

Sumithra Murthy, MBBS, MPH, PhD

1640 W. Roosevelt Rd., Chicago, IL 60608
Email: smurthy@uic.edu; Tel: 847-830-2085

EDUCATION

Ph.D. in Disability Studies, University of Illinois at Chicago, 2022
Master of Public Health (MPH), Northwestern University, 2007
M.B.B.S., University of Mumbai, India, 1997

PROFESSIONAL EXPERIENCE

Visiting Clinical Assistant Professor – January 2023 to present

Visiting Senior Research Specialist – July 2021 to December 2022

Research Director, Ford Foundation and Project Coordinator, DRRP Projects, Department of Disability and Human Development, University of Illinois at Chicago (UIC)

Visiting Research Specialist – January 2016 to July 2021

Project Coordinator, Disability and Rehabilitation Research Projects (DRRP), Department of Disability and Human Development, University of Illinois at Chicago (UIC)

Business Manager, Family Support Research and Training Center (FSRTC), Department of Disability and Human Development, University of Illinois at Chicago (UIC)

Senior Research Associate, Partners of Refugees in Illinois Disability Employment (PRIDE), Department of Disability and Human Development, University of Illinois at Chicago (UIC)

Visiting Project Coordinator – February 2011 to January 2016

Research Coordinator, Rehabilitation Research and Training Center on Aging with Developmental Disabilities-Lifespan Health and Function, Department of Disability and Human Development, University of Illinois at Chicago (UIC)

Projects: Longitudinal Health and Intellectual and Developmental Disabilities Study (LHIDDS) & A Randomized Controlled Trial to Reduce Risk of Falls in Older Adults with Intellectual Disabilities

Research Specialist in Public Health – May 2010 to November 2010

Research Specialist, Institute for Health Research and Policy (IHRP), University of Illinois at Chicago (UIC)
Project: Bridging the Gap – Community Obesity Measures project

Research Specialist for Health Nursing Services – April 2010 to August 2010

Project Coordinator, College of Nursing, University of Illinois at Chicago (UIC)

Project: Impact of a new WIC food package Fruit and Vegetable Cash-Voucher on WIC vendor participation, Accessibility, and Fruit and Vegetable Characteristics

Research Specialist for Kinesiology – March 2009 to August 2010

Community Assessor/Data Manager, University of Illinois at Chicago (UIC)

Project: WIC Vendor Access and Fruit and Vegetable Availability in Northern Illinois

Data Consultant – June 2008 to August 2008

Data Manager, Northern Illinois University, School of Nursing and Health Studies

Project: Understanding the Relationship between Food Environments and Food Access in African American and Latino Elementary School Children and their Families

General Physician – January 1997 to October 1998

General Physician, Hyderabad, India

GRANTS

Principal Investigator, 19% FTE

Barriers and Facilitators to Healthcare for South Asian Adults with Developmental Disabilities. WITH Foundation. 7/1/25-12/31/26. (Sumithra Murthy, PI, UIC, \$250,000).

Principal Investigator, 43% FTE

Family Support Research and Training Center (FSRTC) to Bridge Aging and Disability. Administration for Community Living. 9/1/24-8/31/29. (Sumithra Murthy, PI, UIC, \$4,375,000).

Co-Principal Investigator, 7% FTE

Dementia Caregiver Program for Underserved Populations. Illinois Department of Public Health. 10/1/23-6/30/26. (Mansha Mirza, PI, UIC, \$198,330).

Principal Investigator, 3% FTE

MindWalk: A Mindful Walking Intervention for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD) with Perceived Psychological Stress. Midwest Roybal Center for Health Promotion and Translation, National Institutes for Health. 6/1/23-5/31/24. (Sumithra Murthy, PI, UIC, \$50,000).

Principal Investigator, 25% FTE

Professional Medical Education for improved services for Persons with Disabilities. Office of Women's Health and Family Services, Illinois Department of Public Health. 7/1/22-6/30/25. (Sumithra Murthy, PI, UIC, \$100,000).

Principal Investigator, 16% FTE

Strive to Thrive: Supporting Families across the Aging and DD Networks. Florida Developmental Disabilities Council. 5/1/23-7/31/25. (Sumithra Murthy, PI, UIC, \$291,890).

Co-Principal Investigator, 10% FTE

Strengthening Aging Services for Minority Populations Through Technical Assistance, Resource Development, and Program Coordination Grant. Administration for Community Living. 9/1/23-8/31/26. (Mansha Mirza, PI, UIC, \$620,918).

