approaches to Building Fall Prevention Skills Among Full-time Wheelchair and Scooter Users: Best Practices*. (Short Course #421). American Occupational Therapy Association (AOTA) INSPIRE 2021 National Conference. (Held online due to COVID-19)

**Van Denend, T.**, Preissner, K. & Plow, M. (2021, April 21). *Supporting sleep for clients with Multiple Sclerosis*. AOTA 2021 National Conference poster submission. (Held online due to COVID-19).

Rice, L.A. Peterson, E.W., Sung, J.H., **Van Denend, T.** (2020, September) *Building Fall Prevention Skills Among Full-time Wheelchair and Scooter Users Living with Multiple Sclerosis or Spinal Cord Injury: Best Practices*. Accepted for presentation at the 2020 Academy of Spinal Cord Injury Professionals Educational Conference and Expo, Chicago, IL. (Held online due to COVID-19).

Rice, L.A., **Van Denend, T.**, Sung, J.H., Peterson, E.W., (2020, August 13-15) *Fall Management Among Wheelchair Users Living with Multiple Sclerosis: Current Research and Practice Strategies*. Accepted for presentation at the 2020 Paralyzed Veterans of America Healthcare Summit and Expo. Orlando, FL. (Conference cancelled due to COVID-19)

Rice, L.A., Peterson, E.W., Backus, D., Sung, J.H., Yarnot, R., **Van Denend, T.**, Shen, S., Sosnoff, J.J. (2020, March 3-6). *Managing Fall Risk Among Wheelchair and Scooter Users: Best Practices and Lessons Learned*. Accepted for presentation at the 2020 International Seating Symposium, Vancouver, BC.

**Van Denend, T.**, Peterson, E., Sung, J. & Rice, L. (Accepted, but conference cancelled due to COVID-19). *Process evaluation of a fall management program for full time wheelchair and scooter users with multiple sclerosis*. AOTA 2020 National Conference poster submission. \*Poster nominated for Early Career Scientist Theater, AOTA 2020.

Preissner, K., **Van Denend, T.**, Plow, M. (2019, April 16). *Three delivery formats to "Manage Fatigue"*. Poster session presented at the Illinois MS Research Day sponsored by the Interdisciplinary Health Sciences Institute and Illinois MS Research Collaborative, Champaign, IL.

**Van Denend, T.**, Peterson, E., Sung, J., Sosnoff, J. & Rice, L. (2018, September). *Validation of a fall prevention program among non-ambulatory wheeled mobility device users with Multiple Sclerosis: Protocol overview*. Poster session presented at the Illinois Symposium on Fall Prevention sponsored by the Illinois Fall Prevention Coalition, Chicago, IL.

Finlayson, M., **Van Denend, T.**, Shevil, E., & Garcia J. (2005). *Aging with Multiple Sclerosis: Perspectives from individuals with the disease and their care partners*. Presented at the 85<sup>th</sup> Annual American Occupational Therapy Association. May 13. Long Beach, CA.

Finlayson, M., Havens, B., Holm, M., **Van Denend, T.** & Hall, M. (2003). *Performance Assessment of Self-Care Skills: Use in the Aging in Manitoba Study*. Extended session presented at the Canadian Association on Occupational Therapy Conference. May 27. Winnipeg, Manitoba.

Kielhofner, G., Finlayson, M., **Van Denend, T.**, Bell, A., Kafkes, A., Magasi, S., Basu, S., & Paul-Ward, A. (2002). *Preparing scholars of practice: Master's, Doctoral and Post-doctoral education – Recruiting, assigning and advising graduate students*. Presented at the Occupational Therapy Program Director's Meeting 1-day Institute: Building Scholarship to Advance Practice and Education Institute. November 15. Chicago, IL.

### **PEER REVIEW PANELS**

2021: Ad-Hoc Reviewer, Canadian Journal of Occupational Therapy

2019: Ad-Hoc Reviewer, Occupational Therapy Journal of Research (OTJR): Occupation, Participation and Health.

### **RECENT/SELECT CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT**

University of Illinois Chicago, Department of Occupational Therapy. (2025, February 28). *Scholarship of Practice Day*, featuring:

- 11:30am-1pm: Evidence-based Poster Session & Networking Reception
- 1:30-3pm: Concurrent Sessions focused on Art, Disability & OT. Attended *No Joke: How Improv Can Boost Communication & Strengthen the Therapeutic Relationship* with Celeste Januszewski
- 4:00-6:00pm: Keynote Presentation & Discussion. *A Journey Matrix: The Impact of Social and Community Participation in the Arts* with Dr. Roger Ideishi

University of Illinois at Champaign-Urbana. (2025, February 21). *Community/University Engagement to Support Aging and Disability Symposium* featuring a keynote address by Dr. Susan Stark, Ph.D., OTR/L, FAOTA.

