

Lieke van Heumen, PhD

lvheumen@uic.edu

EDUCATION

2015	PhD Disability Studies University of Illinois at Chicago, USA
2008	MS Psychology cum laude (specialization gerontology) Radboud University Nijmegen, the Netherlands
2006	BS Psychology (specialization gerontology) Radboud University Nijmegen, the Netherlands

EMPLOYMENT

Current

2023-present	Clinical Associate Professor Department of Disability and Human Development, University of Illinois at Chicago, USA
2019-2023	Clinical Assistant Professor Department of Disability and Human Development, University of Illinois at Chicago, USA
2018-2019	Visiting Clinical Assistant Professor Department of Disability and Human Development, University of Illinois at Chicago, USA
2015-2018	Postdoctoral Research Associate Institute for Disability and Human Development, University of Illinois at Chicago, USA

Previous

2014-2015	Research assistant, Ligas Evaluation study, Institute for Disability and Human Development, University of Illinois at Chicago, USA <ul style="list-style-type: none">Coordinated and conducted data collection and analysis for a study evaluating the implementation of the Ligas consent decree to provide community-based services for adults with intellectual and developmental disabilities.
2013	Interviewer Cerebra Centre for Neurodevelopmental Disorders, University of Birmingham, UK <ul style="list-style-type: none">Conducted interviews for a study on the experiences of people with disabilities and their families.
2012-2013	Co-Principal Investigator Disability Studies in the Netherlands <ul style="list-style-type: none">Designed and conducted a study evaluating the long-term impact of person-centered planning and young adults with intellectual and developmental disabilities and their families.
2008-2014	Research assistant, Rehabilitation Research and Training Center on Aging with Developmental Disabilities, University of Illinois at Chicago, USA

- Assisted with the design, data analysis, data collection and dissemination efforts for the study: Consumer-Directed Support: Impact of Hiring Practices and Training in “Learning to Direct your own Supports” on Adults with I/DD and Families.

AREAS OF RESEARCH

Content	Aging with intellectual disabilities; Autism; Dementia; Aging and disability policy; Scholarship of Teaching and Learning
Theory	Critical Disability Theory; Critical social gerontology; Life course perspectives
Method	Interdisciplinary research; Participatory and Inclusive Research; Qualitative research

GRANTS AND FELLOWSHIPS

AHS Student Success Initiative Inclusive Excellence and Universal Design for Learning Grant, *University of Illinois at Chicago, College of Applied Health Sciences*, 2024-2025, total funding \$7500. Principal Investigator.

- College of Applied Health Sciences grant program to stimulate activities supporting student enrollment and recruitment, awarded for project ‘Promoting Student Engagement through Accessible Course Design: the Implementation of Plain Language Summaries.’

COVID-19 Relief Program, *University of Illinois at Chicago*, 2023-2024 total funding \$11,649. Principal Investigator.

- University grant program to support faculty whose research was significantly impacted by the COVID-19 program.

Special Olympics International, *Special Olympics Research and Evaluation Translation and Dissemination Project Years 1, 2 3*, 2020-2022, total funding \$46,100. Principal Investigator.

- Three grants to produce inclusive and accessible resources from Special Olympics health data, and to develop, test and implement a co-research curriculum supporting individuals with intellectual and developmental disabilities to serve as co-researchers.

U.S. Department of Health and Human Services, Administration for Community Living (ACL), National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). *We Walk 4 Health: A mHealth Intervention to Promote Physical Activity in Adults with Intellectual and Developmental Disabilities* (90IFST005). 2020-2023, \$600,000. Co-investigator with PI Kelly Hsieh.

- This study builds on a previous pilot walking program for adults with IDD by exploring the use of activity trackers and social support with adults with intellectual and developmental disabilities and caregivers.

Health and Aging Policy Fellowship & American Political Science Association Congressional Fellowship, 2019-2020, \$15,000.

- Placement in the office of U.S. Senator Bob Casey on the U.S. Senate Special Committee on Aging.

Retirement Research Foundation, *Building community capacity for person centered planning for people aging with ID*, 2018, \$99,026. Principal Investigator. Co-PIs Haleigh Scott and Tamar Heller.

- A study revising, implementing, and evaluating a person-centered planning curriculum with older adults with intellectual and developmental disabilities in a Chicago community-based organization.

Individual Advocacy Group, Envision Unlimited through Illinois Department of Human Services, Division of Developmental Disabilities, *Short-term Stabilization Homes Evaluation*, 2017-2020, \$240,000. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of the Short-Term Stabilization Homes program implemented by two Illinois' community-based organizations supporting people with a dual diagnosis of intellectual and developmental disability and psychiatric disability experiencing behavioral crisis.

Envision Unlimited, University of Illinois at Chicago, *Life Like Any Other*, 2015, \$12,500. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of an intervention program with the aim to better 30 integrate residents of four Community Integrated Living Arrangements into their neighborhoods through participation in community, civic, faith-based and special interest organizations.