Public Health Training Coordinator, 4% FTE

Illinois Leadership Education in Neurodevelopmental and Related Disabilities (LEND). Health Resources and Services Administration's (HRSA), Maternal and Child Health Bureau (MCHB). 7/1/21-6/30/26. (Kruti Acharya, PI, UIC, \$3,683,776).

Co-Principal Investigator, 24% FTE

Ligas Plans of Corrective Actions. Illinois Department of Human Services, Division of Developmental Disabilities. 10/01/23-6/30/24. (Caitlin Crabb, PI, UIC, \$231,490).

Co-Investigator, 30% FTE

Ligas Compliance Review. Illinois Department of Human Services, Division of Developmental Disabilities. 10/18/22-6/30/23. (Caitlin Crabb, PI, UIC, \$595,602).

PUBLICATIONS

Peer Reviewed Journal Articles

Murthy, S., Parker Harris, S., & Hsieh, K. (2024). Formal support and service needs of family caregivers of adults with intellectual and/or developmental disabilities in India. *Journal of Applied Research in Intellectual Disabilities*, 37(3), e13235. <https://doi.org/10.1111/jar.13235>

Murthy, S., Parker Harris, S., & Hsieh, K. (2024). Information needs of caregivers of adults with intellectual and/or developmental disabilities in India. *Journal of Intellectual Disabilities*, 0(0). <https://doi.org/10.1177/17446295241254933>

Balcazar, F. E., **Murthy, S.,** Gibbons, T. M., Sefandonakis, A., Renko, M., Parker Harris, S., & Caldwell, K. (2023). Supports and barriers that entrepreneurs with disabilities encounter when starting their businesses. *Rehabilitation Psychology*, 68(1), 91. DOI: [10.1037/rep0000479](https://doi.org/10.1037/rep0000479)

Murthy, S., & Hsieh, K. (2021). Examining Association Between Reported High Cholesterol and Risk Factors in Adults With Intellectual and Developmental Disabilities (IDD): A Five-Year Follow-Up. *Intellectual and Developmental Disabilities*, 59(2), 112-122. doi: <https://doi.org/10.1352/1934-9556-59.2.112>

Hsieh, K., Scott, H. M., & **Murthy, S.** (2020). Associated Risk Factors for Depression and Anxiety in Adults With Intellectual and Developmental Disabilities: Five-Year Follow Up. *American Journal on Intellectual and Developmental Disabilities*, 125(1), 49-63. doi: [10.1352/1944-7558-125.1.49](https://doi.org/10.1352/1944-7558-125.1.49)

Mirza, M., Hasnain, R., Duke, K., & **Murthy, S.** (2019). Formative Evaluation Of A Multifaceted Vocational Rehabilitation Program For Refugees With Disabilities. *Archives of Physical Medicine and Rehabilitation*, 100(10), e78.

Hsieh, K., **Murthy, S.,** Heller, T., Rimmer, J. H., & Yen, G. (2018). Reported gum disease as a cardiovascular risk factor in adults with intellectual disabilities. *Journal of Intellectual Disability Research*, 62(3), 187-198. DOI: [10.1111/jir.12438](https://doi.org/10.1111/jir.12438)

Murthy, S., Hsieh, K., & Heller, T. (2017). Prevalence and associated factors of multimorbidity in adults with intellectual disabilities. *Innovation in Aging*, 1(Suppl 1), 1236. doi: [10.1093/geroni/igx004.4487](https://doi.org/10.1093/geroni/igx004.4487)

Hsieh, K., Hilgenkamp, T.I.M., **Murthy, S.,** Heller, T., & Rimmer, J. (2017). Low Levels of Physical Activity and Sedentary Behavior in Adults with Intellectual Disabilities. *International Journal on Environmental Research in Public Health*. DOI: 10.1111/jir.12438

Hsieh, K., Heller, T., & **Murthy, S.** (2017). Lifestyles, Health, And Preventive Health Care of Older Adults with Intellectual Disabilities. *Innovation in Aging*, 712-712. doi: [10.1093/geroni/igx004.2553](https://doi.org/10.1093/geroni/igx004.2553)

