

AVALON F. MUSTAFA

DCN RDN CSG LD/N

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📍 Hoffman Estates, IL

EDUCATION

2021-2025

DOCTOR OF CLINICAL
NUTRITION

*University of North Florida
Jacksonville, FL*

2020-2020

GRADUATE COURSEWORK

*Rutgers University
Newark, NJ*

2015 - 2018

MASTER OF SCIENCE
NUTRITION

*Texas Woman's University
Denton, TX*

2007 - 2011

BACHELOR OF SCIENCE
NUTRITION

*Illinois State University
Normal, Illinois*

2005 - 2007

CULINARY ARTS

*College of Lake County
Grayslake, Illinois*

CERTIFICATIONS

2022

Board Certified
Specialist in Gerontological
Nutrition

2017

Licensed Dietitian Nutritionist-
IL, OK, NH, MN, CT

2016

ServSafe Certification
(ID# 16152414)

2014

Registered Dietitian
Nutritionist
(Reg ID# 1098463)

PROFESSIONAL EXPERIENCE

Avalon has experience in dietetics since 2011 and in food service management since 2007. She specializes in older adult nutrition and has worked in a variety of settings, including corporate nutrition, acute care, long-term care, and higher education.

POSITIONS HELD - PAST 10 YEARS

Owner, Private Practice - Nutrition

Apple Island Nutrition PLLC / USA / 2023 - Present

Regional Dietitian Nutritionist

Covenant Living Communities / USA / 2023 - Present

Adjunct Professor

The University of Illinois at Chicago / Chicago, IL / 2020 - Present

Contract/Traveling Per Diem Dietitian

Sodexo; Dietitians on Demand / Chicago, IL / 2021 - 2023

Pediatric Hospice Dietitian

JourneyCare Hospice / Chicago, IL / 2021 - 2023

ACEND Program Reviewer

Academy of Nutrition and Dietetics / Chicago, IL / 2020 - 2023

Regional Clinical Nutrition Manager

Morrison Living / Evanston, IL / 2017 - 2021

Nutrition Associate Manager

Aramark CHI St. Luke's Health / Lake Jackson, TX / 2014 - 2016

Dietetic Technician / Diet Office Manager

Condell Medical Center / Libertyville, IL / 2011-2014

RELEVANT TECH SKILLS

Microsoft Office Suite

Electronic Health Record Software (EPIC, Meditech, PointClickCare, PointCare, NetSmart, Cerner)

Menu Management Software (CBORD, GeriMenu, PRIMA, Webtrition, MenuWorks, NetMenu, CulinarySuite, MealSuite, MealTracker)