Quality Matters Success Stories. (2025, February 19). *Designing for Everyone: Accessibility, Usability, and the New ADA Ruling* (Webinar). Presenters: Sanya Woods and Matt Farley.

University of Southern California Chan Division of Occupational Science and Occupational Therapy. (2025, February 27). *Applying Lifestyle Redesign® on College Campuses*. Presenter: Dr. Tracy Jalaba.

Illinois Occupational Therapy Association State Conference. (2024, November 21-22). Naperville, IL. Attended the following sessions:

- *How leaders and managers can support the well-being and occupational performance of occupational therapy practitioners on their teams*. Presenters: Frank Czuba & Jennifer Richert
- Keynote: *Intersections of occupational therapy research to advance occupational therapy advocacy*. Presenter: Victoria Wilburn.
- *Legislative, reimbursement and regulatory updates that impact Illinois occupational therapy: Practice act and rules, OT Compact, advocacy efforts, and you*. Presenters: Nancy Richman, Brenda Koverman, Emma Penn

- *Student resiliency during OT education*. Presenters: Rebecca Kvasnicka, Dustin Hogan, Elsie Pollari
- *Revitalize your enthusiasm: Creatively utilizing your occupational therapy skills to energize your career*. Presenters: Abigail Swidergal & Moira Bushell.
- Plenary Session – *Voices of the marginalized: Neuroscience and trauma intervention strategies*. Presenter: Lori Basey.

University of Illinois Chicago, Department of Human Resources. (2024, December 12). *Implementing and driving change. Leadership and management development learning plan*. Instructor: Karen Alexander

University of Illinois Chicago, Department of Human Resources. (2024, December 3). *Compassion is key to wellbeing*. Instructor: Karen Alexander

University of Illinois Chicago. (2024, November 12). *Sparkling Change: Empowering Our Flames to Promote Mental Health and Well-being*. Instructor: Natalia Lopez-Yanez and Raphael Florestal-Kevelier

University of Illinois Systemwide event. (2024, October 9). *Advancing Student and Employee Health and Well-Being as a Health Promoting University*. Multiple presenters with Keynote Dr. Rebecca Kennedy, Assistant Vice President for Student Health & Wellbeing, at the University of Alabama at Birmingham.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. (2024, April 26) *Writing an effective teaching statement. Teaching Tidbit Workshop*. Instructor: Crystal Tse.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. (2024, January 30). *Fostering a growth mindset and sense of belonging in your students. Teaching Tidbits Workshop*. Instructor: Lauren Woods.

Cooper, K. (2023, October 18). ILOTA Live Virtual Event *Recharge and Rebalance: Tools for Managing Burnout for Occupational Therapy Practitioners*.

National Council for Mental Wellbeing. Certified as a *Mental Health First Aide Adult Instructor*. Completed: 7/12/2023. Supplemental Certification in *Higher Education*.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. *Designing & teaching an online course*. Initiated 07/2023, self-paced and ongoing.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. (2023, April 25). *Facilitating Collaborative Learning using Peer Instruction & Polling Tools*.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. (2022, January 5) *Creating an Inclusive Syllabus*.

American Occupational Therapy Association. *Clinician to Educator Series Module III: Learning Theories and Instructional Design for OT Education*. Completed: 11/15/2022.

University of Illinois Chicago, Center for the Advancement of Teaching Excellence. (2022, November 9). Teaching Tidbits Workshop, *Cultivating Equitable Discussions by Integrating Active Learning*.

Realityworks. *Tips for Teaching Sensitive Abuse Topics: Child Abuse and Elder Abuses*. [Webinar]. Completed 10/18/2022.

American Occupational Therapy Association. *A Mindful Path to Leadership Series Module 1: Exploring Your Leadership Journey*. Completed 8/16/2022.

American Occupational Therapy Association. *A Mindful Path to Leadership Series Module 2: Building Leadership Skills*. Completed 10/4/2022.

American Occupational Therapy Association. *A Mindful Path to Leadership Module 3: Mentoring and Leadership*. Completed 10/5/2022.