Grobman, W., Feinglass, J., & **Murthy, S.** (2006). Are the agency for healthcare research and quality obstetric trauma indicators valid measures of hospital quality? *American Journal of Obstetrics and Gynecology*, 193(3), 868-874. DOI: [10.1016/j.ajog.2006.06.020](https://doi.org/10.1016/j.ajog.2006.06.020)

Book Chapters

Caldwell, K., **Murthy, S.,** Hasnain, R., Parker, B., & Werner, B. (2024). Disability and Justice Work. In Oana, B., & Anica, Z. (Eds), *The Routledge Companion to Disability and Work*. Routledge. <https://doi.org/10.4324/9781003350781>

Caldwell, K., **Murthy, S.,** Werner, B., Hasnain, R., & Parker, B. (Forthcoming). The Nexus Framework: Addressing Racial Bias and Equity in Disability Employment. In Hyseni, F., Schur, L., Kruse, D., &

- Blanck, P. (Eds), *Research in Social Science and Disability Volume 16 Disability and the Future of Work(ers)*. Emerald Press.
- Heller, T., Arnold, C., & **Murthy, S.** (2021). Family Caregiving for Adults with Intellectual and Developmental Disabilities. In C. Bigby & M. Putnam (Eds.), *Handbook on Aging with Disability*. Routledge. doi: <https://doi.org/10.4324/9780429465352>
- Murthy, S.** (2018). Family caregivers and health. In T. Heller, T., S. P. Harris, C. Gill, & R. Gould (Eds.), *Disability in American Life: An Encyclopedia of Concepts, Policies, and Controversies [2 volumes]*. ABC-CLIO.

Publications Under Review/In Press

- Murthy, S.**, Parker Harris, S., & Hsieh, K. (In Press). Informal Support Needs of Caregivers of Adults with Intellectual and/or Developmental Disabilities in India. *Intellectual and Developmental Disabilities Journal*.
- Murthy, S.**, Parker Harris, S., & Hsieh, K. (Under Review). Future Planning Needs of Family Caregivers of Adults with Intellectual and/or Developmental Disabilities. *Family Relations*.
- Hasnain, R., Duke, K., Mirza, M., **Murthy, S.**, & Marquez, H (Under Review). A Community-Based Participatory Initiative to Promote the Social and Economic Well-Being of Refugees with Disabilities in Illinois. *Journal of Health Education and Behavior*.
- Murthy, S.**, Arnold, K., Dixon, M., Hasnain, R., Hsieh, K., Yi, Z., & Mishra, P. (Under Review). Mindful Walking Intervention for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities with Perceived Psychological Stress: Pilot Study Protocol of a Randomized Controlled Trial. *Journal of Advanced Nursing*.

Publications in Progress

- Schindler, A., Sparks, H., **Murthy, S.**, Hasnain, R., Arnold, K., & Heller, T. (Manuscript Stage). Thriving in aging family caregivers of people with intellectual and developmental disabilities: An environmental scan.
- Hsieh, K., & **Murthy, S.** (Manuscript Stage). Health-related quality of life (HRQOL) among adults with intellectual and developmental disability: Five-year follow up.

Doctoral Dissertation

- Murthy, S.** (2022). *Strengths Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India*. University of Illinois at Chicago. Thesis.
<https://doi.org/10.25417/uic.21516897.v1>

Web-Based Products

- Murthy, S.** (2024, September 24). Meet Sumithra Murthy. *Bold Journey*. <https://boldjourney.com/meet-sumithra-murthy/>
- Murthy, S.** (2024, March 9). *Research on South Asian Caregivers of People with Intellectual and Developmental Disabilities* (A. Sharma, Interviewer), Rethink Desi.
<https://podcasters.spotify.com/pod/show/rethink-desi/episodes/Research-on-South-Asian-Caregivers-of-People-with-Intellectual-and-Developmental-Disabilities-e2gr7r6>
- Murthy, S** & Hartman, C. (2023, May 15). Sib-in-Laws (Chris, B., Interviewer), Sibling Leadership Network. <https://www.buzzsprout.com/1784547/12803879-sib-in-laws>