PUBLICATIONS

Peer Reviewed Journal Articles

- van Heumen, L.**, Rottier, H., Outlaw, C., (submitted). Supporting Diverse Learners through Critical Disability Praxis: Cognitive Access and the Pedagogy of Plain Language.
- van Heumen, L.**, DuBois, L., Burke, M. B., Swanson, S., Demissie, S., Cobb, A., & Krueger, C. (2025). Setting National Goals for Health Equity for Adults with Intellectual and Developmental Disabilities Across the Life Course, *Inclusion*, 13(3), 151-162. <https://doi.org/10.1352/2326-6988-13.3.151>
- van Heumen, L.**, Heller, T., & van den Helder, C. (2025). Social Relations of Older Adults with Intellectual Disabilities from a Life Course Perspective. *The Gerontologist*, gnaf065, <https://doi.org/10.1093/geront/gnaf065>
- Krueger, C., **van Heumen, L.**, & van den Helder, C. (2024). Self-Advocacy in Inclusive Research. *Social Sciences*. 13(2): 134. <https://doi.org/10.3390/socsci13030134>
- van Heumen, L.**, Krueger, C. & Mihaila, I., (2024). The Development of a Co-Researcher Training with and for People with Intellectual and Developmental Disabilities. *Journal of Applied Research in Intellectual Disabilities*. 37(e13200). <https://doi.org/10.1111/jar.13200>
- van Heumen, L.**, & Heller, T. (2024). Life story research with people aging with intellectual disabilities: an adaptation of the lifeline interview method. *Social Sciences*. 13(2): 107. <https://doi.org/10.3390/socsci13020107>
- Wanjagua, R., **van Heumen, L.** & Parker Harris, S. (2024). "Will I be celebrated at the end of this training?" Inclusive Research in Kenya. *Social Sciences*, 13(2): 95. <https://doi.org/10.3390/socsci13020095>
- Miller, S., & **van Heumen, L.** (2021). Inclusive online research with people labeled with intellectual and developmental disabilities during the COVID-19 pandemic: Technological adaptations. *Journal of Enabling Technologies*, 15(2): 122-135. DOI [10.1108/JET-12-2020-0051](https://doi.org/10.1108/JET-12-2020-0051)
- Williamson, H. J., **van Heumen, L.**, & Schwartz, A. E. (2020). Photovoice with Individuals with Intellectual and/or Developmental Disabilities: Lessons Learned from Inclusive Research Efforts. *Collaborations: A Journal of Community-Based Research and Practice*, 3(1): 8, 1–12. <https://doi.org/10.33596/coll.45>

- van Heumen, L., & Koneczny, N.** (2019). Flexibility and Accessibility: Promoting Inclusive Teaching Strategies in a Large Enrollment Disability Studies College Course. *Journal of Teaching Disability Studies, 1*.
- van Heumen, L., & Schippers, A.** (2016). Quality of Life for Young Adults with Intellectual Disabilities Following Individualized Support: Individual and Family Responses. *Journal of Intellectual and Developmental Disability, 41*(4), 1-13. doi:10.3109/13668250.2016.1213797.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. *International Public Health Journal, 6*(4), 311-322.
- Heller, T., Arnold, C.K., **van Heumen, L.**, McBride, E., & Factor, A. (2012). Consumer-Directed Support: Impact of Hiring Practices on Adults with Intellectual and Developmental Disabilities and Families. *American Journal on Intellectual and Developmental Disabilities, 117*(6), 464-477. doi: 10.1352/1944-7558-117.6.464.