American Occupational Therapy Association. *A Mindful Path to Leadership Module 4: A Mindful Path to Advocacy*. Completed 10/5/2022

*Chronic Disease Self-Management Program Facilitator training*. Master Trainers: Peggy Tully and Joan Fox. 4-day training at AgeOptions in Oak Park, IL. Completed 2/5/19.

*Matter of Balance Facilitator training*. Master Trainer: Virginia Moore. Northeastern Illinois Area Agency on Aging. Completed: 02/26/2019

*Introduction to Lifestyle Redesign*. Instructor: Chantelle Rice Collins, OTD, OTR/L, CDE. University of South California Mrs. T.H. Chan Division of Occupational Science and Occupational Therapy. Completed on-line 01/11/2019

*Lifestyle Redesign for people with Multiple Sclerosis*. Instructors: Ashley Uyeshiro Simon, OTD, OTR/L, MSCS and Rebecca Cunningham, OTD, OTR/L. University of South California Mrs. T.H. Chan Division of Occupational Science and Occupational Therapy. Completed on-line 01/12/2019

Effective Geriatric Rehabilitation: Applying the Evidence for Positive Outcomes. Presented by Andy McCormick, PT, DPT, GCS, OCS, CSCS. Summit Professional Education. Completed 10/10/2017

Achieving Functional Progression in Dementia Care Improving Patients' Quality of Life and ADLs Through All Stages of Dementia. Presented by Catherine Valentino, OTR/L, OTD, BS, MHS. Summit Professional Education. Completed 9/7/2017

Creating Accessible Home Modifications Facilitating Safety, Function and Options for Independence in the Home. Presented by Rob Horkheimer, MPT, CEAC, CAPS, ECHM. Summit Professional Education. Completed 3/14/2017

Evidence-Based Innovative Solutions for Home Health Rehab Improving OASIS Accuracy, Plans of Care, and Meeting Documentation Requirements. Presented by Jason Sims, MSPT, COS-C, SFS. Summit Professional Education. Completed 3/3/2017

Mentor for evidence-based practice assignment. Fall semester, 2008. Instructor: Marcia Finlayson, PhD.  
Course title: OT 510: Research Methods in Occupational Therapy at the University of Illinois at Chicago.

### **RECENT RESEARCH & GRANTS**

- Fall 2019-current: *Comparing the Effectiveness of Three Formats for Providing a Fatigue Management Course in Reducing Fatigue among Patients with Multiple Sclerosis*  
PI: Matthew Plow, PhD  
Funder: Patient Center Outcomes Research Institute  
Role: Key Research Personnel
- Fall 2022-current: *Development and Validation of a mHealth Fall Management Program*  
PI: Dr. Laura Rice, PhD.  
Funder: Craig H. Neilsen Foundation  
Role: Key Research Personnel
- January 2025-current *Assessment and Prediction of Fall Concerns Among People with SCI and MS who use Wheelchairs Full-time*  
PI: Dr. Laura Rice, PhD  
Funder: Paralyzed Veterans of America  
Role: Co-Investigator

### **Invited professional activities**

- March 31, 2025 and April 2, 2025. Invited moderator for the facilitator panel of the annual *Foundations in Interprofessional Collaborative Practice (FICP) Program* facilitator training with the Center for the Advancement of Interprofessional Practice, Education, and Research (CAIPPER).
- May 21, 2024: University of Illinois Chicago's Academic Advising Leadership Council: Lopez-Yanez, N., Smith, C., & Van Denend, T. *Mental Health Early Action on Campus Act and OT 360: Promoting Wellbeing*.
- March 8, 2022: Canadian Association of Occupational Therapists: Practice Evidence Webinars: Peterson, E., Rice, L., Van Denend, T., Sung, J. *Supporting Client-centered, Interdisciplinary Approaches to Building Fall Prevention Skills Among Full-time Wheelchair & Scooter Users: Best Practices*
- January 18 to 20, 2022: Invited to participate in American Occupational Therapy Foundation's Planning Grant Collective Workshop on "*Fatigue: An Understudied Barrier to Participating Fully in Daily Life*".
- November 20, 2020: Invited to participate in the *Falls Concern Scale for Wheelchair and Scooter Users Work Group*.

### **PROFESSIONAL AFFILIATIONS**

American Occupational Therapy Association Member (current). Member number: 4458247

Illinois Occupational Therapy Association Member (current). Member number: 8851