PRESENTATIONS

Conferences and Presentations

- Murthy, S.,** Heller, T., Hsieh, K., Caldwell, J., Pickern, S., & Schindler, A. (2025, April 22-23). *Family Support Research and Training Center to Bridge Aging and Disability* [Poster Presentation]. 2025 NARRTC Conference, Alexandria, VA, United States.
- Murthy, S.,** Sparks, H., Schindler, A., Pak, J.J., Mitric, S., & Heller, T. (2025, April 22-23). *Strive to Thrive: What Helps Aging Family Caregivers of People with Intellectual Disabilities (IDD) to Thrive?* [Poster Presentation]. 2025 NARRTC Conference, Alexandria, VA, United States.
- Sparks, H., **Murthy, S.,** Schindler, A., & Heller, T. (2025, April 23). *Strive to Thrive: Supporting Families Across the Aging and DD Networks* [Oral Presentation]. 2025 UIC Impact Day, Chicago, IL, United States.
- Murthy, S.,** Arnold, K., Dixon, M., Hasnain, R, Hsieh, K., Yi, Z., Mishra, P., Celestine, A., & Garg, H. (2024, November 20). *MindWalk - Mindful Walking for Older South Asian Family Caregivers of People Cognitive Disabilities* [Poster Presentation]. 2024 UIC AHS Research Day, Chicago, IL, United States.
- Sparks, H., Schindler, A., **Murthy, S.,** Arnold, K., & Heller, T. (2024, November 20). *Environmental Scan: Thriving Among Aging Family Caregivers of People with Intellectual and Developmental Disabilities (IDD)* [Poster Presentation]. 2024 UIC AHS Research Day, Chicago, IL, United States.
- Murthy, S.,** Arnold, K., Hsieh, K., Hasnain, R, Dixon, M., Yi, Z., & Mishra, P. (2024, November 3–6). *Mindful Walking for Older South Asian Family Caregivers of People with Cognitive Disabilities: A Pilot Study* [Poster Symposium]. 2024 AUCD Conference, Washington, DC, United States.
- Mirza, M., & **Murthy, S.** (2024, October 31– November 3). *Culturally Adapted Dementia Caregiver Training and Support for Diverse Caregivers* [Symposium]. 2024 ACRM Annual Conference, Dallas, TX, United States.
- Murthy, S.,** Arnold, K., Dixon, M., Hasnain, R, Hsieh, K., Yi, Z., & Mishra, P. (2024, August 5–8). *Mindful Walking for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities* [Oral Presentation]. 2024 17th IASSID World Congress, Chicago, IL, United States.
- Murthy, S.,** Arnold, K., Hsieh, K., R, Dixon, M., Yi, Z., Hasnain, R., & Mishra, P. (2024, June). *Mindful Walking for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD): A Pilot Study* [Issue Briefs: Supporting Aging Caregivers presentation]. 2024 AAIDD Annual Meeting, Louisville, KY, United States.
- Murthy, S.,** Arnold, K., Heller, T., & Sparks, H. (2024, June). *Strive to Thrive: Researching Aging Caregiving Families* [Issue Briefs: Supporting Aging Caregivers presentation]. 2024 AAIDD Annual Meeting, Louisville, KY, United States.
- Murthy, S.,** Arnold, K., Hsieh, K., Hasnain, R, Dixon, M., Yi, Z., & Mishra, P. (2024, April). *Mindwalk - Mindful Walking for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD): An Intervention Development Protocol* [Poster presentation]. 2024 Minority Health Conference, UIC, Chicago, IL, United States.
- Murthy, S.,** Arnold, K., Hsieh, K., Hasnain, R, Dixon, M., Yi, Z., & Mishra, P. (2023, November). *Mindwalk - Mindful Walking for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD): An Intervention Development Protocol* [Poster presentation]. 2023 AHS Research Day, UIC, Chicago, IL, United States.
- Murthy, S.,** Arnold, K., Hsieh, K., Hasnain, R, Dixon, M., Yi, Z., & Mishra, P. (2023, November). *Mindwalk - Mindful Walking for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD): An Intervention Development Protocol* [Poster presentation]. 2023 AUCD Conference, Washington, DC, United States.