Book chapters

- van Heumen, L.**, DuBois & Hussaini (in press). Addressing Health Inequities in Adulthood for People with Intellectual and Developmental Disabilities: A Hypothetical Case Study.
- Heller, T., **van Heumen, L.** & Schindler, A. (in press). Aging with disability. In M. Wehmeyer (Ed.) *Oxford handbook of positive psychology and disability 2nd edition*. Oxford, U.K.: Oxford University Press.
- van Heumen, L., & Schippers, A.** (2021). Quality of Life Among Older People with Intellectual and Developmental Disabilities. In V. P. Prasher, P. W. Davidson & F. H. Santos (Eds). *Mental Health, Intellectual Disabilities and the Aging Process* (pp. 331-350). New York, NY: Springer.
- van Heumen, L.** (2021). Ageing with Lifelong Disability: Individual Meanings and Experiences Over Time. In M. Putnam & C. Bigby (Eds). *Handbook on Ageing with Disability* (23-31). New York, NY: Routledge.
- Heller, T., & **van Heumen, L.**, (2021). Aging in Individuals with Intellectual and Developmental Disabilities. In L. Masters Glidden, L. Abbeduto, L. Lee McIntyre & M.J. Tassé. *APA Handbook of Intellectual and Developmental Disabilities, Vol 2. Clinical and Educational Implications: Prevention, Intervention and Treatment* (pp. 508-523). Washington, DC: American Psychological Association.
- Perkins, E. A., & **van Heumen, L.** (2017). When the journey ends: Parental caregiving and later life planning. In B. S. Goff, & N. P. Springer (Eds). *Families and Disabilities: A Guide for Helping Professionals*. New York, NY: Taylor & Francis/Routledge.
- van Heumen, L. & Heller, T.** (2017). Aging. In K. Shogren, M. Wehmeyer & N. Singh (Eds.) *Handbook of positive psychology in intellectual and developmental disabilities: translating research into practice* (pp. 357-372). New York, NY: Springer.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. In R. I. Brown & R. Faragher (Eds.). *Challenges for Quality of Life: Applications in Education and other Social Contexts* (169-184). Hauppauge NY: Nova Science Publishers
- Heller, T. & **van Heumen, L.** (2013). Aging with disability. In M. Wehmeyer (Ed.) *Oxford handbook of positive psychology and disability* (pp.409-423). Oxford, U.K.: Oxford University Press.
- Parker, S., Heller, T., Schindler, A., & **van Heumen, L.** (2012). Problems, controversies and solutions. In T. Heller & S. Parker (Eds.). *Disability through the Lifecourse* (pp.39-102). Volume 1 for Sage Reference Series on Disability. Sage Publications.
- van Heumen, L.** (2012). Challenging the way we think about dementia. In *Zie meer Kijk anders. Tien jonge wetenschappers over disability studies (See more by looking in a different way. Ten young scientists on disability studies)* (pp. 101-114). Utrecht: ZonMw.

Encyclopedia entries

van Heumen, L. (2018). Aging and disability. In Heller, T., Harris, S. P., Gill, C., & Gould, R. (Eds.). (2018). *Disability in American Life: An Encyclopedia of Concepts, Policies, and Controversies*. Santa Barbara, CA: ABC-CLIO.

Book reviews

van Heumen, L. (2016). Illuminating the black hole: aging with autism spectrum disorder. *The Gerontologist*, 56(6), 1180-1181, doi: 10.1093/geront/gnw160

Policy briefs and reports

- van Heumen, L.,** Burke, K., & Dubois, L. (2025). Issues Across Adulthood. National Goals on Health Equity Issue Brief January 2025. American Association on Intellectual and Developmental Disabilities.
- Heller, T., **van Heumen, L.,** Lee, M., Xiong, S. & Fedoris, A. (2016). *Ligas* evaluation final report. Chicago: Institute on Disability and Human Development.
- van Heumen, L.,** Heller, T., Lee, M., & Xiong, S. (2016). Evaluation of the *Ligas* consent decree: Family members/guardian's experiences in the transition from an ICF/DD. Chicago: Institute on Disability and Human Development.
- van Heumen, L.,** Caldwell, K., Xiong, S., & Heller, T. (2015). The *Ligas* Consent Decree: An Evaluation of the Preferences and Experiences of Persons with Disabilities on the Waiting List. Chicago: Institute on Disability and Human Development.
- Heller, T., **van Heumen, L.,** Caldwell, K., Wei, Y., Xiong, S., & Burke, M. (2015). *Ligas* evaluation annual report: year 2 report. Chicago: Institute on Disability and Human Development.

Podcasts, blogposts and other

- Putnam, M., & **van Heumen, L.** (2024). Why We Need to Stop Othering People Aging with Disability. *Positive Approaches Journal*, 12(4), 21-27.
- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 10). EP 36: Policy Lessons From COVID (HAPF Series)[Audio podcast]. Retrieved from <https://melissabphd.com/ep-34-policy-lessons-from-covid/>
- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 3). EP 35 –US Senate Special Committee on Aging: An Interview with Senator Bob Casey (D-PA) (HAPF Series). [Audio podcast]. Retrieved from <https://melissabphd.com/ep-35-us-senate-special-committee-on-aging-an-interview-with-senator-bob-casey-d-pa/>
- van Heumen, L.** (Melissa Batchelor, PhD). (2020 May 18). EP 12 - Aging with Intellectual and Developmental Disabilities [Audio podcast]. Retrieved from: <https://melissabphd.com/ep-12-aging-and-intellectual-disabilities-with-dr-lieke-van-heumen/>
- Hernandez, A., St. John, C., Traylor, L. & **van Heumen, L.** (2020). Providing the Value They Have Earned: Addressing Direct Care Worker Needs Through Pay, Training, Innovation and Legislation [Blog post]. Retrieved from: <https://generations.asaging.org/direct-care-worker-pay-training-innovation-legislation>