- Sparks, H., Arnold, K., **Murthy, S.**, & Heller, T. (2023, November). *Strive to Thrive Environmental Scan: Supporting Families Across the Aging & Developmental Disability Networks* [Poster presentation]. 2023 AUCD Conference, Washington, DC, United States.
- Arnold, K., Heller, T., & **Murthy, S.** (2022, November). *Family Support Strategies: Pathways to Improve Health and Wellbeing of People with IDD and their Caregivers*. [Conference Presentation]. 2022 AUCD Conference, Washington, DC.
- Caldwell, K., Hasnain, R., Parker, B., **Murthy, S.**, & Werner, B. (2022, November). *Nexus Framework: Core Concepts and Principles for Disability Economic Justice*. [Conference Presentation]. 2022 AUCD Conference, Washington, DC.
- Balcazar, F., **Murthy, S.**, Gibbons, T., Sefandonakis, A. & Martinez, K. (2021, November). *Development & Implementation of an Entrepreneurship Curriculum for Youth with Disabilities*. [Conference presentation]. 16th Annual Illinois Statewide Transition Conference, Peoria, IL.
- Balcazar, F., **Murthy, S.**, Gibbons, T., & Sefandonakis, A. (2021, October). *Entrepreneurship Experiences of Individuals with Disabilities: Barriers & Supports*. [Conference presentation]. 2021 NRCA Conference. (Virtual)
- Balcazar, F., **Murthy, S.**, Gibbons, T., & Sefandonakis, A. (2021, October). *Entrepreneurship: The Role of Community Psychologists*. [Conference presentation]. 2021 MPA Annual Conference. (Virtual)
- Murthy, S.**, & Hsieh, K. (2020, September). *Prevalence and Associated factors of Hypertension in Adults with Intellectual Disabilities*. [Conference presentation]. IASSIDD 2020 APRC conference, Hyderabad, India. (Conference Canceled)
- Hasnain, R., Mirza, M., Duke, K., & **Murthy, S.** (2019, November). *Partnering with Refugees with Disabilities to Address Long-term Well-being and Quality of Life*. [Symposium presentation]. ACRM 96th Annual Interdisciplinary Conference, Chicago, IL.
- Murthy, S.**, Hasnain, R., Duke, K., Mirza, M., & Sinhal, A. (2019, April). *Empowerment through Education and Employment: A Demonstration Project with Refugees with Disabilities in Illinois*. [Poster session]. 2019 NARRTC Conference, Arlington, VA.
- Hsieh, K., Kitsiou, S., **Murthy, S.**, Gerber, B., & Chen, J. (2018, November). *We Walk Pilot Study: Using Fitbit and text messaging to promote physical activity for adults with intellectual disabilities*. [Poster session]. 2018 APHA Annual Meeting & Expo, San Diego, CA.
- Murthy, S.**, Hsieh, K., & Heller, T. (2017, November). *Prevalence and Associated factors of Hypertension in Adults with Intellectual Disabilities*. [Poster session]. 145th APHA Annual Meeting, Atlanta, GA.
- Hsieh, K., **Murthy, S.** & Heller, T. (2017, November). *Risk factors for depression in adults with intellectual and developmental disabilities: A five-year longitudinal study in USA*. [Conference presentation]. 2017 IASSIDD 4th Asia Pacific Regional Congress, Bangkok, Thailand.
- Hsieh, K., **Murthy, S.** & Heller, T. (2017, November). *Employment Status and Social Participation in Adults with Intellectual and Developmental Disabilities Living in the Community*. [Conference presentation]. APHA Annual Meeting, Atlanta, GA.
- Hsieh K., Heller, T. & **Murthy, S.** (2017, July). *Lifestyles, Health Status, and Preventive Health Care Use of Adults with Intellectual Disabilities*. [Conference presentation]. IAGG 2017, San Francisco, CA.
- Murthy, S.**, Hsieh, K., & Heller, T. (2017, July). *Prevalence and Associated Factors of Multimorbidity in Adults with Intellectual Disabilities*. [Poster session]. 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Hsieh, K., **Murthy, S.**, & Rimmer, J. (2016, November). *Prevalence and Predicators of Falls in Adults with Intellectual Disabilities: Three-year Follow Up*. [Conference presentation]. 144th APHA Annual Meeting, Denver, CO.
- Hsieh, K., **Murthy, S.**, Heller, T., & Rimmer, J. (2016, August). *Prevalence and Modifiable Risk Factors of Diabetes in Adults with Intellectual Disabilities: A Three-year Follow Up*. [Conference

- presentation]. 15th World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities, Melbourne, Australia.
- Hsieh, K., **Murthy, S.**, & Heller, T. (2016, July). *Prevalence of sedentary behavior of adults with intellectual disabilities*. [Poster session]. AADMD annual meeting, Chicago, IL.
- Hsieh, K., **Murthy, S.**, & Rimmer, J. (2016, July). *Life events and their associations with depression and anxiety in adults with intellectual/developmental disabilities*. [Conference presentation]. AADMD annual meeting, Chicago, IL.
- Hsieh, K., **Murthy, S.**, Heller, T., & Rimmer, J (2016, April). *Prevalence of predictors of cervical cancer screening among women with intellectual and developmental disabilities*. [Poster session]. UIC Women Research Day.
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2015, November). *Examining association between obesity and depression adults with intellectual disabilities: Using the longitudinal health surveillance data*. [Conference presentation]. 143rd APHA Annual Meeting, Chicago, IL
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2015, November). *Health and health-related quality of life in adults with intellectual disabilities: Baseline results from the longitudinal health and intellectual disability study*. [Poster session]. 143rd APHA Annual Meeting, Chicago, IL.
- Hsieh, K., Rimmer, J., Heller, T., **Murthy, S.**, & Wang, E. (2015, July). *Longitudinal associations between sex, age, health risk behaviors and health-related quality of life of adults with developmental disabilities*. [Conference presentation]. Global Summit on Innovations in Health and Intellectual and Developmental Disability Conference, Los Angeles, CA.
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2014, November). *Comparing the health profile of older adults with intellectual and developmental disabilities to the general population*. [Conference presentation]. 142nd APHA Annual Meeting, New Orleans, LA
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2014, November). *Prevalence and predictors of cervical cancer screening among women with intellectual and developmental disabilities*. [Conference presentation]. 142nd APHA Annual Meeting, New Orleans, LA
- Murthy, S.**, Hsieh, K., & Rimmer, J. (2015, November). *Health and health-related quality of life in adults with intellectual disabilities: Baseline results from the longitudinal health and intellectual disability study*. [Poster session]. 143rd APHA Annual Meeting, Chicago, IL.
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2013, November). *Outcomes of Strength and Balance Exercise and Walking Programs Among Older Adults with Intellectual Disabilities*. [Conference presentation]. 141st APHA Annual Meeting, Boston, MA.
- Hsieh, K., Rimmer, J., & **Murthy, S.** (2012, October). *Prevalence and Associated Factors of Obesity in Adults with Intellectual Disabilities Living in the Community*. [Conference presentation]. 140th APHA Annual Meeting, San Francisco, CA.
- Murthy, S.**, Hsieh, K., & Rimmer, J. (2012, October). *Dietary Habits and Living Arrangements of Adults with Intellectual Disabilities*. [Conference presentation]. 140th APHA Annual Meeting, San Francisco, CA.

Other Presentations

- Murthy, S.**, Heller, T., Hsieh, K., Caldwell, J., Pickern, S., & Schindler, A. (2025, April 29-May 1). *Family Support Research and Training Center to Bridge Aging and Disability* [Spotlight Session Presentation]. 9th Annual Charting the LifeCourse Showcase 2025, Kansas City, MO, United States.
- Murthy, S.** (2025, March 21). *Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India*. [Virtual oral Presentation], Disability and Disparities Seminar, Heller School for Social Policy and Management, Brandeis University, Waltham, MA, United States.

- Murthy, S.** (2025, February 6). *Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India*. [Virtual oral Presentation], Journal Club, University of Manchester, UK.
- Murthy, S.** (2025, January 2). Supporting People with Intellectual and Developmental Disabilities as they Age: Challenges, Opportunities, and Future Directions. [Oral Presentation], Our Place of New Trier, Wilmette, IL.
- Murthy, S.** (2023, October 12). *Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India*. National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID), Secunderabad, India. A one hour presentation to staff, faculty, students and caregivers of adults with intellectual and/or developmental disabilities.
- Murthy, S.** (2023, December 9). *Understanding the unmet needs, lifestyle preferences and systemic challenges facing Americans 50 and older of South Asian descent*. [Round Table Discussion with AARP and South Asian American Policy & Research Institute], Chicago, IL.
- Murthy, S.** (2024, July 24). *Autism in Chicagoland AAPI Communities*. [Round Table Discussion with Simons Foundation Powering Autism Research for Knowledge (SPARK) at RUSH], Chicago, IL.

Webinar Presentations

- Murthy, S.** (2025, May 29). *Needs of Caregivers of People with Disabilities in the Asian American and Pacific Islander Community*. [Webinar Presentation], SPARK for Autism, New York, NY, United States.
- Balcazar, F., **Murthy, S.**, Gibbons, T., Sefandonakis, A. & Martinez, K. (2021, October). *Supports and Barriers that Entrepreneurs with Disabilities Encounter when Starting their Businesses*. [Webinar Presentation], Department of Disability and Human Development, UIC.
- Hsieh, K., Heller, T., **Murthy, S.**, & Rimmer, J (2016, April). *Falls Among adults with intellectual and developmental disabilities and prevention*. [Webinar Presentation], The Arc and the RRTC on Developmental Disability and Health.