AWARDS AND HONORS

University

2025 and 2017	Excalibur Award for Teaching Excellence, College of Applied Health Sciences, UIC <ul style="list-style-type: none"> The Excalibur Award is awarded by the AHS Student Council and recognizes College of Applied Health Sciences faculty who have inspired graduating students in the classroom.
2022	Center for the Advancement of Teaching Excellence Action Research Scholar, University of Illinois at Chicago (UIC) <ul style="list-style-type: none"> The goal of the Action Research Scholars program is to inspire and empower UIC instructors to engage in data-informed, reflective teaching practices.
2021	Teaching Recognition Program Award, UIC. <ul style="list-style-type: none"> Awarded to instructors with a documented history of teaching excellence over the past three academic years and a demonstrated long-term commitment to teaching at UIC.
2020	Featured by Bonfire as 'one of six extraordinary educators to get to know on campus' <ul style="list-style-type: none"> Bonfire is the only student run newspaper at UIC.
2016	Student Achievement Award for the Program in Disability Studies, UIC <ul style="list-style-type: none"> Award presented to one graduating student each academic year.
2014	Rue Bucher memorial award for qualitative studies in social processes, UIC <ul style="list-style-type: none"> To recognize graduate students using qualitative or field methods in their research.
2014	Paul D. Doolen Graduate Scholarship for the Study of Aging, University of Illinois <ul style="list-style-type: none"> The objective of the Doolen Scholarship is to facilitate the study of aging by providing scholarships to two outstanding graduate students.
2013, 2014	Chancellor's Graduate Research Fellowship, UIC <ul style="list-style-type: none"> Fellowship intends to increase multidisciplinary scholarship opportunities and exposure to varied research and creative fields for graduate and professional students.
2012	10 th Ann & Edward Page-El, M.D. Scholarship, UIC <ul style="list-style-type: none"> The Ann and Edward Page-El Scholarship Award recognizes academic excellence and supports educational opportunities for graduate students interested in social or medical aspects of neurological disabilities.
2011	Chicago Consular Corps Scholarship, UIC <ul style="list-style-type: none"> Scholarship for UIC students, including international students.

National

2023	Fellow of the American Association on Intellectual and Developmental Disabilities (AAIDD)
2016	Student and Early Career Professionals Interest Network Scholarship American Association on Intellectual and Developmental Disabilities (AAIDD) <ul style="list-style-type: none"> Student and early career scholarships are awarded to those who submit exceptional research presentations.
2016	Gerontology Interest Network Student Scholarship, AAIDD <ul style="list-style-type: none"> Student and early career scholarships are awarded to those who submit exceptional research presentations.
2015	Student Award, AAIDD <ul style="list-style-type: none"> Recognizes student contributions in service, leadership, or scholarship to the field of intellectual and developmental disabilities.

International

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| 2012 | Best essay award, Disability Studies in the Netherlands. |
| | <ul style="list-style-type: none"> • Winning essay was published in book, see van Heumen, 2012. |
| 2009 | Cultuurfondsbeurs, Prins Bernhard Cultuur Fonds |
| | <ul style="list-style-type: none"> • Dutch award for students pursuing graduate education abroad. |
| 2008 | VSB Beurs, VSB fonds |
| | <ul style="list-style-type: none"> • Dutch award for students pursuing graduate education abroad. |

TRAVEL GRANTS

Gerontological Society of America/National Center on Gerontological Social Work Excellence

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| 2014 | Accelerating Translation of Knowledge to Community Practices for Older Adults – Washington, DC |
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International Association of the Scientific Study of Intellectual and Developmental Disabilities

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| 2010, 2013 | Aging Special Interest Research Group scholarship – Boston, MA; Prato, Italy |
| 2009 | Health Special Interest Research Group scholarship – Kingston, Canada |

ALTER European Association on Disability Research and Disability Studies in the Netherlands

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| 2012 | DisABILITY MUNDUS: European summerschool in Disability Studies – Paris, France |
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SELECT INVITED TALKS

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| 2024 | The Method is the Message Keynote Panel, International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL. |
| 2024 | (Intellectual) Disability Culture: Implications for Disability Studies, University of Amsterdam, the Netherlands (with Courtney Krueger). |
| 2024 | Advancing Inclusive Disability Policy: Lessons from Advocacy and Inclusive Research in Disability Studies, Netherlands Institute for Human Rights (with Courtney Krueger). |
| 2023 | How inclusive research can transform the lives of individuals with intellectual disabilities. Science Meets Practice Workshop, University of Nevada, Las Vegas (with Courtney Krueger). |
| 2021 | Aging of People with Intellectual and Developmental Disabilities
Advances in Aging lecture series, University of Arizona Center on Aging. |
| 2020 | Keynote: Navigating the Aging Dilemma of People with Intellectual Disabilities
2020 National Parents Conference of The Jamaican Association on Intellectual Disabilities |
| 2019 | Postnote: inclusive research with older adults with IDD: implications for practice.
Aging with Developmental Disabilities Conference, St. Louis, MO, USA |
| 2017 | Introduction to disability from a life course perspective.
DePaul University, Chicago, Illinois |
| 2017 | Social support networks of aging persons with intellectual disabilities.
The Arc, national webinar, USA |
| 2017 | Creative interventions when caring for our IDD geriatric population. Texas Health and Human Services Commission, Austin, Texas |
| 2017 | How to support older adults with intellectual and developmental disabilities to age well. 15 th Annual QIDP leadership conference, the Arc, Alsip, Illinois |
| 2016 | How to support older adults with intellectual and developmental disabilities to age well |