TEACHING EXPERIENCE

Department of Disability and Human Development, UIC

- DHD 301: Disability, Research, and Interdisciplinary Methods (Sole Instructor), Fall 2022, 2023 & 2024
- DHD 302: Disability, Policy and Law (Co-Instructor), Spring 2023 & 2024
- DHD 581: Disability Policy (Co-Instructor), Spring 2023 & 2024
- DHD 593: Independent Research (3 credit hours), Spring 2024
- DHD 596: Independent Study (3 credit hours), Spring 2024
- DHD 596: Independent Study (1 credit hour), Spring 2024
- DHD 409: Disability Legal Studies (Co-Instructor), Fall 2022

Guest Lectures

- "Strive to thrive: Environmental Scan", in DHD 202: Disability, Health, and Society, Spring 2025
- "International Research", in DHD 592: Interdisciplinary Seminar in Disability Studies, Spring 2025, UIC
- "International Research", in DHD 592: Interdisciplinary Seminar in Disability Studies, Spring 2024, UIC
- "Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India: A Mixed Methods Study", in DHD 510: Concepts in Research Methods, Fall 2023, UIC

- “Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India”, in PT 505: Advances in Rehabilitation Sciences, Fall 2023, UIC
- “Mixed Methods Research” in DHD 546: Qualitative Methods in Disability Research, Fall 2023, UIC
- “Strengths-Based Needs Assessment of Caregivers of Adults with Intellectual Disabilities in India”, October 12, 2023, National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID), Secunderabad, India
- “Nexus Work Coalition – Racial bias and equity in disability employment” in DHD 581: Disability Policy, Spring 2022, UIC
- “Care mappings specifically from the sibling perspective - family partnerships panel” in DHD 505 LEND I, Fall 2021, UIC
- “A Call to Action: Improving Employment Opportunities with Refugees with Disabilities in Illinois” in DHD 506 LEND II, Spring 2021, UIC
- “Global Disability Activism Panel” in DHD 303: Disability Activism, Spring 2021, UIC
- “Disability Advocacy and Activism in India” in DHD 303: Disability Activism, Spring 2020, UIC

SERVICE TO PROFESSION

Leadership/Memberships

2024-	Member, NAARTC Best Paper Committee
2024-	Member, Rush-SPARK AAPI Autism Initiative Advisory Board
2024-	Member, ACRM’s International Interdisciplinary Special Interest Group
2024-	Member, Anne Hopkins Scholarship Review Committee, Disability and Human Development, UIC
2024-2024	Member, Diversity, Equity, Inclusion, and Access (DEIA) Committee, Disability and Human Development, UIC
2023-	Chair, Association of University Centers on Disabilities (AUCD) Special Interest Group on Aging
2023-2024	Member, Conference Planning Committee, International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD)
2023-	Member, IASSID Inclusive Research Special Interest Research Group
2023-	Member, National Working Group on Terminology of Disability
2023-2024	Member, Artificial Intelligence Committee, Disability and Human Development, UIC
2023-	Member, American Association on Intellectual and Developmental Disabilities (AAIDD)
2023-	Member, AUCD Public Policy Committee
2023-2024	Judging Member, Undergraduate Research Forum, UIC
2022-	Member, AUCD, Special Interest Group on Aging
2021-2022	Member, Disability Economic Justice Collaborative

Ad hoc Reviewer

2025-	International Journal of Developmental Disabilities
2025-	Acta Psychologica
2024-	Discover Social Science and Health Journal
2024-	Disability and Health Journal
2023-	Disability, CBR & Inclusive Development
2023-	Intellectual and Developmental Disabilities Journal

AWARDS AND HONORS

2022	AUCD Emerging Leaders Conference Travel Scholarship
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2022 IDHD Student Research Award
2021 Ann & Edward Page-El Scholarship
2020 UIC President's Research in Diversity Travel Award
2020 Anne Hopkins Scholarship
2019 Carlos Drazen Memorial Scholarship
2019 DHD Student Travel Award for International Data Collection
1995 Distinction in Preventive and Social Medicine
1993 Distinction in Biochemistry