	University of Texas at Austin, School of Nursing, USA
2015	Research with people with intellectual disabilities: an example of the use of photo voice University of Texas at Austin, School of Nursing, USA
2015	Aging with intellectual and developmental disabilities Easter Seals, two part national webinar, USA
2014	Lived experience of people aging with intellectual and developmental disabilities: the use of inclusive research methods Symposium Disability Studies preceding inaugural lecture Prof. Dr. Geert van Hove VU University Amsterdam, the Netherlands
2014	Lived experience of people aging with intellectual and developmental disabilities: the use of inclusive research methods Pre-conference workshop 'New perspectives in Community Based Participatory Research on Aging and Developmental Disabilities' with Tamar Heller, PhD, Joseph Caldwell, PhD, Susan Fox, MA, MS, and Tia Nelis Association of University Centers on Disabilities, Washington DC, USA
2014	Aging with an intellectual disability Anixter Center, Chicago, USA
2013	Aging with an intellectual disability Lambs Farm, Libertyville, USA
2013	Aging and intellectual disability in the US: Context, challenges, & opportunities with Brian Grossman, PhD, Sc.M. Leadership Education in Neurodevelopmental and related Disabilities (LEND) Interdisciplinary Training Program, University of Illinois at Chicago, USA
2013	Aging Well across the Lifespan of Adults with Intellectual Disabilities Illinois Association for Rehabilitation Facilities conference Springfield, IL, USA
2013	Aging Well across the Lifespan of Adults with Intellectual Disabilities Network of Psychologists working with Aging people with intellectual disabilities, the Netherlands
2013	Social Relations of Older Adults with Intellectual Disabilities from a Life Course Perspective American Public Health Association, Disability Section Student webinar, USA
2011	Aging with an intellectual disability LEND Interdisciplinary Training Program, University of Illinois at Chicago, USA

CONFERENCE ACTIVITY

Panels, Workshops and Roundtables

van Heumen, L., Crombie Angus, F., Angus, J., Schippers, A., Scheithauer, M., Hopkins, R., Minogue, G., & Krueger, C. (2024). *A Roundtable Discussion on Inclusive Approaches to Research and Governance at IASSIDD*. Roundtable Discussion at the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL.

van Heumen, L., Bevelander, K., Krueger, C., Schippers, A., Koning, M., Westergard, B., Crombie Angus, F., Angus, J., Bobbette, N., Sergeant, S., Embregts, P., Heerkens, L., & Frielink, N. (2024). *A Roundtable Discussion on Inclusive Research Training with People with IDD and Academic Researchers*. Roundtable Discussion at the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL.

- van Heumen, L.**, (2024). *Future Directions for Inclusive Research*. Symposium at the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL.
- van Heumen, L.**, (2024). *Training for inclusive research*. Symposium at the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL.
- van Heumen, L.**, Krueger, C., Schippers, A., Koning, M., Cardinaal, L., Crombie Angus, F. & Angus, J., (2024). *How to make your research more inclusive: a workshop by inclusive research teams*. Academy Workshop at the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) World Congress, Chicago, IL
- van Heumen, L.** & Munly, K. (2021). *Aging with intellectual and developmental disabilities: a critical examination of supports for healthy aging*. Symposium at the Gerontological Society of America annual scientific meeting, Phoenix, AZ, USA.
- van Heumen, L.** (2016). *Aging experiences of individuals with intellectual and developmental disabilities and families*. Symposium at the Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- Dexter, J., Peters-Beumer, L., & **van Heumen, L.** (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm*. Session at the Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Peters-Beumer, L. & **van Heumen, L.** (2016). *Aging and Disability Peer Group*. Session at the Aging in America Conference of the American Society on Aging, Washington DC, USA.

Papers

- van Heumen, L.**, Rottier, H., & Outlaw, C. (2025). *Using Plain Language Summaries in a Large Enrollment Online Disability Studies College Course*. Oral presentation as part of a SOTL Session at the 2025 Scholarship of Teaching and Learning Summit. (online).
- van Heumen, L.** & Putnam, A. (2024). *Increasing social care capacity to meet the needs of persons aging with disability*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- van Heumen, L.** & Rottier, H. (2024). *Using Plain language Summaries in a Large Enrollment Online Disability Studies College Course*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- Wanjagua, R., **van Heumen, L.**, & Parker Harris, S. (2024). *Disability Studies and Inclusive Research in the Global South*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- van Heumen, L.**, Krueger, C., & van den Helder, C. (2024). *Self-Advocacy in Inclusive Research*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- Wanjagua, R., **van Heumen, L.**, & Parker Harris, S. (2024). *Informing services for families and people with intellectual disabilities in Kenya*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- Carroll, O., & **van Heumen, L.** (2024). *Inclusive Research and People with Severe and Profound Disabilities: Background, Challenges, and Possibilities*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).

- van Heumen, L.,** Krueger, C., & Mihaila, I. (2024). *The Development of a Co-Researcher Training with and for People with Intellectual and Developmental Disabilities*. Spoken word presentation at the World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD).
- van Heumen, L.** Shogren, K., McDonald, K., Schwartz, A., Gould-Taylor, S., Nelis, T., Aleong, S., & Broussard, R. (2024). *Exploring opportunities for inclusive research at AAIDD*. Oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L. & Rottier, H.** (2024). *Using Plain language Summaries in a Large Enrollment Online Disability Studies College Course*. Oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- Putnam, M. & **van Heumen, L.** (2023). *Increasing social care capacity to meet the needs of persons aging with disability*. Issue brief oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L.,** Krueger, C. (2021). *Inclusive Translation and Dissemination of Special Olympics Health Data*. Oral presentation at the International Association of the Scientific Study of Intellectual and Developmental Disabilities Europe Congress (online).
- van Heumen, L.,** Miller, S., Dubois, L., & Sadowsky, M. (2021). *Inclusive Research With Special Olympics Athletes During the Covid-19 Pandemic: Considerations for The Development of Online Inclusive Research Methods*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities (online conference).
- van Heumen, L., & Heller, T.** (2021). *Positive Psychology and Disability Studies: Directions for Research on Aging with IDD*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America.
- van Heumen, L.,** (2020). *Updates in Titles III, IV and V (of the 2020 Reauthorization of the Older Americans Act)*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).
- DuBois, L., Sadowsky, M., **van Heumen, L.** & Xiong, S. (2019). *Inclusive Translation and Dissemination of Special Olympics Health Data*. Oral presentation at the Global Congress of the International Association of the Scientific Study of Intellectual and Developmental Disabilities, Glasgow, Scotland.
- van Heumen, L.** Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA, USA.
- van Heumen, L.** (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.** (2018). *Improving Accessibility of Applied Research Methods to Promote Inclusive Research with People with ID*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.,** Ennis, D., Hsu, C., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Enhancing community collaboration: experiences of people with intellectual and developmental disabilities*. Arc of Illinois Annual Convention, Lisle, IL, USA.
- Ennis, D., **van Heumen, L.,** Hsu, C., Zalka, A., & Gill, J. (2016). *Envision: Life Like Any Other. Enhancing community collaboration*. Illinois Council on Developmental Disabilities Retreat, Bloomington, IL, USA

- van Heumen, L.**, (2016). *Retirement for adults with intellectual disabilities: Critical review and future research needs*. Paper presentation at the Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- van Heumen, L.**, (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm: Perspectives on Research*. Oral presentation at the Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Jordan Sheth, A., & **van Heumen, L.** (2016). *The experience of living with intellectual disability and dementia: A literature review and implications for practitioners and research*. Oral presentation At the Annual Conference of the American Academy of Developmental Medicine and Dentistry, Chicago, IL, USA.
- van Heumen, L.** (2016). *Social relations of older adults with intellectual disability from a life course perspective*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.**, Heller, T., Xiong, S., & Lee, M. (2016). *Impact of the Ligas consent decree in Illinois on individuals with intellectual and developmental disabilities moving off the waiting list for community based services*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.** (2016). *Life Story Research with People Aging with Intellectual Disabilities: An Application of the Life Line Interview Method*. Oral presentation at the International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, USA.
- van Heumen, L.** (2015). *Aging with Intellectual Disabilities: Selfhood and the Renegotiation of Familial Relationships*. Paper presentation at the Gerontological Society of America annual scientific meeting, Orlando, FL, USA.
- van Heumen, L.** & Schippers, A. (2014). *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- van Heumen, L.** & Schippers, A. (2013). *Quality of Life Effects of Individual Support for Families*. Paper presentation at Roundtable of the Quality of Life Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Amsterdam, the Netherlands.
- van Heumen, L.**, Schippers, A., Kleine, J., Steinbach, Z. & Adel Nikkhooij, A. (2013). *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at "The Art of Belonging", 2nd International Conference Disability Studies in the Netherlands, Amsterdam, the Netherlands.
- van Heumen, L.** (2011). *Disability studies and aging*. Paper presentation at 'Beyond Access: From Disability Rights to Disability Justice', Society for Disability Studies Conference, San Jose, California, USA.
- van Heumen, L.** (2010). *Disability studies and aging*. Paper presentation at 'Diversity in Quality of Life' International Conference of Disability Studies in the Netherlands and VU University around World Disability Day, Amsterdam, the Netherlands.
- Heller, T., **van Heumen, L.**, McBride, E., Keiling, C. & Factor, A. (2011). *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD*. Paper presentation at Festival of International Conferences on Caregiving, Disability, Aging and Technology, Growing Older With a Disability, Toronto, Canada.
- Heller, T., Arnold, C.K., **van Heumen, L.**, McBride, E. & Factor, A. (2011). *Consumer-directed support: impact of hiring practice on adults with I/DD and families*. Paper presentation at State of Science

Conference on Lifespan Health and Function of Adults with Intellectual and Developmental Disabilities: Translating Research into Practice, Bethesda, MD, USA.

Heller, T., **van Heumen, L.**, Caldwell, K., McBride, E., Arnold, C. K. & Factor, A. (2010). *Consumer-directed support: impact of hiring practices on families of adults with I/DD*. Paper presentation at IASSIDD Europe Congress, Rome, Italy.

Posters

van Heumen, L., DuBois, L., Burke, K., Burke, M., Maharaj, R., Swanson, S., Krueger, C., Demissie, S., Cobb, A. (2025). 2025 National Goals on Health Equity: Issues of Adulthood. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).

van Heumen, L., Krueger, C. (2024). Self Advocacy and Inclusive Research. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).

van Heumen, L., Flanigan, R. & O'Donnell, T., (2024). Undergraduate Students' Experiences and Preferences with Course Modalities Poster presentation at TeachX.

van Heumen, L., (2022). Inclusive Research with People with Intellectual and Developmental Disabilities using Photo Voice. Poster presentation at the Photovoice Past Present Future Conference (Photovoice Worldwide) (online conference).

van Heumen, L., Abdelrahim, R., Osorio, M., Hsieh, K, Eisenberg, Y., & Marquez, D.X. (2022). Refining a Walking Program for Adults with IDD through Online Focus Groups. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).

van Heumen, L., Krueger, C. & Mihaila, I. (2022). The Development of a Curriculum to Train Special Olympics Athletes to be Co- Researchers. Poster symposium presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).

Hernandez, A., **van Heumen, L.**, Li, L., Gualtieri, M.C., Stanley, I., O'Neill, L., & Kusmaul, N. (2020). *Promoting Healthy Aging Through Policy Change on the Federal Level: Strategies for Scholars and Clinicians*. Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).

van Heumen, L., Egli, D., Barich, V., & Heller, T. (2020). *Using staff perspectives to enhance supports and services for individuals with dual diagnosis who are experiencing behavioral crisis*. Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD): Pittsburg, PA (conference canceled).

van Heumen, L., DuBois, L., & Xiong, S. (2019). Inclusive Translation and Dissemination of Special Olympics International Health Data. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Minneapolis, MN, USA.

van Heumen, L. Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.

van Heumen, L., Hsu, C., Ennis, D., Lilley, V., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Experiences of adults with intellectual disabilities with community participation: results from a photo voice study*. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Hartford, Connecticut, USA.

- van Heumen, L.** (2016). *Life story research with people aging with intellectual disability: an application of the lifeline interview method*. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.** (2014). *Social Relationships of Older Adults with Intellectual Disabilities from a Life Course Perspective*. Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America, Washington DC, USA.
- van Heumen, L.** (2014). *Social relations of older adults with intellectual disabilities from a life course perspective*. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- Burke, M. B., Arnold, K., Xiong, S., **van Heumen, L.**, McBride, E., & Heller, T. (2014). *Comparing Caregiver Experiences of Parents and Siblings of Individuals with Intellectual and Developmental Disabilities*. Poster presentation at the 47th Annual Gatlinburg Conference, Chicago, USA.
- van Heumen, L.**, Heller, T., McBride, E. & Arnold, C.K. (2013). *Satisfaction with personal support workers and well-being of aging family caregivers of adults with I/DD*. Poster presentation at the Roundtable of the Aging Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Boston, MA, USA.
- Heller, T., McBride, E., **van Heumen, L.**, Arnold, C.K., Factor, A. (2012). *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD*. Poster presentation at the American Association of Intellectual and Developmental Disabilities, Charlotte, NC, USA.
- van Heumen, L.** (2010) 'Social Relations of Ageing People with Intellectual Disabilities'. Poster presentation at the Joint Roundtable of the Aging and Health Issues SIRG's, IASSIDD, Prato, Italy.

TEACHING EXPERIENCE

Department of Disability and Human Development, University of Illinois at Chicago, USA

Curriculum development and sole instructor

Disability, Technology, Policy, and Practice (mixed enrollment, 90 students)	Fall 2025
Disability Research Methods (undergraduate 30 students)	Fall 2025
Disability in U.S. Society (undergraduate 200+ students)	Fall 2016, Fall 2017-present
Disability Through the Life Course (joint undergraduate and graduate, 30 students)	Spring 2017, Fall 2021, Fall 2022, Spring 2024

Courses taught as co-instructor

Scholarly Approaches to Teaching (graduate, 14 students)	Fall 2023, Fall 2024
Foundations of Disability and Human Development (graduate, 7 students)	Fall 2012

Student mentorship

Independent Study; Independent Research; Honors college mentor and fellow, Supervisor for Bachelor of Rehabilitation Science AHS393 Field Experience	Fall 2016-present
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Graduate student mentorship

Graduated:

- Sara Miller, UIC (PhD committee member)
- Tamara Spratley, UIC (PhD co-advisor)
- Rachael Wanjagua (PhD co-advisor)
- Denise Arnold (PhD committee member)
- Claire van den Helder (MS co-advisor)
- Alison Cassidy Norton (MS committee member)
- Em Peacock (MS committee member)
- Valerie Barich, UIC (PhD committee member)
- Helen Rottier (PhD committee member)
- Sheri Brown, Kansas City University of Medicine and Biosciences (outside PhD committee member)

Current:

- Marvin Hoffmann (PhD primary advisor)
- Alison Cassidy Norton (PhD primary advisor)
- Odile Carroll (PhD committee member)
- Shanita Jones (PhD committee member)
- Piyush Mishra (PhD committee member)
- Amelia-Marie Altstadt (PhD committee member)
- Chelsea Wallaert (PhD committee member)
- Hadewych Schepens, Katholieke Universiteit Leuven, Belgium (committee member PhD midterm evaluation)

SERVICE TO PROFESSION

Leadership

2025-present	Member at Large, Board of the AAIDD Research Interest Network
2025-present	Member Local Organizing Committee 2026 AAIDD Annual Conference
2024-2025	Strand leader Adulthood, AAIDD National Goals
2024-present	Associate Editor Inclusion
2024-present	Co-editor special issue on Inclusive Research and Education, Journal of Policy and Practice in Intellectual Disabilities
2024-present	Member Editorial Board Public Policy and Aging Report
2023-2024	Member Local Organizing Committee 2024 World Congress International Association for the Scientific Study of Intellectual and Developmental Disabilities
2022-present	Secretary, Inclusive Research Special Interest Research Group, International Association for the Scientific Study of Intellectual and Developmental Disabilities
2021-present	Member scientific panel National Task Group on Intellectual Disabilities and Dementia Practices
2021-2023 (& 2015-2017)	Co-convenor Lifelong Disabilities Special Interest Group Gerontological Society of America
2021-present	Publication committee member of the International Association for the Scientific Study of Intellectual and Developmental Disabilities
2021-2022	CJE Senior Life Linkages Policy, Advocacy and You planning committee

2018-present	Member of the Editorial Board of Alter, the European Journal of Disability Research
2018-2023	Board member Arc of Illinois
2018-2023	Chair Gerontology Interest Network American Association on Intellectual and Developmental Disabilities
2021	Guest editor of the issue on aging and retirement for 'Impact', magazine from the Institute on Community Integration, University of Minnesota
2015	Participant Aging Strand (invitation only) National Goals in Research, Policy and Practice for and with People with Intellectual and Developmental Disabilities Working Meeting Washington, DC

Reviewer

2024	IASSIDD World Congress
2015-present	<i>Journal of Applied Research in Intellectual Disabilities</i> <i>Disability Studies Quarterly</i> <i>Gerontologist</i> <i>Intellectual and Developmental Disabilities</i> <i>Journal of Intellectual and Developmental Disability</i> <i>Journal of Policy and Practice in Intellectual Disabilities</i> <i>Research on Aging</i> <i>Scandinavian Journal of Occupational Therapy</i> <i>International Journal of Social Research Methodology</i> <i>Journal of Occupational Rehabilitation</i> <i>Social Sciences</i>
2019, 2020 & 2021	AAIDD Annual meeting
2014	IASSIDD Europe Regional Congress

UIC SERVICE

2025-present	Exito sponsor
2025-present	Member of CATE Council
2025-present	Full member of the Graduate Faculty
2025-present	Co-chair Teaching Recognition Program
2024-present	UIC Senate
2023-present	DHD academic affairs committee
2023-present	DHD DEIA committee
2023-present	DHD P&T committee
2022-2025	Associate member of the Graduate Faculty
2022-present	DHD IBHE B.S subcommittee
2021-2022	Senate Taskforce on the Future of Instruction at UIC
2021-present	AHS Student Affairs Committee
2021-present	Honors College Research Grants reviewer
2021-2022	DHD Faculty Search Committee

CLINICAL EXPERIENCE

2002-2009	Direct support professional Cello (organization for persons with intellectual disabilities), the Netherlands
2007-2008	Psychologist Stichting Pergamijn (organization for persons with intellectual disabilities), the Netherlands

LANGUAGES

Dutch (native); English (near-native); German (good receptive skill, basic expressive skill); French (basic receptive skill, basic expressive skill)

PROFESSIONAL MEMBERSHIPS

American Association on Intellectual and Developmental Disabilities
Gerontological Society of America
International Association for the Scientific Study of Intellectual and Developmental Disabilities